

NEWPORT NEWS



The fortnightly newsletter from Newport Girls' High School

Volume 8—Edition 19 7th July 2025



SPECIAL DOUBLE EDITION!

PE AND SPORT

PLUS

CURRICULUM ENRICHMENT WEEK



NEWPORT NEWS

A fortnightly update from NGHS



Mr Adam Jones, Headteacher

It's always busy at NGHS, but the past fortnight has been especially action packed as we enjoyed our annual Curriculum Enrichment Week. This is one of the highlights of the school year, and it certainly didn't disappoint!

Students across all year groups took part in a wide range of activities, from residential trips to France and Germany, to Duke of Edinburgh expeditions, work experience placements, and exciting visits to the Black Country Museum, Leicester Space Centre, Stratford-upon-Avon, and Go Ape. In school, students engaged in drama, PE and science days, as well as STEM workshops involving robotics and drones.

Our Sixth Form students attended a UCAS fair and took part in a series of workshops focused on the UCAS application process—an important step as they begin to consider their next steps beyond NGHS. We also welcomed students who will be joining our Sixth Form in September for their induction afternoon. It was a pleasure to meet them and offer a taste of what life in the Sixth Form will be like.

I had the privilege of accompanying our Year 8 students on the trip to Germany, and I must say it was a truly fantastic experience. The students were an absolute credit to the school: polite, enthusiastic, and full of curiosity. Several members of the public approached me during the trip to comment on how well behaved and respectful they were, and how lovely it was to see them enjoying themselves. Since returning, I've heard similar praise from other trip leaders, which is always wonderful to hear. A huge thank you to all the staff who go above and beyond to make these opportunities possible. It's clear how much

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the students value and enjoy them.

This edition of Newport News is packed with photos and reflections from Curriculum Enrichment Week, as well as a special focus on PE and sporting success. From residential tournaments to in-school competitions, it's been a brilliant term for sport at NGHS.

And speaking of sport, next Wednesday is Sports Day, traditionally my favourite day of the year. The excitement is already building. Who will lift the coveted Sports Day Cup? Which House will triumph in the relays, the tug of war, and the track events? And of course, all eyes will be on the legendary staff versus Sixth Form relay. Will the staff team defend their title, or will the Sixth Formers snatch victory this year? The weather forecast is looking promising, and I'm sure it will be a fantastic day of competition, camaraderie, and school spirit.

Next week also marks our Year 6 Induction Days, and we are very much looking forward to welcoming our newest cohort of students to NGHS. These days are a wonderful opportunity for them to get to know the school, meet their peers and teachers, and begin to feel part of our community. We hope they leave feeling excited and reassured about the journey ahead.

Looking ahead to the final week of term, we'll be celebrating with our School Fayre, Culture Day, and House Drama—three fantastic events that showcase the creativity, diversity, and community spirit of NGHS. I encourage all students to get involved and make the most of these final two weeks before a well-deserved summer break.

Best wishes,

Mr. A Jones

Headteacher

Newport Girls' High School

Wellington Road

Newport, TF10 7HL

Headteacher: Mr A Jones

To contact the School about a general enquiry, please use schooloffice@nghs.org.uk



In the spotlight...



PHYSICAL EDUCATION AND SPORT AT NEWPORT GIRLS' HIGH SCHOOL

Physical education and sport play a key role in life at NGHS. Whether it is during PE lessons, attending extra curricular clubs or representing the school on a competitive team, PE and sport are often a highlight of the student's time here. Over the following pages you will find out all about the department, what they offer and also some of our outstanding students who perform at the highest levels in their chosen sports!



meet our team



Mrs R-Cowell Saunders
Director of Sport

An in depth interview with NGHS Director of Sport Mrs R Cowell-Saunders

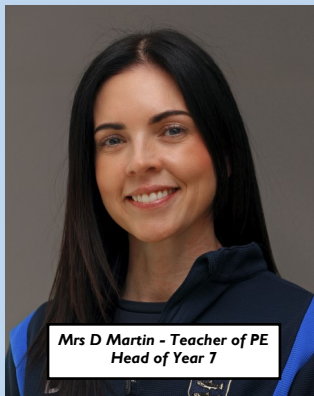
Years teaching PE – I have taught PE for 15 years.

Why you chose the subject – I have always enjoyed taking part and watching sport. It was my favourite subject in school and I really looked up to my own PE teachers as role models. I find sport very important not just to keep fit and healthy but also very important for mental health and well-being and I wanted to make sure that all students have an understanding of this.

Favourite sport(s) to play/participate in – Growing up I used to run for Wolverhampton and Bilston I did this for 10 years and my main event was the 800m. I then got more into playing football during and after university, where I now play for Tipton Ladies. I absolutely love playing football as I enjoy the team spirit and moral. But I have also got back into my running as I got into the London marathon last year. But I would say my favourite sport to play in is definitely football.

Favourite sport(s) to watch/spectate and teams/clubs supported – I love watching many sports, football, athletics and rugby to name a few. If there is any sporting event being shown it will be on our TV at home. But I would say football is my favourite sport to watch. Growing up I had a season ticket with Wolves and I love going to the games with my family. I am a massive wolves fan and love following them. I also love to follow the England team and the Lionesses, especially in the big tournaments. I am hoping the Lionesses can bring it home in the Euros this year.

Most memorable sporting moment – This is a hard one. There are a few stand out memorable sporting moments for me. Being at the Millennium Stadium in Cardiff 2003 watching Wolves v Sheffield United for the Championship play off final and seeing wolves get promoted to the premier league, was priceless. Also watching Kelly Holmes in the athletics win gold at the Olympics in 2004 in the 800m and 1500m was unbelievable. Finally, seeing Johnny Wilkinson score the drop kick goal in the 2003 World Cup Final to beat Australia with the last few seconds on the board was brilliant. So many awesome sporting moments. Now I get excited to watch my own daughters take part in sport and see on their faces how much enjoyment it brings to them.



Mrs D Martin - Teacher of PE
Head of Year 7

Years teaching PE 18 Years

Why you chose the subject PE is a real privilege to teach, I feel extremely lucky. It shapes students' health and confidence, teamwork skills and hopefully creates a lifelong love of exercise and movement. We are not just teaching sports, we are trying to build better, healthier lives for our students.

Favourite sport(s) to play Netball and Volleyball

Favourite sport to watch/support The Six Nations! I am Ireland Rugby's biggest fan.

Most memorable sporting moment Winning a European Silver Medal when I played Netball for my country & seeing the Haka Performed by the New Zealand All Blacks at Twickenham Stadium.



Miss M Teggin - Teacher of PE

Years teaching PE I have just completed my first year (ECT)

Why you chose the subject I have had great sporting role models and have always taken part in sports both in and out of school which is why I've always wanted to be a PE teacher

Favourite sport(s) to play Hockey and Cricket

Favourite sport to watch Rugby

Most memorable sporting moment England Women Football winning the Euros in 2022 "IT'S COMING HOME!"



Mrs K Taylor - Attendance
Officer and Associate Teacher of
PE

Years teaching PE 6 Years

Why you chose the subject It chose me!

Favourite sport to participate in: Mountain biking and running

Favourite sport to watch: Mountain biking and Tour de France

Most memorable sporting moment: When Tom Pidcock took gold in the Olympic Mountain back in Paris 2024—an epic comeback!

Greatest Achievement: Running and finishing my first marathon in April and achieving a time I never thought I would be capable of - 3 hrs 46 minutes!



Mr R Whitehouse - Outreach
Officer and Extra-Curricular
Coach

Years teaching PE: 25 Years (I was a PE teacher in a former life)

Why you chose the subject: Love the competition, the fitness and sheer enjoyment!

Favourite sports to participate in: Squash, running, cricket.

Teams Supported: Aston Villa, Cincinnati Bengals, Boston Celtics, Exeter Chiefs

Most memorable sporting moment: I was lucky enough to be in the Olympic Stadium on 'Super Saturday' in 2012 when Dame Jessica Ennis-Hill, Greg Rutherford and Sir Mo Farah all won Olympic Gold for Team GB within 2.5 hours of each other!

Fun Fact: I won a number of medals competing in karate tournaments whilst at university and in the 1990's I spent several years coaching a variety sports in the United States.



HOUSE SPORT!



Ask any student at NGHS what their favourite aspect of school life is and there is a pretty good chance they will say it is the House System and the positive competition it promotes!

Within that, sport plays a large part in contributing to the prestigious end of year 'House Cup'. The two events that contribute to the 'House Cup' are sports day and house rounders. With both of them taking place in the summer term, they can be key house competitions that go towards deciding the overall winners of the 'House Cup'. There are also 'mini' house competitions in PE lessons for activities such as volleyball, netball and cricket but these don't count towards the 'House Cup'.



SPORTS DAY

The annual sports day takes place in late July just before the end of term. Always a highlight of the year the events range from traditional athletic events such as 100m, javelin and long jump, all the way to egg and spoon, the sack race and tug of war!



Face paint, house colours, tutu's and giant house banners are the order of the day and everyone gets right into the swing of things in the (hopefully) glorious sunshine!



At the end of the day all the points are totalled up

and the winner is declared to much joy and applause!

This year, sports day will be on Wednesday 9th July - weather permitting!

HOUSE ROUNDERS

The Y12 house teams organised this years House Rounders in early June and it was spread over 5 days including a staff versus students match! Below you can see the results from each of the year groups:

Year 7

1st Austen
2nd Seacole
3rd Roddam

Year 8

1st Austen
2nd Roddam
3 Seacole

Year 9

1st Austen
2nd Seacole
3rd Roddam

Year 10

1st Austen
2nd Roddam
3 Seacole

Year 12

1st Austen
2nd Seacole
3rd Roddam



To nobodies surprise the overall winners were **Austen** with Roddam second and Seacole third! In the staff v students match the honours went to the staff in an incredibly close game by 14-13!



HOUSE SPORTS CAPTAINS SPEAK!



Seacole “Hi, my name is Tulsi and I’m the Seacole Sports Captain! My role includes organising students for events on sports day, promoting sport throughout NGHS, supporting the house team with other house events and coordinating a wide range of sport related activities. So far, with amazing help from the rest of the team, I have ensured everyone has an event for Sports day, organised ‘House Rounders’ along side the other sports captains and arranged the T Shirt orders for the Seacole Sports day T-shirts this year. Outside of the house system, I have helped out with the sixth form induction day by hosting a game of Benchball and next week I will be helping to run team building activities with the new year 7s for their induction day. Recently Seacole won the Sixth Form Common room cup and I hope to help bring more sporting success to our house as Sports day is just around the corner! Next year, we want to bring more sporting events to NGHS as we will be launching ‘House Netball’ in September as well as ‘House Rounders’ in the Spring term.”

Austen “Hi, I’m Katie, and I’m proud to be taking on the role of Austen’s new Sports Captain. I’m looking forward to getting everyone get involved in house sport this year, whether it’s in competing or just trying something new. My main sports to participate in are netball and tennis. So far this year, Austen have achieved a dominating victory in the House rounders competition and narrowly lost out to Austen in the ‘Common Room Cup’. I’ll be supporting the team, keeping the energy up and ensuring we have a successful year across all events. Go Austen!”

Roddam Hi, I am Sophie Roddam’s sports captain this year. As a part of the house team, I get involved in lots of events like house drama and music as well as sports day. I am so excited for sports day on Wednesday! I cannot wait for everyone to get involved and have a fabulous day. So far, pre-sports day events have been so much fun, we are so proud of everyone who has taken part, they all did amazingly. My main sport is netball; I play this inside and outside of school. This year we are introducing new sports and events including house netball, in September, and house bench ball in the spring term. I hope everyone is excited to take part and help Roddamwin.”

#RoddamOnTop

PHYSICAL EDUCATION LESSONS AT NEWPORT GIRLS HIGH SCHOOL



The PE & PSHE Faculty prides itself on giving students as many opportunities to be creative, competitive, co-operative and to face challenges as individuals, in small groups or larger teams. Students are challenged to think in

different ways to suit the different challenges.

In PE, all colleagues teach across the full Year 7-13 range and has a high wealth of teaching experience in this subject. The Faculty also provides extensive opportunities to students during lunchtime with a variety of sports taking place and competitive fixtures after school.



PSHE education is a school subject through which

students develop the knowledge, skills and attributes they need to keep themselves healthy and safe, and prepared for life and work. They also have opportunities to develop skills and attributes such as resilience, self-esteem, risk-management, teamworking and critical thinking. The PSHE Faculty consists of a number of experienced teachers that work together to provide and deliver a broad and balanced curriculum for all students.

Every three/four years the Faculty runs an international sports tour and there are annual netball and football weekends for a number of year groups.

In PSHE, students have the opportunity to contribute to a range of committees including; Health & Well-Being committee, School Council/Sixth Form Council and the Pastoral Review Committee. Students also take on roles of responsibility including Kindness Ambassadors.



EXTRA CURRICULAR OPPORTUNITIES AT NGH

In addition to PE in curriculum time, there are a wealth of opportunities for students to take part in extra-curricular sport during their time here. Many will go on to represent the school at those sports but equally they can take part just for sheer enjoyment.

Additionally if a sport or club is not shown on this list, we always encourage students to suggest them and wherever possible they can be provided by the students themselves with the support of the dedicated and hard working PE staff!

Here is a list of all the extra curricular sports that have been offered at NGHS this year.

FOOTBALL

NETBALL

ROUNDERS

CRICKET

ATHLETICS

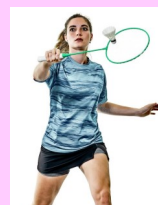
VOLLEYBALL

RUGBY

BADMINTON

FENCING

KARATE



UNDER 13 CRICKET TEAM WIN SHROPSHIRE SCHOOL GAMES!



U13 Captain Seline M with the trophy!

On Wednesday 2nd July the U13 cricket team travelled to Frankwell Cricket Ground in Shrewsbury to compete in the Shropshire School Games.

Having had a long and successful season so far they were competing in this competition for the first time. The other schools in attendance were Brdignorth Endowed, Charlton School and Shrewsbury High.

Match 1 Win V Charlton

With only four teams in attendance, the girls all knew that one poor performance

could see them slip up and miss out on a place in the final. However, they hit the ground running and bowled and batted superbly for a dominating win by a score of **97 runs to 45** after the allotted 8 overs per team

Match 2 Win V Shrewsbury High School

Facing a somewhat stronger opponent, the team knew that they would have to be at the top of their game or else slip up against an old foe. Shrewsbury High played well and posted a competitive score whilst taking a number of NGHS wickets. However, it was not enough as some big hitting and timely wickets always kept NGHS ahead of the required score. Final Result:

NGHS 79-60 Shrewsbury High

Match 3 Win v Bridgnorth Endowed

In their final group game the girls faced their toughest opponent yet! Bowling first, the Bridgnorth batters didn't hold back and were regularly hitting boundaries for 4 and 6 to post a very impressive score. Newport knew they would have to bat strongly or risk taking a loss. Fortunately, they just managed to get over the line with some determined hitting making the final score: NGHS 80 - 71 Bridgnorth Endowed

Match 4 Win v Shrewsbury High FINAL

Having won all 3 of their games, the girls had to face Shrewsbury again in the Gold Medal Match. Batting first, Newport were measured and controlled—playing big shots when they were available but batting sensibly against the strong Shrewsbury bowling attack. When fielding, NGHS were simply superb and throttled the Shrewsbury batters so that they rarely threatened the boundary with 4's or 6's! In the final reckoning, Newport were very comfortable winners by a score of 73 runs to 43!

As always, the girls knew they had talent on their side but that doesn't diminish their excellent achievements this season having won an unprecedented quadruple of trophies with indoor, outdoor and School Games championships to their name! Thursday 10th July see's them travel to Birmingham for the West Midlands Final going for a quite phenomenal fifth trophy in one year!



The team receive their winners medals



SCHOOL TEAM AND INDIVIDUAL SPORTING SUCCESS 2024-25



Every year, we are extremely proud of all of our students who represent the school in a large variety of sports. Win, lose or draw they always give 100% for the cause and we are super proud of every one of them who represent the school so well.

Additionally, we certainly have our fair share of success at district, county and regional level. Below you can see a brief summary of our notable successes during the school year 2024-25.

U15 Badminton: County Winners, West Midlands Runner Up

U13 Football: County Cup Finalists, Runner Up Condoover Hall Sports Festival

Cross Country Winter Championships: U14 1st Place Overall (Annie W), U12 1st Place Overall (Philippa G), U13 3rd Place Overall (Ivy B)

U15 Cricket: Indoor County Runner Up, Outdoor County Runner Up

U15 Football: Runner Up, Condoover Hall Sports Festival

U12 Netball: County Plate Winners, 3rd Place Condoover Hall Sports Festival

U13 Cricket: Indoor Telford and Wrekin Winner, Indoor County Winner, Outdoor County Winner, Shropshire School Games Winner

U16 Netball: County Runner Up

A massive well done to all of our dedicated team and individual students for another highly successful year of competitive sports at Newport Girls' High School!



U15 netball action in Birmingham!



NGHS OUTSTANDING SPORTS PERFORMERS 2025



NGHS students exhibit excellence in many areas and that is no different for our super talented sporting students! Over the next few pages you can see the students who have performed at county level or higher across a multitude of different sports. From September, we are hoping to have more in depth profiles by the students themselves giving an insight into their achievements, background and training routines.

WE ARE HUGEY PROUD OF ALL OF THEM!



Name: Shaan K
Year Group: Nine
Sport: Cricket
Level: County



Name: Amelia T
Year Group: Nine
Sport: Cheer
Level: National/International



Name: Lara T
Year Group: Eleven
Sport: Cheer
Level: National/International



Name: Lily E
Year Group: Eleven
Sport: Tennis
Level: County



Name: Fay J
Year Group: Nine
Sport: Cycling
Level: Regional/National



Name: Amarpreet B
Year Group: Ten
Sport: Karate
Level: National



NGHS OUTSTANDING SPORTS PERFORMERS 2025



Name: Naomi G
Year Group: Seven
Sport: Swimming
Level: County



Name: Tara DS
Year Group: Ten
Sport: Badminton/Chess
Level: County



Name: Molly FH
Year Group: Seven
Sport: Swimming/Athletics
Level: County/National



Name: Tabitha H
Year Group: Seven
Sport: Athletics
Level: County



Name: Lauren W
Year Group: Nine
Sport: Swimming
Level: County



Name: Abigail E
Year Group: Eight
Sport: Cricket
Level: County



Name: Millie P
Year Group: Eight
Sport: Cricket
Level: County



Name: Pippa W
Year Group: Nine
Sport: Pistol Shooting
Level: International



Name: Sophia T
Year Group: Seven
Sport: Cheer
Level: National/International



NGHS OUTSTANDING SPORTS PERFORMERS 2025



Name: Amala W
Year Group: Eight
Sport: Cheer
Level: National/International



Name: Matilda M
Year Group: Eight
Sport: Netball
Level: County



Name: Grace C
Year Group: Twelve
Sport: Fencing
Level: National/International



Name: Evie A
Year Group: Seven
Sport: Basketball
Level: Regional/National



Name: Sophia S
Year Group: Nine
Sport: X Country
Level: County/Regional



Name: Annie W
Year Group: Nine
Sport: Athletics/ X Country
Level: Regional/National



Name: Harriet T
Year Group: Thirteen
Sport: Mountain Biking
Level: National/International



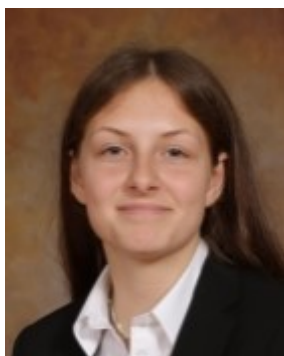
Name: Kiret B
Year Group: Seven
Sport: Cricket
Level: County



Name: Easha K
Year Group: Ten
Sport: Karate
Level: National/International



NGHS OUTSTANDING SPORTS PERFORMERS 2025



Name: Isobel M
Year Group: Thirteen
Sport: Handball
Level: International



Name: Charlie O
Year Group: Eight
Sport: Netball
Level: County



Name: Ivy B
Year Group: Eight
Sport: Hockey/X Country
Level: County/Regional



Name: Phillipa G
Year Group: Eight
Sport: Triathlon/X Country
Level: County



Name: Hannah B
Year Group: Eight
Sport: Swimming
Level: County



Name: Seline M
Year Group: Eight
Sport: Cricket/Water Polo
Level: County/Regional



Name: Layla B
Year Group: Ten
Sport: Netball
Level: National/International



Name: Charlotte B
Year Group: Nine
Sport: Rowing
Level: National



Name: Elodie S
Year Group: Eight
Sport: Cricket
Level: County

CURRICULUM ENRICHMENT WEEK



2025

YEAR 12 CURRICULUM ENRICHMENT WEEK

UCAS

Year 12 started On Wednesday students Curriculum Enrichment were introduced to the week with a series of new format of the inspirational guest personal statement, and speakers, including started their first draft. former students, to The personal statement is introduce the range of the part of the UCAS



options available to students when they complete their A Levels. Mrs Griffin launched the day with a presentation about how to compare different courses, locations and options when considering university as a next step. ASK, the national careers service, came in to talk about apprenticeships and Staffordshire University provided a helpful talk about student finance. Former students gave further insight into applying to UCAS (the Universities and Colleges Admissions Service) and what university life is like, with a session specifically for applying to Oxbridge.

Tuesday saw two coaches carrying the whole of Y12



depart for the UCAS discovery event at the NEC in Birmingham. Students were able to visit the stands for hundreds of universities and employers, discovering the exciting range of opportunities available for them. There was a chance to collect tote bags and prospectuses, but more importantly the opportunity to talk to current students and find out more about the opportunities available.

application that students write themselves to showcase their skills and experience and ultimately their suitability for their chosen courses. Experienced sixth form tutors were on hand to offer support and advice throughout the morning. Y12 parents were also invited to share details of any extenuating circumstances to contextualise students' educational journey, which are important to share with universities during the application process. Mrs Griffin has now collated these along with details provided by the students themselves.



The Head Girls' Team and House teams were involved in the afternoon, providing a fabulous welcome to our prospective sixth form students from both NGHS and other schools across the Midlands. The prospective

students were treated to a series of fun activities including a quiz, human bingo and line ball out on the courts to get to know each other. Our current Y12 did a fantastic job, and there were lots of smiling faces at the end of a very successful afternoon.



Miss Pritchard and Mr Bentley launched Thursday's activities with an introduction to the Extended Project Qualification (EPQ) that the majority of Sixth Form students complete. This project is an opportunity for students to carry out detailed research on a subject that they have chosen, un-related to their A Level courses. The skills developed throughout the project are highly sought after by universities and employers alike, and students learned how to approach their research, and how to use software to manage their references.

EPQ

Extended Project Qualification

YEAR 12 CURRICULUM ENRICHMENT WEEK



The afternoon was spent outside letting off some steam, as every Y12 form group played each other in the fiercely competitive 'Common Room Cup'. Mr Whitehouse was on hand to keep teams on schedule and ensure the event was

library, cafes and much, much more!

It was a hot sunny day, and the campus was filled with students visiting from all over the country.



great fun for all. After a slight re-count of the accumulated scores (sorry!) Seacole were announced as the winners!

The week concluded with a trip to the University of Birmingham for an undergraduate open day. This was a great opportunity for students to explore the leafy green campus of one of our local universities. Many students attended subject talks and visited



Many of our students came away with a changed perception of the University of Birmingham, and with a better idea of what a campus university is like, and how to make the most of a university open day.

Our students have been amazing all week – while our trips have had a more academic focus than lower school, everyone had fun and Mrs Glew, Mrs Griffin and myself were very proud of how the students conducted themselves. Huge thanks to all the staff who supported Sixth Form trips and activities during Curriculum Enrichment Week – we couldn't do it without you!

All reports by **Miss E Heyes (6th Form Wellbeing Officer)**



and looking at the vast range of facilities available to students, from sports facilities, social areas, the

Y9 Duke of Edinburgh Expedition



Year 9 had a challenging but exhilarating 3 days on their Bronze Duke of Edinburgh Expedition during Curriculum Enrichment Week! In glorious sunshine the girls had to overcome a variety of challenges and obstacles in order to pass this part of the award. Based in Longden near Shrewsbury and the beautiful Shropshire Hills it was certainly an event to remember! From pitching their

tents, navigating a 20 mile hike over the 3 days, cooking their food, working in teams, treating their blisters and dealing with the heat I think it is safe to say it was an event that will live long in the memory!

In order to receive their full DofE Bronze Award the students also need to complete a number of other aspects such as volunteering, skill acquisition and physical activities. Once these are completed, they receive their certificate and badge and are one step closer to Silver and Gold and a visit to Buckingham Place!

Also, a massive thank you to Mrs Dainty, Mr Wade, Mrs Arsalan and Mr Green for all their help accompanying the girls. Without the good will and support of these wonderful staff the expedition wouldn't happen!

Mrs K Taylor



BRONZE

YEAR 8 AND 9 HOLD THEIR OWN MINI OLYMPICS!



The first day of curriculum enrichment week saw Year 8 and 9 hold their own mini Olympics for the day! After splitting into their various countries the first part of the day was spent researching and creating mascots, banners flags

for use during the actual events!



After break, there were a variety of events for the students to take part in including: badminton, 200m,

relay, Volleyball, football and 800m.

After all these were completed the scores were totalled and the final medal table looked like this:

1st Place—USA

2nd Place—Brazil

3rd Place—Great Britain

4th Place—Australia

A really fun day for all with healthy competition and some exciting races and matches. Well done all!



Y8 Reflections of France 2025!



A selection of Year 8 students give their thoughts on the France trip...

E.R: "I loved this trip. I would do it again"

T.A: "It was really really fun. I hope there is another French trip coming soon. The breakfast was really good and tasty. I loved the boat ride and shopping and the bus ride journey. Thank you so much !!! IT WAS REALLY FUN !!!"

M.H: "The bakery looked so good and the beach was beautiful ! The food was also really good and the château was amazing."

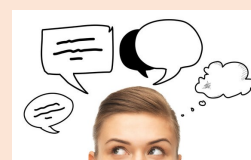
S.D: "It was amazing and I absolutely loved it."

E.S: "The journey was really nice with the stops at the service station. I liked the teachers trusted us and gave us freedom."

L.A: "A really good trip with lots of opportunity to speak French. The Château staff spoke fluent French to me".

K.K: "It was so much fun and helped me immerse myself in the culture and language in France while also spending time with friends".

F.R: "I loved the trip overall and wouldn't have changed anything...I would 100% visit it again".



A Postcard from France!



Germany Residential 2025



The Germany residential trip was an amazing experience we will never forget! After a long journey we finally arrived and were ready for a few days of excitement.

We started off by taking a cable car up to a fortress and learnt many facts. The next day a boat ride on the river awaited us with the opportunity for us to try out our German language skills to buy some pretzels!

We also visited Cochem Castle which was filled with history and amazing views. Finally the day came and we all got the chance to visit Phantasialand which had exhilarating rides. On the trip we made new friends and many memories! Thank you to all the staff involved for making the week unforgettable! **Dhyani P and Ruby J (Year 8)**



YEAR 7 AT POOLE'S CAVERN - PEAK DISTRICT

In glorious sunshine, the year seven pupils had a chance to visit Poole's Cavern in Buxton as part of their geography studies. A two million year old natural limestone cave, Poole's cavern was a chance for the students to learn about stalactite and stalagmite formation as well as the various inhabitants and uses of the cavern over the last 15,000 years! They also learned about the production of limestone in the surrounding hills and the fearful conditions the 18th century workers had to endure!

The cavern gets its name from a notorious 17th Century highwayman who used it as a hideout. However, it has also been used by Bronze Age settlers for winter shelter and the Romans turned it into a shrine to a water goddess. The children had the chance to view some ancient artefacts in the small museum as well as take some very impressive pictures!



COMMEDIA DELL' ARTE!



A number of students in Years 8 and 9 had a super English and Drama day finding out all about Commedia Dell'Arte. This is an original form of theatre that

emerged in northern Italy during the Renaissance. First of all they learned all about the art of improvisation before creating their own short sketches. Next, they researched the topic and created display work as well as wonderful masks. A very different activity to some of the usual CEW activities but great fun!



Year 8 and 9 Go Ape!

Go Ape was a great experience for year 8 and 9. The trip to the beautiful Wyre forest was one to remember where many overcame their fears and ventured into the treetops to attempt a course.



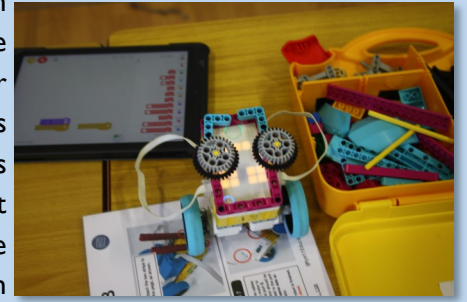
Teachers as well as students got involved in teambuilding activities and they all cheered each other on. The students all watched in amazement as the staff sped down the zipline yelling at the top of their voices. Everyone that went had a thoroughly enjoyable day!



DRONES AND ROBOTS AT NGH!



Years 7, robots. Using an 8 and 9 app they were able to program our fantastic robots movements day of and then used this flying to make the robot drones take a certain route a n d as well as go on building missions for example saving an astronaut that got stuck or robots as moving a fake nuclear waste barrel! The students found part of these activities really fun and it even had an element of t h e i r challenge.



S T E M

A great CEW activity for years 7, 8 and 9!

activities for 'Curriculum Enrichment Week'

The drones activity involved programming the devices using a laptop to perform a number of tasks such as ascending, descending, hovering and even flipping. All agreed it was a great activity with a number of students saying it was one of the best things they did all week!



At the start of the day, they spent the morning building and programming their own Lego



YEAR 7 VISIT THE HOME OF THE BARD!



picnic in the grounds of the Royal Shakespeare Theatre.

Despite having to battle some pretty horrendous traffic, all of the students had a fantastic day of culture and learning whilst enjoying the sunshine!



Two groups of Year 7's and a group of Year 8's had the opportunity to visit Stratford upon Avon and the birthplace of William Shakespeare. Additionally, they also had a tour of his daughters house (Susanna Hall) and had a delightful



YEAR 8 AND 9 SCIENCE DAY



On Friday 27th June, a group Year 8 and 9 students were treated to a science day of practical activities and mind bending

to launch a variety of different sized corks as far as they could and to try and hit the target! Much hilarity ensued!



The final task was a chemistry one where they had to make their own bath bombs from the ingredients provided. Again, some wonderful creations were concocted and everyone had a great time whilst also learning a little bit more about the three core science subjects.

challenges.

The first challenge was rooted in biology and they had to create a 'bionic arm' using only cardboard, string and Sellotape! Suffice to say there were some wonderful limbs produced and even had a chance to decorate them!



Next up they had to create a marshmallow catapult using their knowledge of physics. Using only limited equipment the challenge was



YEAR 7 AT THE NATIONAL SPACE CENTRE



nebulae – clusters of gas and matter where suns/stars form. We learnt about planets' moons and their orbit, each planet's size, their number of moons, and their time taken to orbit the sun.

We also looked at the two rockets there, the Blue Streak and the Thor Able. They are stored in a bubble-like area, suspended in the air above the Centre's café.



To end our trip, we went into the Planetarium to see the solar system. We had a mini quiz, and we had to press buttons on our arm chair to answer. Our time there was amazing!

Lola B (Year 7)



At Leicester Space Centre (LSC) we explored different aspects of the galaxy, outer space, and the journey of astronauts into space, mainly Helen Sharman and Tim Peake.

We also looked at the different pieces of the galaxy, including planets, suns,





SUMMER FAYRE

TUESDAY 15TH
JULY

NEWPORT GIRLS' HIGH SCHOOL

4:00–5:30

FREE ENTRY

ALL WELCOME

YOUNG ENTERPRISE
PRODUCTS
HOT AND COLD
FOOD AND DRINKS
GAMES
RAFFLES
SECOND HAND UNIFORM
MUSICAL PERFORMANCES
SPONGE THE TEACHER

All money raised will go towards improving the school
and its extracurricular activities



Monday 14th July

- Cultural food stall outside the canteen (sign-up via the google form using the QR code.) → ★
All contributions must include an ingredients list and there must be no nuts in any item - make sure to bring money!
- Language and craft workshops at lunch time

Tuesday 15th July

- Wear accessories representing your culture or the colours of your flag with your uniform
- Cultural disco in the hall - you can request songs using this QR code form which will also be on our Instagram



Wednesday 16th July - Culture Day

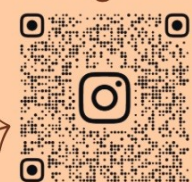
- Wear traditional clothing or clothing that reflects something your culture is famous for (e.g. sports team, creative industry etc.)
- Reminder: this is NOT a mufti day, you must wear clothes relating to your culture in some way
- Cultural showcase in the hall for the whole of lunch time - if you would like to participate please scan the previous QR code as there are limited spaces for performances



For any further questions
DM @nghscultureclub on
Instagram or email Nehalya
at 001285@nghs.org.uk

Scan to
follow!

Instagram:



@NGHSCULTURECLUB



HOW TO GET IN TOUCH!

COMMUNICATION WITH SCHOOL

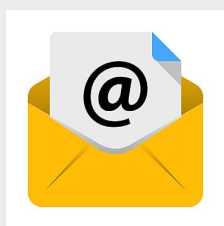
Over the course of the year, we will communicate with you in a variety of ways:

- Every two weeks, we publish **Newport News** on the school website. This document includes news from school, highlights upcoming events, and recent achievements. A link to each edition is sent home by email.
- An annual **Parents' Evening** to update you on your daughter's progress.
- **Grade sheets** and/or **written reports** to update you on your daughter's progress.
- An annual **parent information evening** to outline the key information relevant to each year group. This is in person for Year 7 and remote for other year groups.
- Relevant **letters** to your daughter are sent home via email.
- If teaching or pastoral staff have any concerns relating to your daughter, they will contact you **by phone** or **email**.

Occasions may arise when you need to contact the school to share information or raise concerns. There are several ways in which you can do this, including:

- By telephone – **01952 797550** – If possible, your call will be put through to an appropriate member of staff. Where this is not possible (member of staff is teaching/not in school/unavailable), a message will be taken and passed to an appropriate member of staff. You should expect a response to your call within 24 hours.
- By email – **schooloffice@nghs.org.uk** – You will receive an acknowledgement email once this has been received and be notified that the email has been passed to the appropriate member of staff (this may not always be to whom the email was addressed). You should then expect a response within 24-48 hours of this acknowledgement.
- By **letter** to the school.
- By **recording a note** in the communication section of your daughter's **planner** to be shared with a member of staff.

During school holidays, reception is closed and phone calls/emails cannot be responded to until we return to school. During the school holidays, **urgent@nghs.org.uk** is available to communicate key urgent information; it should not be used to send routine enquiries that can be responded to when school is open again. This account will be checked once every 24 hours by a senior member of staff. They will then make an appropriate response to any email that has been received.



schooloffice@nghs.org.uk



01952 797550



NEWPORT NEWS

**Out fortnightly during
term time**



Letter to school



Note in Student Planner

Spotting Quiet Strengths

Did you know?

As the school year ends, the loudest successes can often take centre stage—test scores, certificates, standout performances. But for many pupils, this term has been a story of quiet strength: showing up each day, managing worries, supporting others, or simply keeping going when things felt hard. Spotting and celebrating these quieter qualities can boost confidence, connection, and a deeper sense of belonging. They're also often the strengths that last the longest.

.....> So what can we try?

1 Praise small, steady efforts

Not every pupil is a high-flyer or high-fiver! Some just keep going—managing friendships, turning up, trying again, or showing kindness when no one's watching. These deserve as much recognition as the big wins. Writing a short note for a pupil who's made quiet progress—"I've noticed you've been trying really hard to..." or "You've shown a lot of patience with..." The micro-moments matter a lot!

2 Invite pupils to spot strengths in each other

Sometimes peers see things we miss. Giving pupils a chance to reflect on each other's strengths can boost connection and help quieter children feel seen. Using a "strengths circle" or small cards where pupils write anonymous strengths they've seen in classmates. (e.g., "You helped me when I was stuck" or "You always make time for others.")

3 Widen the definition of achievement

End-of-term reports often focus on academic progress. Consider what else pupils have grown in this year—confidence, friendships, self-awareness, or simply being more curious or compassionate. Including a personal strength in verbal or written feedback shifts the focus from what they've done to who they're becoming. E.g. "This term, one of your strengths has been..." or "you're becoming a (insert character strength here) person".

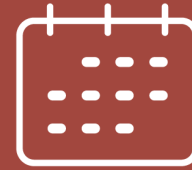
Further Reading

[The Jubilee Centre for Character and Virtues: Teaching Character Through Subjects](#)

UPCOMING EVENTS AND DATES

Diary Dates

- 07.07.25** Year 6 Induction Day 1
- 08.07.25** Year 6 Induction Day 2
- 09.07.25** Sports Day
- 10.07.25** Y12 Visit to Cambridge University
- 11.07.25** Y12 Geography Lake District Trip
- 15.07.25** NGHS Summer Fayre
- 16.07.25** Culture Day
- 17.07.25** House Drama
- 17.07.25** Gold Duke of Edinburgh Expedition
- 18.07.25** Last day of term. Students finish 12.30pm



**DATES FOR
YOUR DIARY**





**NATIONAL
Hotdog
Day**

**IT'S
HOTDOG
HEAVEN**

All imagery is for illustrative purposes only. Actual product may vary due to local availability.

**Join us on
Monday 14th July**

**Selection of hot
dogs and
toppings**

academy 



NGHS PASTORAL TEAM

WHO'S WHO?

At NGHS, the safety of students, staff and visitors is our top priority. Students can speak to **ANY** member of staff about any concerns, but there are certain colleagues with additional training to support you in pastoral and safeguarding matters.

Heads of Year



Mrs D Martin
Head of Year 7



Mrs K Danby
Head of Year 8



Mrs A Chapman
Head of Year 9



Miss A M Davies
Head of Year 10



Ms J Capaldi
Head of Year 11



Mrs K Griffin
Head of Sixth Form

Wellbeing Team



Mrs Aver-Howdle
Years 7—10
Wellbeing Officer



Miss E Heyes
Wellbeing Officer
(Y11/Sixth Form)



Mrs V Glew
Administrator
(Sixth Form)

Safeguarding Team



Miss S Webster: Deputy
Headteacher & DDSL



Mrs K Danby : Well-being
Manager, CSE Lead & DDSL



Mr A Jones: Headteacher & DDSL



Mrs F Davenport: Pastoral Support &
DDSL



Mrs H Birch: Assistant Head, DSL
(currently on maternity leave)

DSL—Designated Safeguarding Lead
DDSL—Deputy Designated
Safeguarding Lead