



NEWPORT NEWS

A weekly update from NGHS

Volume 6 - Issue 15 - Friday 13 January 2023



Mr Tolley's assembly this week focused on the traditional January approach of 'new year's resolutions' but with a few quirky twists which were both entertaining and inciteful.

Students appreciated some of his suggestions although the 24 hour a week phone detox may prove too tricky for some! Thank you, Mr Tolley.

Last night we welcomed our Year 11 parents, carers and students to their annual Parents Evening. It was great to hear positive and constructive conversations and lots of talk about A-level options at NGHS. I was delighted to receive a couple of emails of thanks this morning, which I have shared with staff. This year group are working hard and are already closing 'gaps' they uncovered in their mocks before Christmas. That's great to see and it's full steam ahead through this relatively short term before formal revision lessons begin after Easter. Likewise, our other exam year group (Year 13) are preparing for mocks with determination and vigour and they have made great progress with their Extended Project Qualification.

On Wednesday, Mrs Chapman, Mrs Jones and I took our GCSE music Year 11 group to London to see the musical 'Wicked'. It was a very enjoyable but long day with travel via minibus and tube into the capital. Please see the photographs below. The production was excellent and the Q+A session afterwards was beneficial to those who are considering a future in the performing arts industry.

Talking of the Performing Arts industry, our school production of **Sister Act** is coming up in March. Tickets are now on sale and a letter from Mrs Saysell is on page 3 detailing how you can buy tickets via ScoPay or cash to Reception. Our cast are working hard and it's a show we are all looking forward to presenting. There's a lot of dance routines to learn! We hope you will support NGHS by attending. It's so nice to see students engaging so keenly with extra-curricular activities. We are also working on another production. This is a play entitled **Alibi**, which will be performed in the new Drama Studio later this month... another exciting first for NGHS. A letter about this production will follow next week.

I close with a reminder that, as ever, if you wish to contact the school to discuss anything about your child, please call or email schooloffice@nghs.org.uk and we will aim to respond within 24-48 hours if routine and sooner if urgent. We do not give out individual staff email addresses. As an example, today we have two colleagues who are ill and absent from school. If parents were to contact them (as tutors) directly, their emails would go unanswered for a few days until these colleagues returned. Finally, we always strive to respond to emails in a constructive and polite tone and I would please ask that this is reciprocated when approaching the school via email, phone or in person. Thank you for your support.

With best wishes for the weekend **Mr M J Scott**



What a WICKED show!



Year 11 enjoyed a walking/tube tour of the sights of London before watching WICKED. They are pictured above at Buckingham Palace. Sadly HM The King was not taking callers!

Thank you from Newport Foodbank!



Head Girl Team Highlights...



On Wednesday, Miss Webster and two of our sixth formers welcomed Kim from Newport Foodbank to our school to receive a cheque for £700. The Foodbank are very grateful and will put this money to good use in supporting local families in need of support. The money was raised from our Winter/Festive Jumper Day in December. Thank you to all our students and staff who donated.

Hi everyone! I hope the return to school has been smooth and that everyone is re-energised after the Christmas holidays. After the first full week, it feels like we're back into the swing of things. The first assessment week for Y12 is fast approaching and Y13 is heading into their A-Level mock exams, which is a current cause of nerves, but taking the time out of revision for yourself is more important than ever. It is cold outside, but fresh air is always good for you, so take a break and a walk outside to relax over the weekend.

This week has also seen the return of the half-termly Student Voice meetings, where it is amazing to see student participation across all years. All students are enthusiastic and make use of their platform to bring forward ideas to make the school better for everyone. The health and well-being meeting raised the upcoming Children's Mental Health week which will take place later this half term, where lunchtime activities will be running throughout the week and we hope to see as many of you there as possible.

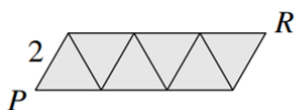
We hope you have a restful weekend and come back ready and recharged for next week.

Anvita & The HGT

Weekly Maths Challenge

Triangles

The diagram shows six congruent equilateral triangles, of side-length 2, placed together to form a parallelogram. What is the length of PR?

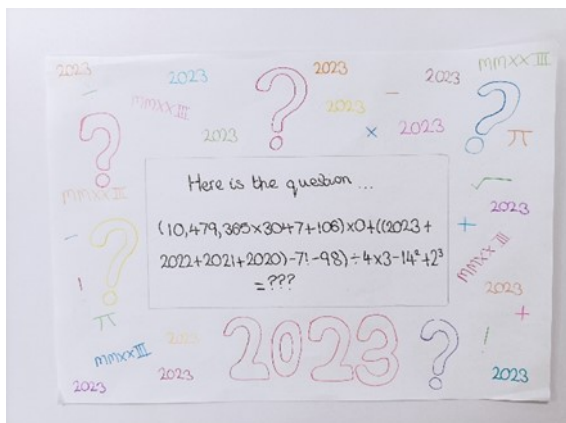


Bonus: If each side is x cm, what is the length of PR?

The UKMT challenge is coming up in February. Here is a past paper question to give you a taster.

Answers to Mrs Roberts by 9am Thursday!

Well done to Abigail M (A2) for the best solution last week. Also thank you to L Smith (Y11), L Cooper (Y11), I Hogan (Y11), P Kerr (Y12), S Karthik (R1) and M Younis (A2) for their entries.



Dear Parent/Guardian,

NGHS School Production of 'Sister Act'

I would like to invite you to purchase tickets for our School Production 2023. This year, Newport Girls' High School staff and students are proud to present the musical *Sister Act* which will be performed for three nights from **Monday 6 to Wednesday 8 March 2023**. Each performance will begin at 7pm in the School Hall. Cast members have been informed which night(s) they are performing.

Tickets are priced at £10.00 (adults) and £8.00 (concessions) and will be available to order via Reception with cash or you can order tickets via ScoPay online. In both cases, orders will be processed and tickets handed to your child. **Please state which performance you would like tickets for and any seating access requirements when you make your purchase.**

Please note that seating is allocated in the hall on a first-come, first-served basis. There will be the opportunity to purchase drinks/snacks from 6.30pm before the show. Doors open at 6.30pm.

We would also like to offer the opportunity for any local business/organisations to **sponsor** the production. This production costs around £5,000 to stage and any donations are welcome. These can include a one-off cash donation (with possible sponsorship logos in the programme) or a raffle prize such as a voucher or experience. If you are able to assist or wish to find out more, please get in touch with me via schooloffice@nghs.org.uk.

Finally, just a reminder that cast members will be in school on Sunday 5 March for a day of dress rehearsals and I will share more information regarding this with students in due course. It is very important that they have clear diaries for this date as we require full commitment and attendance.

I look forward to welcoming you to NGHS's 2023 production. Even if you don't have friends/family members performing, we hope that you will come along and support our students as they raise the roof and show how much fun they have had in rehearsals so far!

Yours faithfully,

N Saysell

Mrs N Saysell

Second in English & Arts Faculty (Drama Lead)

**SISTER
ACT
JR.**

PHOTO BY JOAN MARCUS



'Jumping' for Joy in the Maths Challenge

The Andrew Jobbings Senior Kangaroo is a follow-on round to the Senior Mathematical Challenge. Achieving a high score requires engagement with the problems, without the benefit of five options to choose from.

Well done to all the students who took on the tough challenge:

- Darlene M
- Emily W
- Emily S
- Tilly W
- Katie W

Congratulations to Katie W who achieved a Merit Award. Considering the difficulty of the questions and the high calibre of the entrants across the UK, this is an outstanding achievement. **Mrs L Roberts**



BRITISH CYCLING

Take up a new hobby?

We have been made aware of a survey aimed at students to encourage more young people to get involved in the sport. At British Cycling, they're always working to improve the quality, relevance and reach of our work to get more young people cycling.

As part of a new research project with Manchester Metropolitan University, we're on the lookout for children and young people aged 9-18 – regardless of their experience – to take a short survey to help us to better understand their motivations, barriers, and engagement with cycling activities.

The survey is now open and can be accessed [via this link](#).

Those completing the survey will have an opportunity to be entered into a prize draw for the chance to win a £100 Amazon gift voucher.

By taking part, students will be playing their part in getting more young people into cycling both now and in the future.

You can also find out about local cycling clubs online including our local club: <http://www.newportshropshirecc.org.uk/>

There's lots of information about British Cycling on their website:

[Home - British Cycling](#)



We are pleased to promote some virtual (Teams) workshops for parents which are being organised by Shropshire Beam. There are four workshops lasting until the end of February at different times of the day. Participation is welcome. There is a link to each one below too in case you wish to sign up. We know some parents appreciate these sessions to best understand how to support their child, so please feel free to make use of them at your leisure.

Supporting Young People with Anxiety

The aims and objectives of this session are to look at psycho-education within the topic followed by practical suggestions of methods and techniques to help support the youth experience and their issues with anxiety.

Monday 23 January at 5pm

[Click here to join the meeting](#)

Wednesday 22 February at 9am

[Click here to join the meeting](#)

Wellbeing Planning

This is a workshop which explains and provides a tool for children and young people to support their general emotional health and wellbeing. It recognises triggers and promotes self-awareness, which can also be used as a relapse tool to support resilience.

Wednesday 8 February at 2pm

[Click here to join the meeting](#)

Sleep Support

This session aims to look at psycho-education within the topic followed by practical suggestions and advice which includes methods and techniques to help support the children and young people having difficulties with getting to sleep and staying asleep.

Wednesday 18 January at 9am

[Click here to join the meeting](#)

Wednesday 15 February at 11am

[Click here to join the meeting](#)

Understanding & responding to Self-Harm

The aims and objectives of this session are to look at psycho-education within the topic followed by practical suggestions of methods and techniques to help support the youth experience issues with self-harm.

Wednesday 1 February at 1pm

[Click here to join the meeting](#)

**STUDENT
CLUBS
ACTIVITIES** AND

Our updated club and activity list is now on our website. Please [visit this link](#) to discover more.

NGHS PASTORAL WHO'S WHO 2022-23

At NGHS, the safety of students, staff and visitors is our top priority.

Students can speak to ANY member of staff about any concerns, but there are certain colleagues with additional training to support you in pastoral and safeguarding matters.



Mrs H Birch
Assistant Head
Designated Lead



Mr M J Scott
Headteacher



Mrs H Goodall
Head of Year 7



Mrs F Davenport
Pastoral Support



Mrs A Seys
Head of Year 8



Miss S Webster
Deputy Head



Ms J Capaldi
Head of Year 9



Mrs K Danby
Wellbeing Officer



Mrs A Chapman
Head of Year 10

Safeguarding

Years 7-10

Years 11-13



Mrs K Griffin
Head of Sixth Form



Mrs D Martin
Head of Y11