



NEWPORT NEWS

A weekly update from NGHS

Volume 6 - Issue 29 - Monday 22 May 2023



A bumper edition of Newport News this week to cover the events of last week in school and the final newsletter of this half term. Last week we enjoyed a number of activities at lunchtime for Mental Health Awareness Week - thank you to our Head Girl Team for organising these.

I must congratulate one of our Young Enterprise Teams who have won the Shropshire Final at a recent awards ceremony. The team now goes on to the regional round which is taking place today. Watch this space and a future edition of Newport News after half term when we find out how they have got on.

Our Year 11s are working hard and it has been great to see their commitment to revision during the school day as well as appearing satisfied after each examination. I continue to wish them all the very best. There have also been a couple of Year 13 exams but I know most

students have another few days of revision before getting underway. Our very best wishes to this lovely cohort of students for the next few weeks.

The pleasant, warm summer weather is starting to make an appearance. Currently our school uniform policy remains unchanged, but we do review this if it becomes too hot to wear blazers etc. in school.

The Health Protection Hub have asked me to remind parents that **measles** is a reportable illness within schools. They tell me there has been a rise in cases nationally owing to a reduction of children having had the MMR vaccine. Our job is not to debate the vaccination route, but if there are any suspected/confirmed cases, please do let us know as we have to report these.

Half term #5 finishes this Friday at 3.45pm and we look forward to welcoming everyone back on Monday 5 June.

Wishing you a lovely weekend

Mr M J Scott



YOUNG ENTERPRISE SHROPSHIRE STARS!

On Wednesday, our Young Enterprise Teams took to the stage to present their business's journey and display their products to the Young Enterprise Judges at the University of Wolverhampton. After a long afternoon and an anxious overnight wait, NGHS's own Young Enterprise team, Wearthy, has successfully become the



Winners of the Shropshire County Final Company Programme. Wearthy is a business which prioritises wellbeing and mental health and provides advice through the selling of tote bags. As the winners, they will continue to today's Regional Final that is set to take place in Birmingham. Wish them luck!



Newport Girls' High School
Wellington Road
Newport, TF10 7HL
Tel: 01952 797550

Headteacher: Mr M J Scott BA(Hons) Exon PGCertEd NPQH FRSA

To contact the School about a general enquiry, please use schooloffice@nghs.org.uk
Outside of school hours: urgent@nghs.org.uk for matters of significant urgency

Miss Heyes reflects on Mental Health Awareness Week



Mental Health Awareness week has been 'a thing' for 22 years now, and it has been a busy week for the Health and Wellbeing Committee at NGHS who organised a packed schedule of activities for students to try – all with this year's theme of anxiety in mind.

Sports Captains Libby, Anya and Jess organised a lunch-time game of rounders on Monday - outdoor sports and exercise are proven to help our sense of wellbeing, and being out in the sunshine certainly helped get the week off to a good start.

On Tuesday the focus was 'mindfulness' and Miss Walker provided the colouring pencils so that we could all become absorbed in a very relaxing colouring activity. Tuesday was also a day for raising our awareness. Y12 volunteers took green ribbons and pins to each form room, and students were invited to create their own awareness ribbon to show their support for mental health.

On Wednesday there were puzzles and games to focus the mind. It was interesting to see how adept Year 7 were at solving sudoku puzzles that taxed several of the Y12 A Level Mathematicians!

On Thursday Meditation and Relaxation were the order of the day. It was lovely to see so many Y12 students taking the opportunity to practice some basic meditation exercises and try out some breathing techniques, as well as learning a little more about the ancient tradition of meditation. The much-anticipated yoga sessions arranged for Friday lunch-time were enjoyed by all, and a huge thanks must go to Mrs Gill for giving up her entire lunch break to run back-to-back sessions so that more students could try yoga, many for the first time.



Thank you to Onara and her team for organising a super week, and thank you to everyone who got involved, we hope you enjoyed the activities.

Miss E Heyes



Head Girl Team Highlights...



I would like to first of give the best of luck to our year 11 and year 13s who began their GCSEs and A-Levels this week, you've got this!

In the lead up to half term, we have had a jam-packed week of excitement here at NGHS. Our house rounders tournaments have continued this week with Roddam celebrating an overall victory. It's been lovely to see everyone working together and having some well earned fun after internal exams week. Well done to everybody who took part and represented their house, amazing effort from everybody!

This week has also been mental health and wellbeing week, where the head girl team-pioneered by Onara- have run a range of activities to raise awareness. These include activities such as yoga, and wellbeing rounders

I hope everyone has a lovely weekend and enjoys our final week of this half term. Let's hope this lovely weather continues!

Bella (Senior Deputy Head Girl)



Well done to Lilly, Laila and Charlotte and (all Year 7) who finished the 5km mud run for Cancer Research UK on Saturday. They raised

almost £500 and there's still a chance to donate [using this link](#). Well done, girls!

Student Round-Up: Mental Health AW

For mental health awareness week, students at NGHS took part in a variety of activities to recognise the importance of acknowledging this year's theme, Anxiety. During this week's lunch times, the health and wellbeing panel hosted games and activities such as rounders, mindfulness colouring, puzzles, meditation and even yoga two session of Yoga due to its high demand. Green ribbons were also worn throughout the week to recognise the key issues surrounding Mental Health.



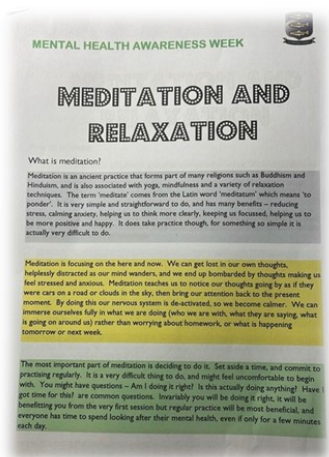
A special thank you to the house sports captains for helping organise the rounders game on Monday. This was a clearly a fun activity which allowed all the students to be active but also unwind from work and stress.



On Tuesday, students took part in mindfulness colouring which was designed to relieve stress and allow students to focus on a specific task at one time.



On Wednesday, students took part in puzzles and games that shadowed the theme of the mindfulness colouring activity as it was also designed to allow students to focus on one specific task at a time, letting them relieve stress.



A special thanks to Miss Heyes for conducting the meditation session on Thursday. This activity was met with a lot of enthusiasm, with even a teacher attending the session. Students were taught how to control their breathing and thoughts during meditation.

Thank you to everyone who helped and took part in Mental Health Awareness Week. A special thank you to Miss Heyes for helping to organise and run the sessions. This year's theme, Anxiety, is suffered by over 8 million people in the UK and so it is important for us to all take part and end the stigma around mental health.

Onara, Deputy Head Girl (H&WB)

Meet the new House Leadership Teams



The entire house system is an integral part of NGHS as it allows everyone to feel a sense of belonging within their team, whether that be Austen, Roddam or Seacole. This year, the Austen house team is comprised of myself, Louisa (Deputy), Niamh (Drama), Jess (Sports), Natasha (Music), Isabel (Charities) and Val (Communications) and we are all so excited to take on our roles within the house and we have many ambitions for Austen (a key priority being to keep the sports day 9-year winning streak alive!). As a team, we all understand the ethos of our house and we are determined to encourage all year groups to get involved in house events, have fun and showcase their talents. One thing I love about Austen is how supportive and encouraging the house is - as a member of Austen since year 7, I have always felt as though I was a part of something special thanks to the amazing Austen house captains throughout the years and I am thrilled to be given the opportunity to give back and ensure all members of Austen feel the same support I did. Jane Austen, our house's namesake, was a 18th/19th century English novelist famous for defying gender norms. Jane Austen's passion for what she did drove her life, changed perspectives in English literature and inspired other women to do what they love. As a house, we can take great inspiration from Jane Austen and embody her strength, courage and passion within school life.



Placing a particular emphasis on participation and inclusion within house events, Roddam is a friendly and caring family who always strive to perform to the best of their abilities; a quality that is fundamental to the overall success of the house. This year, we have an amazing team made up of myself, Lucy (Deputy), Libby (Sports), Jessalyn (Music), Logan (Drama), Alisha (Communications) and Romaisa (Charities), who all endeavour to continue the incredible reputation of Roddam, particularly through making our namesake proud. Mary Roddam was the founder of the Edgmond Girls' Home in 1893, responsible for housing young girls during the late 19th and early 20th century. As a house community, it is the constant drive that she had to help others that we strive to embody, as we work together in pursuit of success throughout the year! Although we may have a reputation for second place, we are determined to continue the triumphs of last year, as well as our ability to prosper in the face of competition, attributed to our remarkable house spirit (and friendly rivalry!). As a team, we are particularly excited to witness such spirit from a leading perspective and, even though we are unsure as what the next 12 months hold in store for Roddam, we certainly know that we will have a lot of fun along the way!



At NGHS the house system plays an important role in school life; it brings together different year groups and helps integration. This year, the Seacole house team- Prerna (House Captain), Emilia (Deputy House Captain), Anya (Sports), Sophie (Music), Laura (Drama), Charley (Communications) and Lonee (Charities)- are very excited to take on our new roles and work as a team to increase participation in all house events. We hope that our enthusiasm is demonstrated, and the other members of Seacole can join us in proving to Roddam and Austen that Seacole is the best house. One of our favourite things about Seacole is the dedication every year, the house events are an amazing opportunity for everyone to showcase a diverse range of talents and abilities, and have lots of fun doing it! This year, we aim to continue Seacole's reputation, illustrate our competitiveness and encourage house spirit. Throughout my time in Seacole, there's always been a friendly rivalry between the houses, and as House Captain I am beyond excited to lead the house to success. Our house's namesake, Mary Seacole, was a nurse during the Crimean war, best remembered for her determination and her defiance of social norms through her work helping others. She exhibited traits of bravery and perseverance. We are proud to have such a strong, inspirational woman as our namesake, and hope to channel her dedication and commitment this academic year.

House Board Game Competition

On Friday 12 May, students enjoyed a lunchtime of showcasing their house spirits as well as their strategic gaming skills. The games that were played included chess, connect 4, snakes and ladders, battleship and Jenga (which created quite the bang!). Two members of each year group per house battled it out, with members of the senior house teams supervising to ensure things were kept fair. Amongst many wins and losses between teams, Seacole were victorious with 43 points, Austen closely following behind in second place with 37 points and Roddam landing in third place with a respectable 34 points. We're so proud of everyone who participated and House Board Games kick-started the energy and excitement that we're sure will follow in our upcoming house events such as Sports Day and House Drama. See you all there!

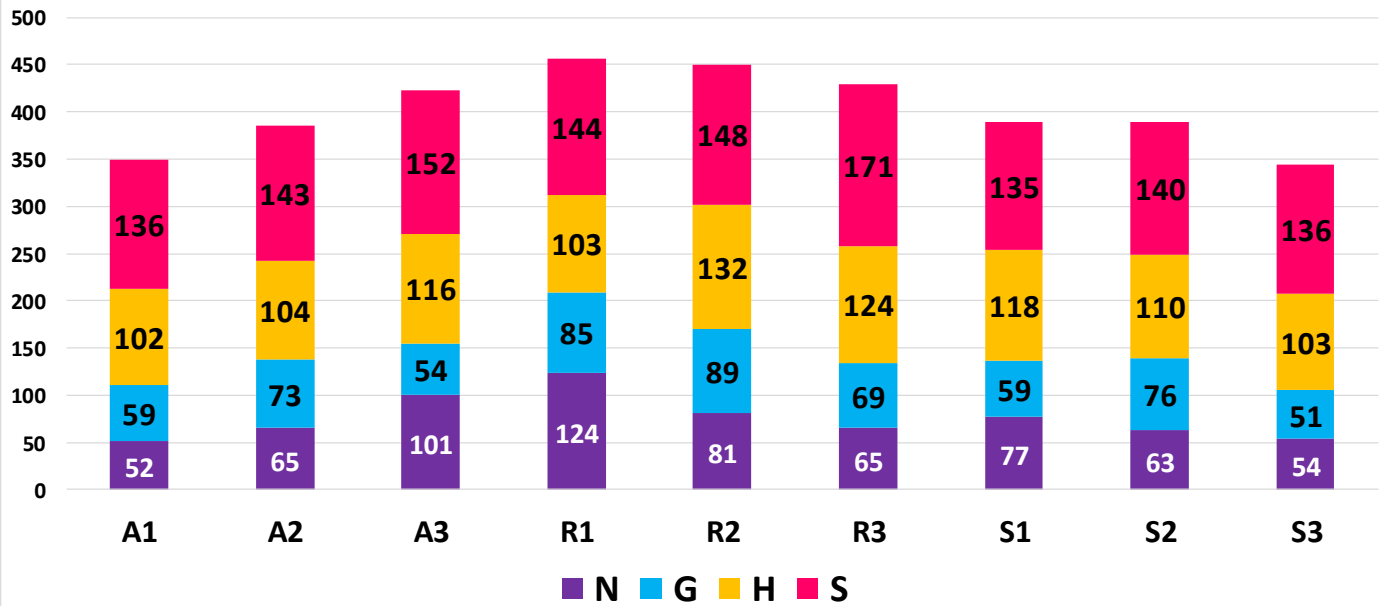
Austen, Roddam & Seacole House Captains



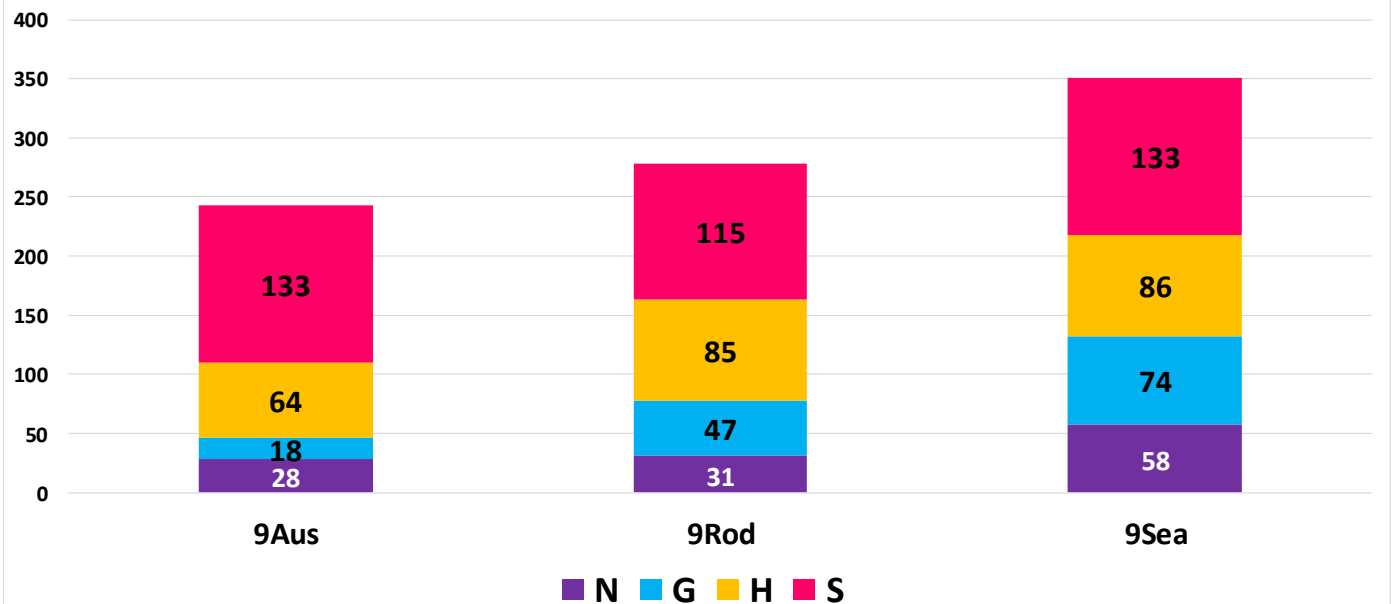


Here you can see the number of N, G, H, S stickers awarded during the last term by form.

Year 7/8 Reward Stickers Spring 2 / Summer 1

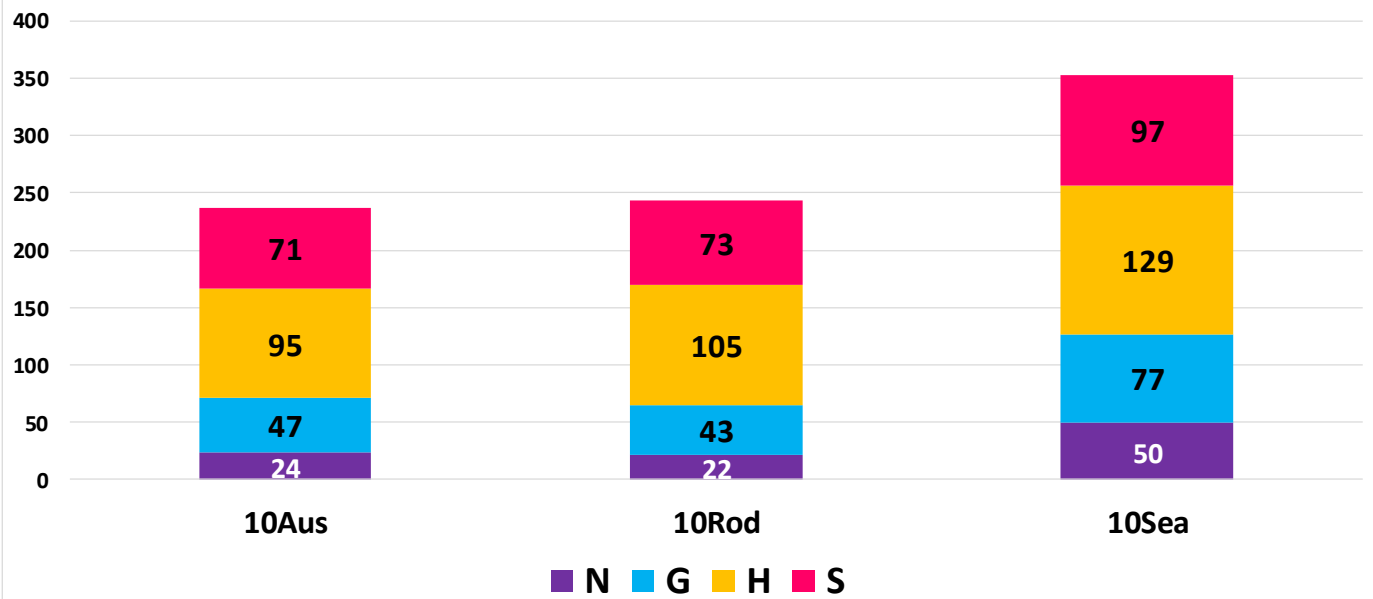


Year 9 Reward Stickers Spring 2 / Summer 1

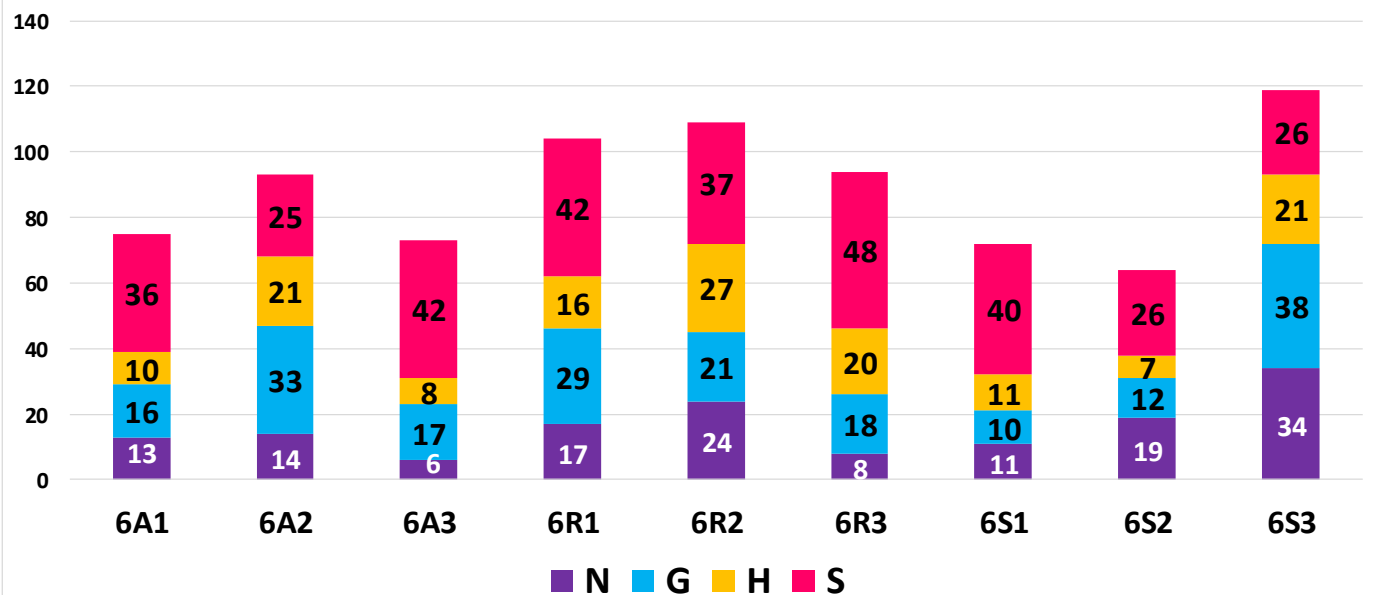


**Congratulations to all our forms
on their many House Points**

Year 10 Reward Stickers Spring 2 / Summer 1



Year 12 Reward Stickers Spring 2 / Summer 1



Our Gold > Silver > Bronze winners in this period (for the most House Points) were:

	Gold	Silver	Bronze
Year 7	A Tahora	A Mills	T Hayman
Year 8	S Raiyat	S Karthik	A Ahmed
Year 9	A Stephen	A Asim	C Nwaomu
Year 10	C Fewtrell	S Hussain	H Sedman-Smith
Year 12	C Hurst	N Adkins	L Keen

Particular congratulations given to:

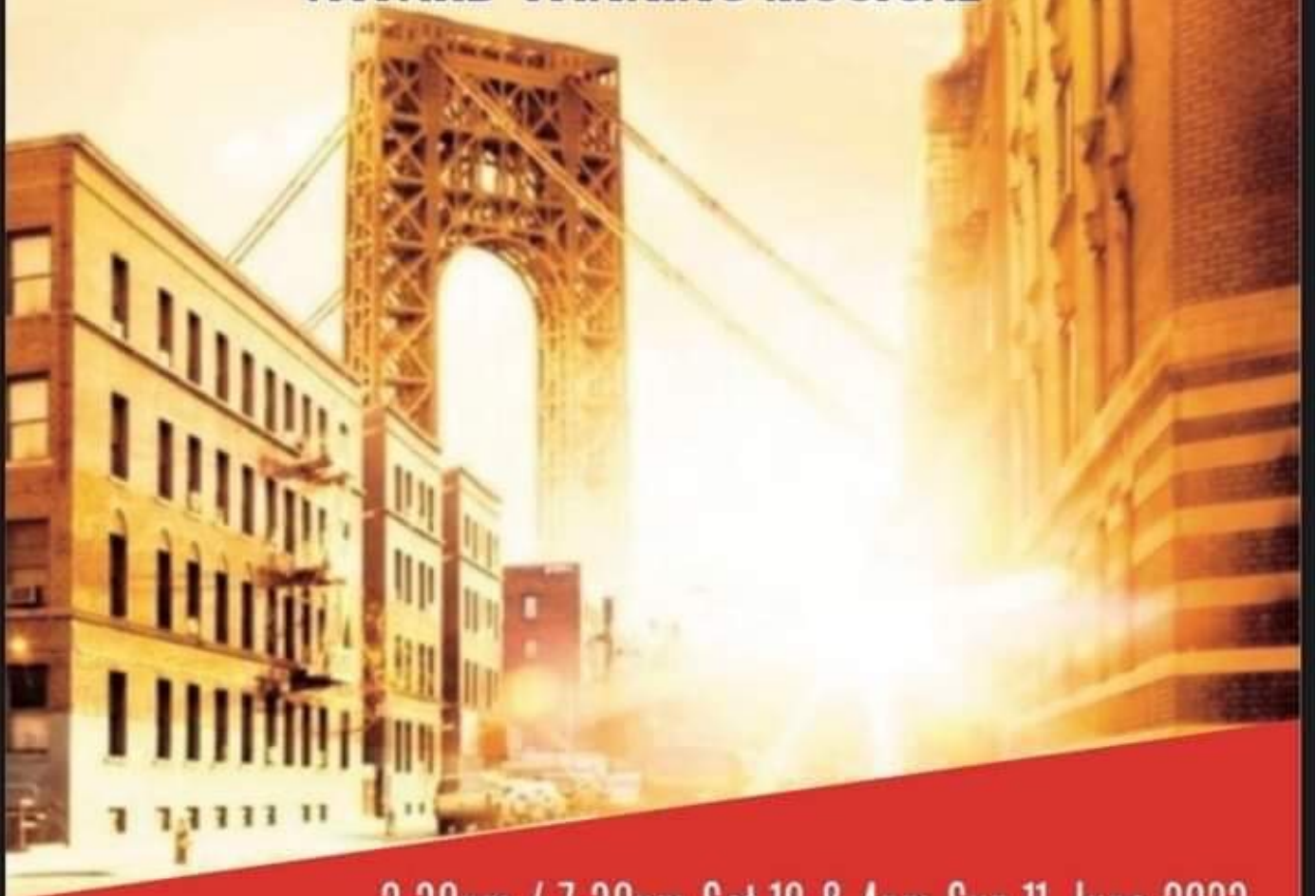
C Charlery, E Middleton, E Sutcliffe, E Brannen (Y8) - 20 rows; canteen snack
 D Zangina (Y9) - 25 rows; lapel badge
 C Nwaomu (Y9) - 30 rows; free lunch
 E Rixom (Y10) - 20 rows; canteen snack
 C Fewtrell, P Finan, G Worrall (Y10) - 25 rows; lapel badge

All worthy winners!

This amateur production of IN THE HEIGHTS is presented by arrangement with Concord Theatres Ltd

IN THE HEIGHTS

SHROPSHIRE'S PREMIERE OF THE TONY
AWARD WINNING MUSICAL



2.30pm / 7.30pm Sat 10 & 4pm Sun 11 June 2023



MUSICAL
THEATRE
PRODUCTION
COMPANY



SHREWSBURY
theatresevern

BOX OFFICE 01743 281281

A number of NGHS students are performing in this production in June. They would welcome your support!

NGHS PASTORAL WHO'S WHO 2022-23

At NGHS, the safety of students, staff and visitors is our top priority.

Students can speak to ANY member of staff about any concerns, but there are certain colleagues with additional training to support you in pastoral and safeguarding matters.



Miss S Webster
Deputy Head
&
Acting Designated
Safeguarding Lead



Mr M J Scott
Headteacher



Mrs H Goodall
Head of Year 7



Miss J Walker
Head of Year 8



Mrs K Danby
Wellbeing Officer
& CSE Lead



Mrs F Davenport
Pastoral Support



Ms J Capaldi
Head of Year 9



Mrs A Chapman
Head of Year 10

Safeguarding

Years 7-10

Years 11-13



Mrs K Griffin
Head of Sixth Form



Mrs D Martin
Head of Year 11



Miss E Heyes
Acting Well-Being
Officer Year 12-13