



NEWPORT NEWS

A weekly update from NGHS

Volume 4 - Issue 9 - Friday 13 November 2020



Click here to visit our Open Evening & 360° Tour



I am delighted to welcome you to this week's Newport News and to have the opportunity to share with you a summary of another shorter, but still busy and productive week.

My main role in school is to lead the sixth form and I am delighted to share with you our latest innovations. It is that time of year when Year 11 students start thinking about their future direction but unfortunately our open evening has become another victim of the current climate. Therefore I am proud to announce that our open evening provision has moved online and is available for your perusal today. Please see the link at the top of the page. I would like to encourage all students and parents, especially those in Year 11 to take a close look at the information via our website where you will see all that we have to offer our students in the sixth form, including our new 360 degree virtual tour of the school, promotional film, results summary and so much more. Thank you to all of the staff, students (past and present) and parents who were willing to be filmed, especially as some of us were definitely more at home in front of the green screen than others! We will be raising greater awareness of our sixth form with our own Year 11s after mocks (we know they are really focused on these at present) where they will enjoy individual subject presentations and a Sixth Form subject taster day.

This week we have celebrated student achievements in our rewards assemblies for years 7, 8 and 12. The students enjoyed having their hard work and contributions to school life celebrated with certificates, chocolates and the awarding of the very competitive tutor group cups. There is also an added bonus in the sixth form where students are awarded a raffle ticket for every ten house points they achieve. The raffle was drawn on Tuesday and the winner was Sophie in Year 12 who

was very happy with her prize of a voucher for Costa. I am sure that the future rewards assemblies for years 9, 10, 11 and 12 over the next couple of weeks will be equally competitive and pleasurable.

Along with the rest of the nation, all of our staff and students marked their respect for Remembrance Day by honouring the two minute silence. Poppies were sold in school in order to raise money for the British Legion and a short reading was shared with all of the girls to help them place this important event in context.







Unfortunately this week we have had to send a couple of groups of students home owing to a positive Covid case in Year 13 and also in Year 11. May we remind students of the need to wash hands regularly and wear face coverings in all communal areas. Our students are doing their best to work within the stringent hygiene guidelines we have set and we thank them all for their efforts in doing this.

With best wishes for the weekend,

Mrs K Griffin

Head of Sixth Form & Associate Senior Leader

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-  Open Evening Launch
-  Rewards Assemblies
-  Christmas Smile campaign update
-  Odd Sock Day—Young Enterprise fundraiser
-  Crazy French role-plays!



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Headteacher: Mr M J Scott BA(Hons) Exon PGCertEd NPQH FRSA

To contact the School about a general enquiry, please use schooloffice@nghs.org.uk



As Mrs Griffin has mentioned, we are delighted to launch our Virtual Sixth Form Open Evening this week. I will talk to our own Year 11s in a couple of weeks time (after mocks) about our sixth form offer, but must also mention that we do not expect sixth formers to **apply** to our sixth form as students from other schools will do. Whilst we do have published entry criteria for Year 12, we also consider the work of our own Year 11s over the last three years of GCSEs, particularly if they are fully committed to our sixth form, and, following mocks last year, we were in a position to offer unconditional offers to all students. We hope to be in a similar position this year. Students in Year 11 will be invited to complete an options form in January, rather than needing to complete a formal application online.

The [open evening website](#) has a wide range of information about the subjects we offer, life in the sixth form, results and opportunities for external students to sign up for webinars. Again, our Year 11s don't need to do this as we will provide them with lots of information in lesson time in the next few weeks, but they are welcome to tell their friends from other schools about the site! We look forward to our Year 11s completing their options forms and moving into Year 12 in September.

Mr Scott, Headteacher

Jump for joy in two years time?!

Let NGHS show you how...come and join our outstanding sixth form

- Full range of 20+ academic subjects & free subject choice (no blocks)
- Award-winning mental health provision and pastoral support
- Excellent facilities and a wonderful sixth form centre
- Full online taught provision for those who are isolating
- Dedicated tutor team and excellent UCAS/Apprenticeship support
- 82% A*-B in 2020 with excellent progress scores from GCSE



View our virtual tour and apply online at www.nghs.org.uk



FLUFFY SOCK DAY

50P DONATION



YOUNG ENTERPRISE 2020

10% will go to a chosen women's charity

Helping to support our small business

Fun for everyone!

FRIDAY 20TH NOVEMBER

Christmas smile

Thank you!

A really big thank you to all those who have already brought in a gift for the Christmas Smile campaign. This is much appreciated.

There is still plenty of time to do this as the deadline is not until 27 November.

Every gift donated will go to families in our region who make use of the Telford Foodbank Service and are referred as they require additional support at Christmas time.

We really appreciate your support at this time.

Congratulations!

This week we have started celebrating students' successes from the first half term through our year group rewards assemblies. On Monday Miss Davies led the Y7 rewards assembly, on Tuesday Mrs Griffin led the Y12 rewards assembly and on Thursday Mrs Chapman led the Y8 rewards assembly.

As usual this was a lovely, well received event which allowed our Heads of Year to celebrate with students and form tutors.

The first award that was presented was the inter form house point cup. There is always healthy competition between the different tutor groups with regards to housepoint totals that are acquired over the half term. Congratulations to our winners of these cups, please see table to the right for the winning housepoint totals.

Form	HP Total	Rank
7 Roddam	505	1 st
12 G	196	1 st
8 Seacole	334	1 st

Year	Gold	Silver	Bronze
7	O. Adetoro (24)	L. Clayton (23) F. Edwards (23)	Y. Gopinathsethu (22)
12	G. Farge (22)	J. Upton (21)	C. Baugh (20)
8	P. Finan (20)	A. Agarwal (19)	I. Chadwick (18) S. Jackson (18)

We also celebrated individual achievements for those who had achieved the most house points during the previous half term and these results can be seen in the table on the left.

Congratulations to our winners who all have amassed similar numbers of house points so far.

The final award that was presented was our lucky dip. For every 10 housepoints that students have received one ticket gets added to the lucky dip box. Winners of these prizes this time were:

Year 7 - D. Sharma, K. Tunnicliffe, H. Turner **Year 12** - S. Lloyd **Year 8** - K. Macmullen, I. Chadwick and R. Tagg

Next week we will be doing Y9 and Y10 rewards assemblies. Well done to all of our winners.

We will be holding our next round of rewards assemblies in January.

Miss H Clarke, Acting Deputy Head

Year 8 (Seacole) pulled out all the stops this week with a frenzied role play lesson in French incorporating the most whacky set of costumes yet seen in Newport News. Transactional vocabulary is so important when learning a language and Mrs Fujii can always be relied upon to bring the girls' learning to life through drama! BRAVO!





ONLINE SHOPPING THIS MONTH?

Please consider supporting NGHS through your online shopping. It's quick and easy and your daughter will benefit!

As Christmas approaches and we find ourselves in Lockdown 2.0, more and more of us are doing our shopping on-line. But did you know that whenever you shop on-line, you can also raise funds for the PTA at no extra cost to yourself? We have been using the Easyfundraising platform for a few years now raising more than £4,220, and last year we also started to use Amazon Smile. Both are really easy to use, every penny raised supports the school, and all you have to do is use them when you're ordering the things you'll be buying anyway!

Easyfundraising: over 4,300 shops and sites donate to Newport Girls' High School PTA for FREE when you use easyfundraising to shop with them. Sign up today using our direct [link](#).

Amazon Smile: shop with Amazon Smile using this [link](#) and every eligible purchase will automatically generate a donate for the PTA. Smile is now also available in the Amazon Shopping App.



This week we focus on....
Eating Well

Eating well is fundamental to good health and well-being. Healthy eating helps us sleep better, have more energy and better concentration. When young people eat and drink well they get all the essential nutrients they need for proper growth and development, to develop a good relationship with food, to play an active part in school life, to achieve their potential and to perform to the best of their ability. Yet, one in four secondary school children still start the day without breakfast, and over two thirds (65 percent) of children aged from 5 to 16 years are not drinking enough, according to research conducted by the British Nutrition Foundation.

Unhealthy eating habits like this may cause young people to become hungry or poorly nourished and therefore:

- ⇒ irritable, moody or aggressive
- ⇒ unable to concentrate and focus on tasks
- ⇒ have less energy for daily activities
- ⇒ disinterested in learning situations and do less well at school
- ⇒ at higher risk of developing conditions such as dental health problems, heart disease, type 2 diabetes, high blood pressure, some types of cancer, depression, becoming overweight and obese.

Moreover, the following signs can be an indicator of unhealthy eating habits:

- ⇒ Chronic dieting despite being underweight
- ⇒ Constant weight fluctuations
- ⇒ Obsession with calories and fat contents of food
- ⇒ Engaging in ritualistic eating patterns, such as cutting food into tiny pieces, eating alone, and/or hiding food
- ⇒ Continued fixation with food, recipes, or cooking; the individual may cook intricate meals for others but refrain from partaking
- ⇒ Depression or lethargic stage
- ⇒ Avoidance of social functions, family, and friends. May become isolated and withdrawn
- ⇒ Switching between periods of overeating and fasting.



There is also a help guide on our website for parents.
[Click here to download this.](#)



NGHS PASTORAL TEAM - WHO'S WHO?

At NGHS, the safety of students, staff and visitors is our top priority.

Students can speak to ANY member of staff about their concerns, but there are certain colleagues with additional training to support you in pastoral and safeguarding matters.

SAFEGUARDING TEAM



Miss H Clarke
Assistant Head & Designated
Safeguarding Lead



Mr M J Scott
Headteacher
& Deputy DSL



Mrs F Davenport
Pastoral & Safeguarding
Administrator & DDSL



Mrs K Danby
Y7-10 Wellbeing
Officer & DDSL

PASTORAL LEADERS



Mrs K Griffin
Head of Sixth Form



Mrs D Martin
Y11-13
Wellbeing Officer



Miss S Tomkinson
Head of Year 11



Mrs H Goodall
Head of Year 10



Mrs A Seys
Head of Year 9



Ms J Capaldi
Head of Years 7&8

Please use schooloffice@nghs.org.uk to contact any member of staff



HANDS



FACE



SPACE

FORTHCOMING DATES FOR PARENTS

Wednesday 2 December (4.15pm-7pm)

Year 12 Parents Evening

Tuesday 8 December (4pm)

SEND Parents Forum

Friday 18 December (12.30pm)

END OF TERM

WE ARE NOT ALL IN
THE SAME BOAT
BUT WE ARE ALL IN THE SAME STORM



SUPPORT EACHOTHER
#DONTJUDGE #BEKIND

To urgently contact a member of the senior leadership team
outside school hours, please use urgent@nghs.org.uk
Please include your phone number and name of your daughter