

NEWPORT NEWS



The fortnightly newsletter from Newport Girls' High School

Volume 9—Edition 12 9th March 2026

NGHS STUDENTS AT NATIONAL CROSS COUNTRY CHAMPIONSHIPS!



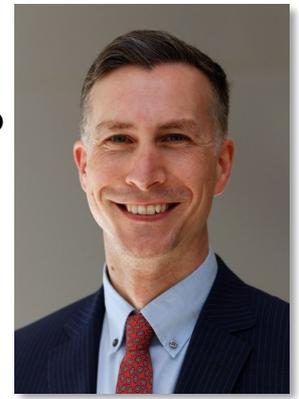
Inside
THIS
Edition

World Book Day, Royal Ballet Trip, Sports News,
House Quiz, Young Enterprise *and lots more...*

HEAD'S LINES

As we move through the spring term, there is already a strong sense of looking ahead to the year to

come. While much of our focus remains firmly on supporting students in the months ahead, this is also a time when we begin to shape what the next academic year at Newport Girls' High School will look like, and I am pleased to share a few important updates with you.



Firstly, I am delighted to confirm the appointment of Mr Daniel Postle as our new Deputy Headteacher from September. Mr Postle is currently Assistant Headteacher at Wolverhampton Girls' High School and brings with him a wealth of experience, particularly in areas that align closely with our priorities as a school. We are especially pleased to be welcoming Mr Postle back to NGHS, and I know many in our community will be familiar with his commitment to girls' education and to high expectations delivered with care and clarity. He will join the senior leadership team at an important point in the school's development, and I am very much looking forward to working with him. To find out more about Mr Postle, please have a read of our Q&A with him in this edition of Newport News.

Last week also marked National Offer Day, and with it the first formal welcome to the families who will be joining us in September. To our new Year 7 students and their families, we extend a very warm welcome to the NGHS family. We know that choosing a secondary school is a significant decision, and we are grateful for the trust you have placed in us. Over the coming weeks and months, we will be in touch with further information to support a smooth and confident transition into life at Newport Girls' High School. We very much look forward to getting to know you.

With just one week to go until our evening performances of Frozen Jr, preparations are well and truly underway. The cast and crew have been working with tremendous focus and enthusiasm, and I would like to thank Mrs Saysell and Mrs Chapman in particular for the time, energy and care they have invested in bringing this production together. Alongside the evening shows, we are also pleased to be welcoming pupils from a number of local primary schools to attend matinee performances. I had the pleasure of visiting many of these schools earlier this year following our production of Six, and it was wonderful to hear just how much the children who attended enjoyed the experience. We are delighted to be able to offer the same opportunity again and to share the creativity and talent of our students with our wider community.

This week's Newport News captures so many moments to be proud of, celebrating outstanding student achievements both in school and beyond. I hope you enjoy reading about their successes and the enthusiasm, talent and commitment that sit behind them.

Best wishes,
Mr Jones
Headteacher

A MESSAGE FROM THE HEAD GIRL

As we near Easter, it's once again time to begin selecting a brand-new Head Girl Team. It feels almost unbelievable to say that, because the past twelve months have been absolutely fantastic. Serving in this role has been one of the most rewarding experiences of my school life, but now it's time to pass the responsibility on to the next group of leaders who will continue shaping our school community.

The first round of interviews is already underway, and we've been amazed by the enthusiasm shown this year. We received an incredible fifty-one applications for a variety of positions across the team. It has been inspiring to see so many students eager to contribute, support others, and take on new challenges.

The successful candidates will be announced on the last day of term, and although we don't yet know who they are, I'm confident they will be absolutely fantastic. The Head Girl role is just one part of the wider team, and this year, as always, there will be several Deputy roles covering different areas of school life—from student voice to community engagement, wellbeing, events, and more.



I wish every applicant the very best of luck. Our school's future student leadership is in safe hands.

Shaan K, Head Girl

Sunday 15th March Frozen Jr Production. Full Dress Rehearsal

WIC Monday 16th March Year 11 Full Report Home

Monday 16th - Thursday 19th March School Production, Frozen Jr

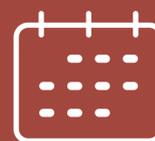
Saturday 21st March Model UN Conference at Shrewsbury School

Tuesday 24th March Open Morning/Evening

Thursday 26th March House Art and Photography Deadline

Friday 27th March End of Term 12.30pm

Friday 7th March Ski Trip to Austra departs. Return Saturday 4th April



**DATES FOR
YOUR DIARY**

**BOOK NOW FOR OUR OPEN
MORNING/EVENING ON 24TH MARCH**

**book your place:
nghs.org.uk/admissions**



Newport Girls'
High School
Academy Trust



MEET OUR NEW DEPUTY HEADTEACHER

New Deputy Headteacher from September 2026

Mr Daniel Postle



We are delighted to welcome Mr Postle, who will be rejoining NGHS as Deputy Headteacher from September. Mr Postle is currently Assistant Headteacher at Wolverhampton Girls' High School, where during his time in role he has had responsibility for a portfolio including Inclusion, SEND, Outreach and Staff Development. He brings with him a wealth of experience and a strong commitment to all-girls, selective education. Mr Postle will be visiting the school during the Summer Term to support his transition into the role.

Meanwhile, we posed a few questions to help our school community get to know him a little better.

Q:What made you apply for the Deputy Headteacher position at NGHS?

Mr Postle: NGHS has an outstanding reputation both locally and nationally and the ethos of the school, being kind, working hard and having fun, very much aligns with my own values. I have spent most of my career working in West Midlands grammar schools in a range of roles including SENDCo, Head of English and Arts and currently as an Assistant Headteacher. It was a privilege to spend eight years of my career at NGHS and it has been wonderful to see how the school has developed in recent years. What has always stood out to me is the strong sense of community and the pride that students and staff take in being part of the school.

Q:What do you enjoy most about working in education?

Mr Postle: What I enjoy most is seeing young people grow in confidence and begin to realise what they are capable of achieving. Schools are places where curiosity is encouraged and where students develop their interests, ambitions and sense of purpose. As an English teacher, I particularly enjoy how literature can open up new ways of thinking about the world. There are some texts that I have been teaching for 17 years, but I still hear new and fresh ideas from students every time I re-teach them. Above all, it is the sense of community that makes education so rewarding. Watching students support one another, take on leadership roles and discover their strengths is a real privilege.

Q:Was there a teacher who inspired you when you were at school?

Mr Postle: My Year 6 teacher had a huge influence on me and was one of the people who first got me interested in creative writing. Before that point, I had often felt that English was not really a subject for me, partly because I had found some of the physical aspects of writing quite challenging when I was younger. That

MEET OUR NEW DEPUTY HEADTEACHER

changed very quickly in Year 6. My teacher's enthusiasm and creative approach opened up a whole new world of books and ideas. It gave me the confidence to see English in a completely different way and that experience certainly played a part in my decision to become an English teacher.

Q: What makes a 'good day' at school?

Mr Postle: A good day at school is one where there is a real sense of energy and curiosity across the community. That might be a lesson where students are fully absorbed in what they are learning, a conversation with a student who has discovered a new interest, or seeing students encouraging and supporting one another beyond the classroom.

Q: What are you hoping to achieve in your first year back at NGHS?

Mr Postle: My first priority will be to listen and learn by spending time getting to know students, staff and parents. NGHS is already an exceptionally strong school and my focus will be on supporting the continued development of the excellent work that is already taking place. I am particularly keen to ensure that every student feels recognised, supported and inspired to achieve their full potential while continuing to strengthen the culture of high expectations, kindness and belonging that defines the school.

Q: How are you spending the Easter break?

Mr Postle: I have some day trips planned to London and Hay-on-Wye and I am hopeful for some spring sunshine. I am also looking forward to catching up with family and friends, as there are a few family birthdays to celebrate during the Easter break, including a first birthday party.

Q: And finally... what's your favourite NGHS school event?

Mr Postle: It will come as no surprise to staff and students that my favourite event is House Drama. I have always been impressed not just by the final performances, but by the teamwork, creativity and organisation that happens behind the scenes. I came to watch the school's production of Six last year and it was fantastic to see students I remember taking part in House Drama in Year 7 performing on stage in such a complex and ambitious production. I am looking forward to seeing this year's production of Frozen too.



NGHS AT THE ROYAL BALLET!



On Tuesday 24th February, the GCSE music students had a fabulous opportunity to go and watch the Royal Ballet performance of Giselle at the Royal Opera House in London.



We set off at 7AM very excited for what was to come and, despite the long journey to London and a small stop at the services, we made it to the Royal Opera house on time and ready to eat our lunch. Once arrived, we headed straight to the Royal Opera House and were shown into the beautiful theatre. The ballet of Giselle was amazing and the skill of performers and the way the storyline was presented without any words, just dance and actions and passion was incredible.



Personally, our favourite scene was where Myrtha danced with Giselle and her true love, Albrecht, in the gloomy forest because of the perfect timing, jumps and overall stunning talent – it was truly inspirational. After the beautiful performance, we enjoyed some delicious food and variety of shops in Covent Garden with our friends before making our way back to the bus and on our way home after our long yet enjoyable day. We found the day really fun and enjoyable, just like all other music trips, and can't wait for another trip to the ballet next year. We would like to thank Mrs Capaldi, Mrs Jones and especially Mrs Chapman for giving up their time to take us on this amazing trip. **Clara J and Eva A (Year 10)**

Giselle



STUDENTS COMPETE THE AT NATIONAL CROSS COUNTRY CHAMPIONSHIPS!



On 21st February, two students from NGHS travelled to the National Cross Country Championships at Hardwick Park in Sedgefield, County Durham. Annie W (Y10) had an amazing race and finished in the top 10% of runners in her age group, placing 26th overall! Also running at the same event was Year 9 student, Ivy B. Competing in a category where the vast majority of runners were a year older, Ivy finished in the top half of runners in a very creditable 114th place. Considering she has another year in this particular age category we are sure she will achieve an even higher placing next year!

Both of these performances are outstanding and we are extremely proud of their efforts. To be performing at any sport at a national level takes serious talent, dedication and effort and both girls have shown that in abundance. Below, Annie W gives her thoughts on the days events:

“I ran at the National Cross Country Championships in Durham and was really happy to come in 26th place in my age group! It was a really hilly course and my team, Telford Athletics Club, came 15th overall. I’m looking forward to running this weekend at Inter Counties and hoping for another high finish.” **Annie W, Year 10**

Mrs Birch, lead teacher for cross country at school commented: “We would like to share our congratulations on these amazing achievement and wish Annie and Ivy all the best in their future races. We are very proud of their success!”

U15's COUNTY NETBALL FINALS

On Tuesday 24th February our school team took part in the county netball tournament at Wrekin College. Based on previous success at the tournament we were placed in the highest group and it was a real challenge against some very strong schools. Each match pushed us to work harder and communicate better as a team.

Although we didn't win, we supported each other, improved with every game, and left feeling proud of how well we had played together, and the tournament was a great experience. **Erika C, Y10 Captain**



SPORTS NEWS FROM NGHS

RUGBY UPDATE

On Tuesday 3rd March, Y7 student, Nel W, took part in a young leaders event at Newport (Salop) Rugby Club and the following report has been submitted by her family about the events of the day:



“Nel has played for Newport Rugby club since she was seven and is currently part of the girls U12 team. Today she got invited to take part in an event at the club acting as a young leader, helping to train children from schools around Telford and Wrekin as part of the England women’s Community Rugby Trophy Tour.

As part of this event, she got to see the trophy that the England women’s team won in the rugby World Cup final, an event that Nel attended in person (even though she’s a Wales fan)! It was a fantastic day that she thoroughly enjoyed.” Mrs R Williams

NEWPORT (SALOP) RUFC
TRY GIRLS RUGBY
CHALLENGE YOURSELF
TAKE ON RUGBY
U12 - YEAR 7
U14 - YEARS 8 & 9
U16 - YEARS 10 & 11
Allianz @
INNER WARRIOR
The Old Showground
Forton Road
Newport, TF10 8BU
Training every Friday - 7-8.30PM
All abilities welcome
Contact Matt Bowyer 07860 171071

FROZEN JR NEWS

Not long to go now until the opening night of this years school production - Frozen Jr!

Tickets have been on sale for a few weeks and have been selling extremely well - there are limited numbers left for each of the four nights (Monday 16th March to Thursday 19th March). Purchases are available exclusively via the edu-link letter sent to all parents of NGHS students so please use that link to buy your tickets.

Dress Rehearsals will be getting underway very soon and the whole cast and staff are very excited to see the final production come together!

LET IT GO
Newport Girls' High School presents
DISNEY FROZEN JR.
MONDAY 16TH - THURSDAY 19TH MARCH
2026
Tickets are £10 and available to purchase via TryBooking



ARMY CADET PROMOTION FOR YEAR 12 STUDENT

Year 12 Student, Darcey G, was recently thrilled to receive a promotion to Regimental Sergeant Major for the Army Cadet Force in Shropshire. Everyone at school is extremely proud of her achievement and below she explains more about the role:



“Being promoted to Regimental Sergeant Major (RSM) in the Army Cadet Force is one of my proudest achievements. The RSM is the most senior cadet role in the county and works closely with adult instructors and officers to support training, maintain standards, and represent cadets at events. In this role I’ll be helping organise and support several major activities over the coming months like County Fieldcraft Training, the National Shotgun Competition, and organising a Banner Parade



for the Shropshire cadets. It’s safe to say it has been a busy few months! From being promoted to Company Sergeant Major only a few weeks ago and then to taking part in a competitive interview process and being selected for the role of RSM. I’m looking forward to taking on the responsibility of such an important role with the hope that I can provide support to the army cadets of Shropshire.” **Darcey G, Year 12**

YOUNG ENTERPRISE UPDATE

B B C RADIO
SHROPSHIRE

On Thursday 5th March, two of this year’s Young Enterprise Managing Directors were thrilled to have the opportunity to promote their Young Enterprise companies on BBC Radio Shropshire. Sarah F and Flori B (both Year 12) were interviewed by Clare Ashford for the Mid-Morning Show.



“On Thursday, March 5th at 10:30, Sarah F and I had the amazing opportunity to go live on BBC Radio Shropshire.

We were interviewed by Clare Ashford and discussed our products, the Telford Trade Fair, last year’s teams, and our inspiration. The interview can be found on BBC sounds if anyone should wish to listen to it!

The experience was slightly nerve-wracking; however, Sarah and I are extremely grateful to BBC Shropshire and Mr. Bentley for organising the interview - it truly demonstrates the amazing and varied opportunities that Young Enterprise opens to students, and it is one we shall not forget soon!” **Flori B (Year 12)**



To hear their interview please tap the red button and then forward to the 30 minute mark. The interview will be available until 4th April.

Telford Trade Fair

On Friday 6th March all three of our Young Enterprise Teams took part in the Young Enterprise Trade Fair held every year in Telford Town Centre. This is a day long event to showcase and potentially sell their products. Each of the teams had a fantastic day and you can read more about it in the following report by Team Bloomi:



The Telford Trade Fair

was a massive success for all of NGHS's Young Enterprise teams! Our teams took the town centre by storm on Friday, the 6th of March and wowed the public with our amazing products and brands.

As Managing Director of Bloomi, I am incredibly proud of the entire Bloomi team for pulling off what I can say with absolute certainty, was a fabulous day for our company and a fantastic representation of both our brand and our school community. With an early start at 8:00 and sales beginning to flow by lunchtime, it was a full day of presenting our concept and products to the general public - which was both tiring and extremely rewarding.

The day involved constant pitches, negotiations, and a fair amount of rejection therapy, which is to be expected. The entire team thoroughly enjoyed the experience, and we have come away feeling far more confident in both ourselves and our product.

Moving forwards, we are excitedly awaiting our next big opportunity to make more sales. Soon, the Bloomi website and online store will be launching, so make sure to keep up date with our socials! We are also planning on launching a second product alongside our Bloomi Lite in the coming weeks...



Thank you to everyone who made the day possible and who have supported us throughout this amazing journey thus far!

Bloomi - Light it, Love it, Live it

Report by Flori B—Managing Director, Bloomi

TEAM BLOOMI GET HANDS ON AT ENGINEERING FIRM!

On the 25th of February, the Bloomi team had the incredible opportunity to manufacture our product at PP Control & Automation — an experience we won't soon forget. The day began with an exciting tour of the production floor, where we saw some of the impressive machines built by the company. Highlights included an automatic cow milking system and even a machine capable of cooking chicken in under two minutes! Following the tour, we were guided through the step-by-step process of assembling Bloomi — our solar-panelled, detachable reading light. A huge thank you to Scott Ward and Sophie Young, who not only explained the process clearly but also worked



alongside us to manufacture the components themselves.



While the wires and batteries seemed complicated at first, watching the process in action helped everything click into place. Before long, we were confidently assembling our own units — and even managed to build one in under five minutes! After a productive morning, we enjoyed a well-earned

lunch, which had the whole team excited, re-energised and motivated. We then set ourselves the challenge of completing 25 units in preparation for our upcoming trade stall. Thanks to teamwork and determination, we achieved our goal. We would like to thank Tony Hague, CEO at PP Control and Automation and Mr Bentley for making this fantastic opportunity possible,

and to the entire team at PP Control & Automation for welcoming us and sharing their expertise. It was a truly inspiring day that has strengthened both our skills and our confidence as young entrepreneurs.



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Quynh D, Marketing Manager, Bloomi

WORLD BOOK DAY 2026 - 5TH MARCH



Thank you to all students who participated in the celebrations we had here at NGHS for World Book Day this week.

All Y7 students received a visit from Catherine Randall, a children's author.

She gave an inspiring presentation to students on creative writing, giving students great tips on how to develop settings and characters. Students especially liked hearing about her

research on the Great Fire of Newport (1665) and the fate of the bears at the Royal Surrey Zoological Gardens for her books. She also delivered workshops to Y7 and was impressed by their ideas for their own historical fiction. Students enjoyed being able to ask Catherine Randall questions and having her sign their copies of her book at lunch time too. In addition, a Year 12 A-level English group had the opportunity of a Q+A session with Catherine offering a fascinating insight into the life of a professional writer.

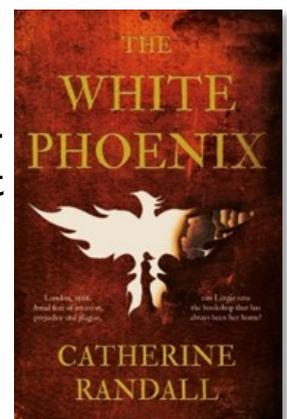


Thank you to all students who brought books in for the book swap. It was lovely to see such a 'book buzz' whilst student searched for their next read or offered each other recommendations.

Students also enjoyed trying to work out which book-shelfie belonged to which members of staff – many thanks to our Subject

Ambassadors for organising this.

Our celebration of books hasn't ended yet though; there is still our character competition which students can enter where students are challenged to write a report on a book character that has been the most memorable or influential to them. Best of luck to those who enter. All KS3 and KS4 students were given a World Book Day token to redeem. All details for how to exchange this for a free or discounted book is on the token.





Thursday 5th March saw the return of the much-anticipated School House Quiz, hosted with enthusiasm and sharp wit by Mr Poin-ton. Pupils from Austen, Seacole, and Roddam Houses gathered in the hall to take part in an energetic afternoon of competition, team-work, and quick thinking.

The quiz featured a fantastic variety of rounds, ensuring every student had a chance to shine. General Knowledge tested broad awareness, while the Sports round brought out the competitive spirit of our keen athletes. Music and Theatre added a creative twist, challenging pupils to identify famous scores, performers, and productions.

One of the highlights of the event was the Quick-Fire Round, where mixed-year teams faced a flurry of fast-paced questions. Despite strong performances across the board, Form S8 emerged as the standout group, securing the top individual form score with an impressive 57 points.



After tallying results from all rounds, the final house leaderboard was revealed to great anticipation. Seacole claimed a well-deserved 1st place, followed by Austen in 2nd, with Roddam finishing in 3rd. Year group winners were: **Year 7/8 R3, Year 9/10 R6, Year 11 R7, 6th Form Tie 6A2 and 6S3 !**



The whole event was a fun-filled, spirited event enjoyed by all—celebrating knowledge, teamwork, and friendly rivalry.

The overall single team winners were R7 and the staff could only finish in 3rd place!

QUIZ TIME





Supporting Children With World Events

Did you know?

Children often hear about world events before we realise—through social media, gaming chat, or conversations at school. Even if they don't say much, many are quietly trying to make sense of things that feel big, unfair, or frightening. What helps most is knowing the adults around them are calm, open, and steady. This is also a chance to help children grow the character strengths that matter most—like courage, compassion, and curiosity. These inner resources won't stop difficult things from happening, but they can help children feel less helpless and more hopeful.

.....> *So what can we try?*

1 *Keep the door open for conversation*



We don't have to bring up every news story—but if something's clearly on your child's mind, you can raise it gently. Being curious about what they already know helps reduce fear. And being honest—without giving too much detail—can make things feel less overwhelming. Ask, "What have you heard about it so far?" Then listen without rushing to explain. That simple curiosity shows them it's OK to have questions, and that it's safe to ask.

2 *Offer ways to process feelings*

Not every child wants to talk. Some express feelings through play, movement, art, or a bit of unexpected behaviour. That doesn't mean something is wrong—it just means they're finding their own way to manage big feelings. Offer quiet time with drawing, LEGO, walking, or even baking. Being alongside them—without needing words—often helps feelings settle or surface naturally.

3 *Focus on what they can do*

When big things happen in the world, children can feel out of control. Helping in even tiny ways can remind them that they can still make a difference. Acts of kindness and fairness build their inner sense of strength and agency. Ask, "Is there something kind we could do this week—for someone at school, in our street, or in our family?" Helping someone else—even with something small—can make a big emotional shift.

Tap to read more: savethechildren.org.uk/blogs/2022/how-to-talk-to-children-about-war



Protect, care and invest
to create a better borough



Message from Head of Year 9, Ms Houston and the Telford and Wrekin Family Hubs team:

PARENTING

All families need support from time to time to help their children and young people thrive, whether it comes from family, friends or professionals. Our ambition is for every family in our borough to receive the right help, at the right time. If you feel you may benefit from some online support and guidance then please click the link below where we are offering a number of interactive, online sessions in the coming weeks and months.

[Click here to sign up](#) 

UNIFORM REMINDER - SKIRT LENGTH

As part of our ongoing commitment to maintaining high standards and a smart, professional appearance, we would like to remind families of our expectations regarding skirt length.

School skirts should be an appropriate length and worn at or close to the knee. Skirts that are rolled up, altered, or significantly shortened do not meet our uniform policy and students will be asked to correct this.

If a skirt no longer meets the required length, families may wish to consider replacing it at the earliest opportunity.



Thank you for your continued support.

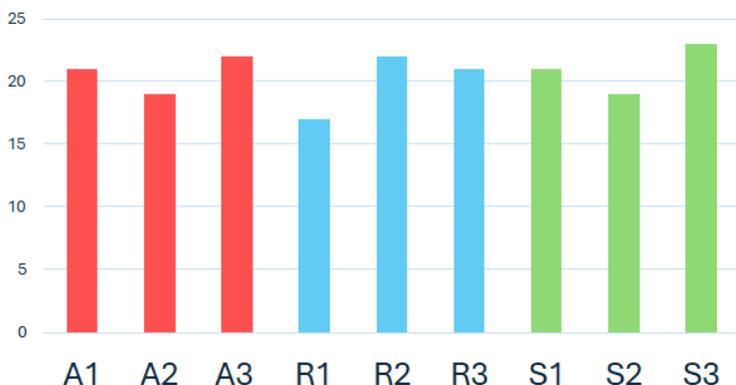
JANUARY ATTENDANCE HEROES!

Just a reminder that our school whole-school attendance target is 97%.

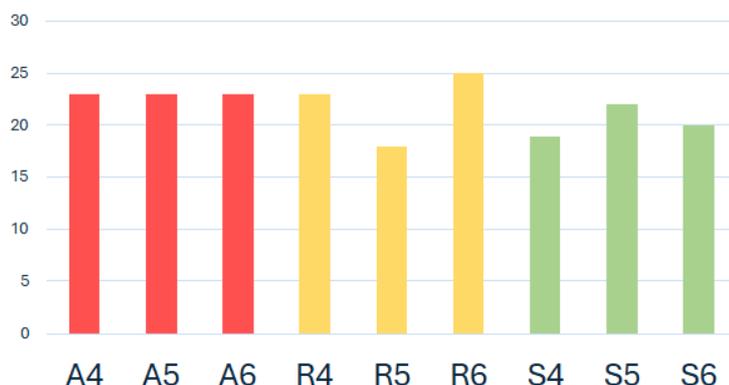
Each month we review our attendance figures as part of our Form Attendance Heroes award. We look at how many students in each form achieved 97% or above attendance for that month. The form group with the highest number of students meeting this target receives a chocolate reward.

Total numbers for January are shown below:

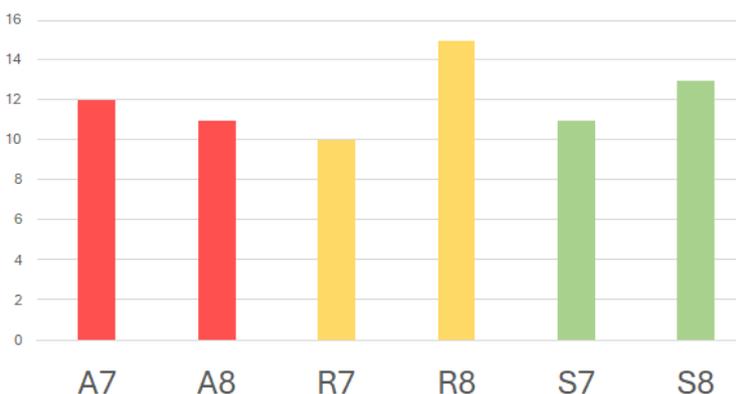
NGHS Attendance Graphs - Pupils with 97%+ in January 2026 Y7-8



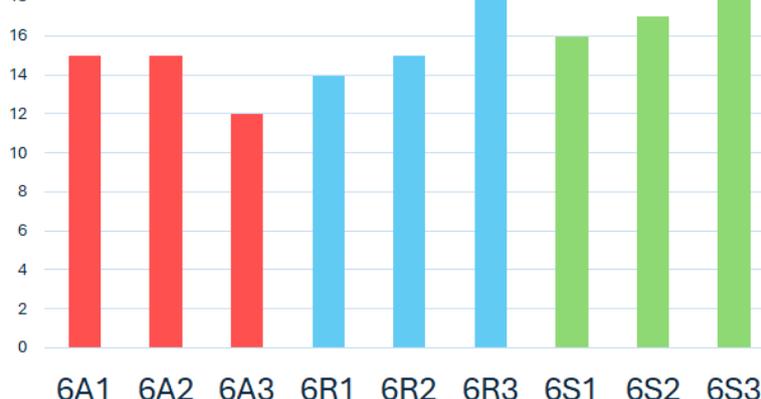
NGHS Attendance Graphs - Pupils with 97%+ in January 2026 - Yr 9 & 10



NGHS Attendance Graphs - Pupils with 97%+ in January 2026 Y11



NGHS Attendance Graphs - Pupils with 97%+ in January 2026 - Yr 12 & 13



attendance
MATTERS



LUNCH MENU WEEK ONE

| | MEAT MAIN | VEGGIE MAIN | SPECIALS | STARCHY | VEG |
|-----------|--------------------------|---------------------|-----------------------|----------------------|----------------------|
| MONDAY | Butchers Sausages | Quorn Sausage | Daily Special | Mashed Potatoes | Choice of Vegetables |
| TUESDAY | Authentic Beef Bolognese | Vegetable Bolognese | Daily Special | Pasta | Garlic Bread |
| WEDNESDAY | Roast Of The Day | Macaroni Cheese | Daily Special | Roast Potatoes | Vegetable & Gravy |
| THURSDAY | Traditional Cottage Pie | Vegetable Pie | Daily Special | Choice of Vegetables | Gravy |
| FRIDAY | Chicken Wraps | Pizza | Spice Chicken Goujons | Wedges | |

w/c 16th March

FOOD ALLERGIES & INTOLERANCES

If you require information on allergens or suffer from a food intolerance, please speak to a team member before you order food or drinks



LUNCH MENU WEEK TWO

| | MEAT MAIN | VEGGIE MAIN | SPECIALS | STARCHY | VEG |
|-----------|------------------------------|-----------------------|-----------------------|--------------------|----------------------|
| MONDAY | Sweet & Sour Chicken | Quorn Chilli | Daily Special | Rice | Choice of Vegetables |
| TUESDAY | Southern Fried Chicken Wraps | Vegetarian Wrap | Daily Special | Potato Wedges | Beans |
| WEDNESDAY | Roast Of The Day | Vegetable Pasty | Daily Special | Herby New Potatoes | Vegetables & Gravy |
| THURSDAY | Pasta Bake Day | Vegetarian Pasta Bake | Daily Special | Garlic Bread | Choice of Vegetables |
| FRIDAY | Chicken Wraps | Pizza | Spicy Chicken Goujons | Wedges | |

w/c 23rd March

FOOD ALLERGIES & INTOLERANCES

If you require information on allergens or suffer from a food intolerance, please speak to a team member before you order food or drinks



LUNCH MENU WEEK THREE

| | MEAT MAIN | VEGGIE MAIN | SPECIALS | STARCHY | VEG |
|-----------|--------------------------|----------------------|-----------------------|----------------|----------------------|
| MONDAY | Chilli | Vegetable Chilli | Daily Special | Rice | Choice of Vegetables |
| TUESDAY | Creamy Chicken Carbonara | Vegetable Pasta Bake | Daily Special | Garlic Bread | Choice of Vegetables |
| WEDNESDAY | Roast Of The Day | Vegetable Crumble | Daily Special | Roast Potatoes | Vegetables & Gravy |
| THURSDAY | Chicken Curry Day | Vegetarian Curry | Daily Special | Flatbread | Spiced Vegetables |
| FRIDAY | Chicken Wrap | Pizza | Spicy Chicken Goujons | Wedges | |

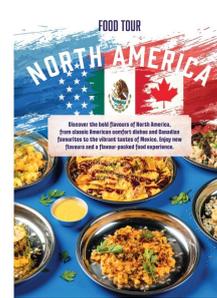
w/c 9th March

FOOD ALLERGIES & INTOLERANCES

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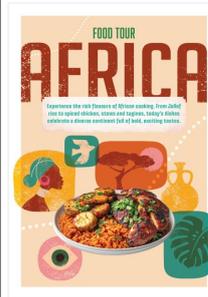
WHAT'S COMING UP THIS TERM?



JANUARY



JANUARY



FEBRUARY



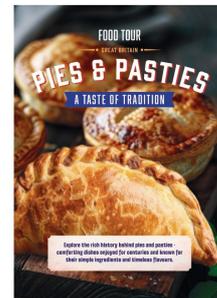
FEBRUARY



MARCH



MARCH



APRIL



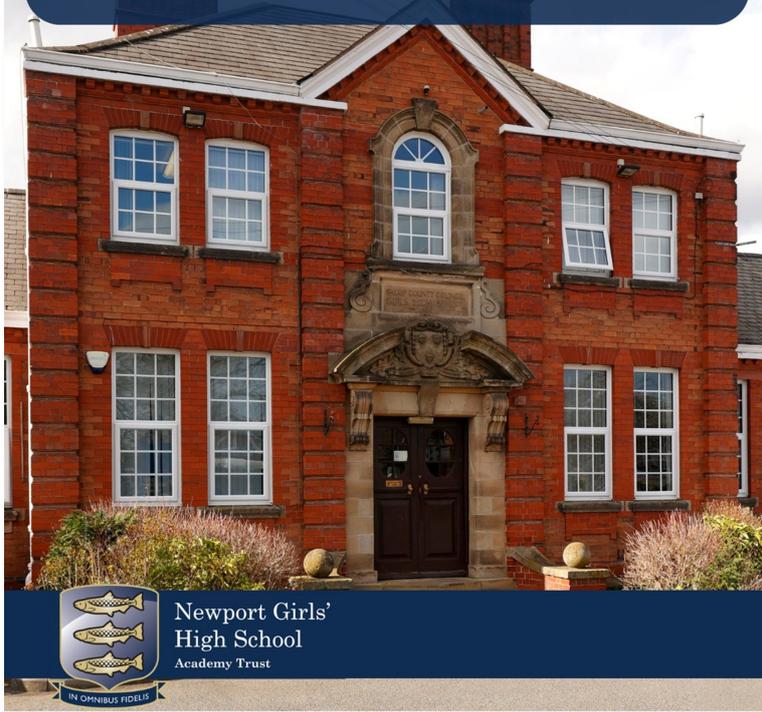
APRIL



Newport Girls' High School

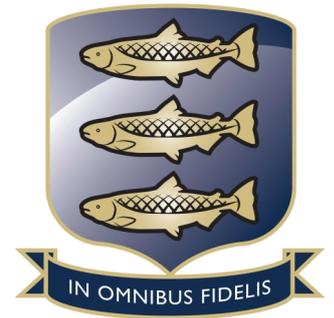
16-19 BURSARY FUND—APPLICATIONS OPEN THROUGHOUT THE SCHOOL YEAR!

Applications and full details for our 6th Form bursary fund are available from the school website at nghs.org.uk/sixth-form/bursary



16-19 BURSARY FUND

Our Sixth Form Bursary is available throughout the year for all students aged 16 to 19. Visit our website or the Sixth Form Office if you wish to make an application or find more details



NGHS SOCIAL MEDIA

Why not keep in touch with the goings on at school via our social media pages? We're on Facebook and Instagram. Make sure you follow, like and comment to keep up to date with everything that is going on.



facebook.com/NewportGirls (whole school)
facebook.com/nghs6 (sixth form)



instagram.com/nghsinsta (whole school)
instagram.com/nghs6form (sixth form)



linkedin.com/company/newport-girls'-high-school-academy-trust



HOW TO GET IN TOUCH!

COMMUNICATION WITH SCHOOL

Over the course of the year, we will communicate with you in a variety of ways:

- Every two weeks, we publish **Newport News** on the school website. This document includes news from school, highlights upcoming events, and recent achievements. A link to each edition is sent home by email.
- An annual **Parents' Evening** to update you on your daughter's progress.
- **Grade sheets** and/or **written reports** to update you on your daughter's progress.
- An annual **parent information evening** to outline the key information relevant to each year group. This is in person for Year 7 and remote for other year groups.
- Relevant **letters** to your daughter are sent home via email.
- If teaching or pastoral staff have any concerns relating to your daughter, they will contact you **by phone** or **email**.

Occasions may arise when you need to contact the school to share information or raise concerns. There are several ways in which you can do this, including:

- By telephone – **01952 797550** – If possible, your call will be put through to an appropriate member of staff. Where this is not possible (member of staff is teaching/not in school/unavailable), a message will be taken and passed to an appropriate member of staff. You should expect a response to your call within 24 hours.
- By email – **schooloffice@nghs.org.uk** – You will receive an acknowledgement email once this has been received and be notified that the email has been passed to the appropriate member of staff (this may not always be to whom the email was addressed). You should then expect a response within 24-48 hours of this acknowledgement.
- By **letter** to the school.
- By **recording a note** in the communication section of your daughter's **planner** to be shared with a member of staff.

During school holidays, reception is closed and phone calls/emails cannot be responded to until we return to school. During the school holidays, **urgent@nghs.org.uk** is available to communicate key urgent information; it should not be used to send routine enquiries that can be responded to when school is open again. This account will be checked once every 24 hours by a senior member of staff. They will then make an appropriate response to any email that has been received.



schooloffice@nghs.org.uk



01952 797550



NEWPORT NEWS

Out fortnightly during term time



Letter to school



Note in Student Planner

NGHS PASTORAL TEAM

WHO'S WHO?

At NGHS, the safety of students, staff and visitors is our top priority. Students can speak to **ANY** member of staff about any concerns, but there are certain colleagues with additional training to support you in pastoral and safeguarding matters.

Heads of Year



Mrs D Martin
Head of Year 7



Mr O Green
Head of Year 8



Ms K Houston
Head of Year 9



Mrs A Chapman
&**Mrs H Goodall**
Head of Year 10 (Joint)



Ms J Capaldi
Head of Year 11



Mrs K Griffin
Head of Sixth Form

Wellbeing Team



Mrs Aver-Howdle
Years 7 - 10
Wellbeing Officer



Miss E Heyes
Wellbeing Officer
(Y11/Sixth Form)



Mrs V Glew
Administrator
(Sixth Form)

Safeguarding Team



Mrs H Birch: Assistant Head, DSL



Mr A Jones: Headteacher & DDSL



Miss A M Davies: Assistant
Headteacher & DDSL



Ms K Houston: DDSL and
CSE Lead

Abbreviations

DSL: Designated Safeguarding Lead

DDSL: Deputy Designated Safeguarding Lead

CSE: Child Sexual Exploitation