NEWPORT NEWS



The fortnightly newsletter from Newport Girls' High School

Volume 9—Edition 8 19 December 2025



HEAD'S LINES the end of the autumn term!

And just like that, we've reached

As I write this, I'm not sure how

our final day celebrations have gone, but I hope everyone enjoyed the staff pantomime and the Sixth Form entertainment. It's been a long, hard-working term with plenty of high-quality learning, so it's important to have moments of fun along the way. From House Bake-Off House Music today's and



mime, there's been a real sense of community spirit throughout the term.

Last week's celebration assemblies were a highlight, recognising pupils' achievements and rewarding N-G-H-S points. It was lovely to see so many students collecting their NGHS pencils and pens, a small gesture, but one that shows how much we value their effort and contribution to making our school such a positive place.

Our Carol Service on Wednesday was simply outstanding. With around 150 students performing in choirs and ensembles, St Nicholas Church was packed. A huge thank you to everyone who attended and especially to Mrs Chapman for her tireless work preparing our musicians. The talent within NGHS is remarkable, and this event was a wonderful way to bring our community together at this special time of year.

Today also marks an important farewell. Mrs Martin, our Deputy Headteacher (formerly Miss Webster), leaves NGHS to take up her first Headship at John Taylor Free School in January. Since joining us in September 2021, she has been an exceptional leader and colleague, making a real difference to our school. Her dedication, professionalism and warmth have touched staff and students alike. We will miss her greatly, but we are immensely proud of her achievement and wish her every success in her new role.

Looking ahead, we welcome Mrs Hayman to the Mathematics department in January as Mrs Petford begins her maternity leave, and Miss Morris will join us parttime to teach Geography and PSHE. There will be some temporary changes to our leadership team following Mrs Martin's departure, details are outlined later in this newsletter. A few timetable adjustments will also take effect; any affected students have already been informed.

Finally, thank you to all parents and carers for your support this term. For those celebrating Christmas, we wish you a very Merry Christmas, and to everyone, a peaceful and prosperous New Year. We return on Monday 5 January at 8.50am.

Wishing you a wonderful holiday season,

Mr A Jones

Headteacher



HEAD GIRL TEAM - AUTUMN TERM REVIEW



As the first term draws to a close, the Head Girl Team is proud to reflect on an exciting and rewarding few months. We began by welcoming our new Year 7 students, helping them settle in and navigate the school. From guiding them to classrooms to answering endless questions, it was wonderful to see their confidence grow.

A real highlight of the term was the 50 Year Reunion in school celebrated by students who left in 1975. It was a fantastic day filled with laughter, memories, and stories that reminded us of the school's rich history.

Mental health awareness was a key focus this term. Izzy C led our support for Hello Yellow, which included a lively disco, yellow accessories and even yellow cakes to raise awareness. We also marked Odd Socks Day to promote anti-bullying, encouraging everyone to celebrate individuality.

We were thrilled to be heavily involved in creating the new promotional video for NGHS Sixth Form, showcasing the wonders of our fantastic sixth form. Additionally, the team represented the Sixth Form of soveral schools and colleges during the lead w



the Sixth Form at several schools and colleges during the lead up to open evening, sharing our experiences and encouraging future students to join us.

Community outreach has been inspiring. Emily R launched Cottage Care Visits, where Year 12 and 13 volunteers spend time with residents in supported living. This initiative has already made a meaningful impact.



Our annual Christmas Smile campaign broke records this year, with the Head Girl Team organising and delivering the highest number of gifts ever to local families! The first ever Christmas Fayre was a particular highlight and we were thrilled to raise almost £1,000

for Team Kenya and Freddie's Wish, two fantastic charities!

Thank you to all students and staff

for making this term so special. We can't wait to see what the next term brings!

Emily J (Deputy Head Girl, Transition and Integration)



CHRISTMAS FAYRE REPORT

CHRISTMAS FAYRE RAISES NEARLY £1,000 FOR CHARITY!

Special Report by Evie D (Y12) and Shaan K (Y13), Christmas Fayre Organisers

This year's Christmas Fayre was a truly superb event, bringing together our school community for an afternoon filled with festive cheer, generosity, and plenty of fun. With an impressive selection of stalls—ranging from handmade crafts and seasonal treats to games, raffles, and gifts—there was something for everyone to enjoy! The hall was buzzing with excitement from start to finish, and it was wonderful to see pupils from all years along with staff joining in the celebrations.



We are delighted to share that the

fayre raised almost £1,000, an incredible achievement that will make a meaning-ful difference to two brilliant charities: Team Kenya, which works to empower girls and women through education and community support, and Freddie's Wish, a charity dedicated to helping families who have experienced the loss of a child. Both causes are close to the hearts of many in our school community, and we are proud to support their important work.

A huge and heartfelt thank you goes out to all our stall holders, whose creativity and enthusiasm brought the event to life. We would also like to extend our sincere gratitude to the organisers and volunteers who worked tirelessly(often



behind the scenes) to make the fayre such a success. Events like this require a tremendous amount of planning and effort, and their hard work was evident in every detail.

Most importantly, thank you to everyone who attended, supported, and donated. Your generosity has helped spread festive joy far beyond our school gates and helped two wonderful charities!



















CROSS COUNTRYUPDATE

NGHS CROSS COUNTRY RUNNERS REPRESENT SHROPSHIRE

On Saturday 22 November several of our cross-country runners were selected to represent Shropshire in the Dave Sunderland Inter County Cross Country Competition.

On behalf of the school and Shropshire Athletics, we would like to express our sincere thanks to all the athletes for their participation in this event.

The event was a fantastic success, and it is wonderful to see so many students from NGHS competing with enthusiasm and representing their county so proudly.

There were some issues with the published results and so I have not shared the final positions, but a huge well done once again to these athletes. Mrs Birch, Assistant Headteacher



Year 7 - Annabelle W-Y and Lucy G



Year 9 - Ivy B and Phillipa G



Shaan K (Y10) Sophia S (Y10) Ivy B (Y9) Phillipa G (Y9) Easha K (Y11) Elia R (Y11)

FESTIVE CHRISTMAS LUNCH CELEBRATION



Students and staff enjoyed a wonderfully festive Christmas Lunch on Thursday 18th December. The team from Academy Catering served a delicious traditional meal of roast turkey with all the trimmings, com-



plete with Christmas crackers to add to the fun. To help mark the occasion, everyone was encouraged to wear their favourite Christmas or winter jumpers with a donation of £1 towards a local charity.

Thanks to the contributions of the students, the event raised over £850 for the Newport Food Bank. It was a heart-warming reminder of the school community's kindness and Christmas spirit.

































CAROL SERVICE SPREADS FESTIVE CHEER



Newport Girls' High School celebrated its much-loved Christmas Carol Service on Wednesday 17th December, filling St Nicholas Church, Newport, for a fantastic evening of music and festive cheer. The historic church was packed to the rafters with over 500 attendees as families, friends, and the wider community gathered to enjoy performances from over 150 students and staff.

The programme featured traditional carols, beautiful choral pieces, and thoughtful readings that thrilled all those in attendance. From the harmonious school choir to the confident soloists and talented instrumentalists, every performance showcased the hard work and enthusiasm that

make this event such a highlight of the year.

Mrs Chapman would like to offer huge thanks to everyone involved — students, staff, families, and the church community — for helping to create such a memorable and uplifting celebration. The carol service once again marked a joyful start to the festive period as we prepared to break up for Christmas.





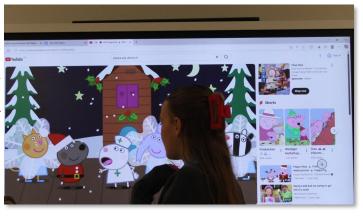


FOCUS ON...GERMAN CLUB!



Hallo! We are Isla, Gabby and Annie, we're in Year 10 and we help run German Club. We started a German Club because we really enjoy the language and the only other club for a country is Japanese Club and I don't think we would be allowed to speak German there! In German Club we sing songs (Kopf, Schulter, knie and FuB is a very popular one). We also play lots of games. Sometimes you can even win sweets and yes, Haribo are from Germany!

Wednesday 17th December was our last club before Christmas so we all sang German Christmas songs on repeat! Around forty people came to the session—most of them regulars but a few new attenders. Every single person sang along and joined in. The club is held in Mr Matlak's room and sometimes he even joins in with the games which is great fun!



So if you are looking for something fun and want to learn even more German then why not come along to German Club on a Wednesday at 1.00pm in Room 203? We have even been told that we are the best attended club in school as it has been so popular! Tschilss! Isla R, Gabbie TY and Annie W (all Y10)





LEADERSHIP UPDATE

As we say farewell to Mrs Martin in January as she takes up her new Headship, I want to reassure parents and carers that strong interim arrangements are in place to ensure continuity and progress for the remainder of the academic year.

We will begin the process of recruiting a new Deputy Headteacher during the spring term, with the successful candidate joining us in September 2026. In the meantime, three experienced colleagues will step into acting Assistant Headteacher roles:

- Mrs Griffin will continue to lead the Sixth Form and Careers Advice and Guidance.
- Mr Pimm will oversee Curriculum and Quality Assurance.
- Mrs Tomkinson will focus on Teaching and Learning.

These appointments build on their existing leadership responsibilities and ensure that our strategic priorities remain firmly on track.

To further support the continued success and development of our largest ever Sixth Form, we are delighted to announce the appointment of Mr Bentley and Miss Pritchard as Deputy Heads of Sixth Form. These are permanent roles and reflect our commitment to providing outstanding support, guidance and wellbeing for every student.

Our leadership team remains fully focused on delivering high-quality teaching and learning, and these changes position us strongly to continue improving the high standards of education we offer at NGHS. **Mr A Jones, Headteacher**

PARKING REMINDER!

We would kindly like to remind parents/carers not to use the school car park for pick up/drop off between 8.30am and 8.50am and 3.40pm and 4.00pm. This is for health and safety reasons and we thank you in advance for your cooperation.

During these times, please park considerately in the residential streets adjacent to school and be considerate of our neighbours and access to their own properties.





HOUSE CAPTAINS TERM IN REVIEW

As we come to the end of the first term, it has been another busy term for House events and activities. Here we have each of the three House Captain's giving their review of the year so far:



The Autumn Term for Seacole has been one of the most successful yet! We kick started the term with a very close, but deserving win in House Netball, a new event but amazing to say the least. Every year group played exceptionally well and despite winning on goal difference we really set the tone for the rest of the events. House Bake off was next, where the hall was filled with delicious bakes and savoury treats. Seacole were victorious yet again and we managed to raise over £400 between all three houses for Macmillan Cancer Support!

Behind the scenes, all the forms worked on creating their form boards out of recycled materials. Even though we didn't come first overall, everyone worked incredibly hard and it was great to see some victories within year groups, despite having limited scope of available materials. The main event of this term was House Music and honestly, I couldn't be prouder of everyone involved. After months of hard work, dedication and a few last-minute changes, we managed to carry on our win-

ning streak for the FIFTH YEAR! A massive thank you to Grace and Poppy for organising everything over the last few months, House

Music wouldn't have been so successful without you!!

Thank you to everyone who has been involved this term, have a Merry Christmas and a Happy New Year, get some rest as 2026 is going to be a busy one! Elizabeth W, Seacole House Captain





We kicked off the school year with house netball, a brand new house event that helped ease our new Year 7s and Year 12s into the excitement and competition of the house system. After an entertaining week of games Roddam unfortunately didn't take the win, however there were strong performances throughout, particularly from our Year 7 team who won both of their matches!

Next up was Bake off which showcased some magnificent and delicious baked goods alongside a few questionable fla-

vour combinations in the new 'interesting ingredients' category like bacon blondies and broccoli muffins! Despite what the other houses may say, Roddam did win something this term...the pumpkin painting competition! It may not have been the biggest competition but a win is a win! The form notice board competition displayed plenty of creativity across the house with the difficult challenge of

everything having to be recycled!

Finally, arguably the biggest event of the year, house music took place after months of preparation. The standard this year was truly the highest we've ever

seen with incredible performances across the board, so although we didn't get the result we hoped for, we are immensely proud of everyone who performed and the dedication they showed over the term. We would like to wish everyone a very Happy Christmas and a restful break ready for the new year ahead!







Starting off the term, Austen truly out performed the other teams during House Netball, securing an extremely close second place on points after coming joint first with Seacole. Shoutout especially to the Year 12s who definitely contributed massivley with all their wins! House Bake Off as the next event truly did demonstrate the baking and artistic talents of all the participants. From Katie's extremely realistic ramen cake to Fennella's Black Forest Gateau, its safe to say everyone (especially the house teams and Mr Pointon) enjoyed de-

molishing all the bakes while also raising money for charity!

With the form notice board competition (the new theme being everything recycled, its safe to say there were definitely some questionable looking boards.. but nevertheless i can confidently say the creativity of all forms definitely was show-cased! Without a doubt, the biggest event of the year was House Music where immense preparation took place months prior to the date. It was an extremely close year where the competition was by far the most intense its been, but overall all performances on the day were outstanding. From our incredible choir and winning ensemble, to our insane showstopper (which was without a doubt robbed of a win), all performers really did steal the show.

A big thank you to Natelie and Hannah for all their hard work and also everyone who took part because we couldn't be more proud! We hope everyone takes a well deserved break and has a great Christmas, ready to come back for a busy term ahead!

Wei Qi, Austen House Captain









CHESHIRE OAKS SHOPPING TRIP!

Sixth Form & Year II Enjoy Annual Cheshire Oaks Trip

Friday 12 December saw students from Years 11, 12 and 13 took part in our traditional end-of-term shopping trip to Cheshire Oaks—an event that has become a much-anticipated highlight of the winter calendar. Spirits were high as everyone boarded the coaches shortly after school, ready for an evening of shopping, socialising and festive fun.





Upon arrival, students spread out across the designer outlets, exploring everything from

high-street favourites to luxury brands. One of the unexpected delights of the evening came from the Lindt store, where the staff greeted our students with complimentary chocolates—a small gesture that added an extra touch of sweetness to the trip!

Throughout the evening, students enjoyed the chance to purchase gifts, hunt for seasonal bargains, and spend time with friends outside the classroom. After several hours of shopping, the group reconvened at the coaches for the journey home. Tired but cheerful, everyone arrived back at school at 9:45pm, bringing the trip to a successful close.

This annual tradition once again proved to be a fantastic way to round off the term and celebrate the hard work of our students! Report by Mrs V Glew



FOOTBALL REPORTS

CRUSHING VICTORY FOR YEAR 7 TEAM ON DEBUT!

Newport Girls High School Y7 0 - 0 Holy Trinity Y7

On Monday 8th December, Newport Girls High School Y7 played against Holy Trinity Academy Y7 at Holy Trinity's ground. This was the first competitive match for the year 7 girls and the first time they had played together as a team.

In dry conditions the team started strongly and had more of the possession with most of the play taking place in the opponent's half. At half-time the score was 3-0 to Newport with Tilly scoring two goals and Elsie slotting home a third. As the second half commenced, Newport started with confidence on account of their 3-0 cushion. Once again, most of the play was in the Holy Trinity half and it wasn't long before a fourth goal was added from Scarlett.

The girls moved the ball around nicely and there was some good inter play in defence, midfield and attack. Not long thereafter, Scarlett put away two more goals followed by a goal from Izzy. In the final quarter, Amber scored an eighth before Elsie finished things off with two more goals to seal a strong victory. At the final whistle, the score was IO-O to Newport Girls. It was a good allround performance by the girls and every single one of them



worked hard to secure the victory. A special mention goes to Scarlett and Tilly who were brave enough to go in goal in the first and second halves, respectively. It was an incredibly pleasing result for the team's first competitive match!

Report by Melanie G (Y7)

U16S DENIED THRILLING COMEBACK IN DRAMATIC MATCH! NEWPORT GIRLS 3 - 4 HLC

In a thrilling encounter against HLC, our Year 10/11 team showed incredible resilience despite a tough start. The first half saw HLC dominate, racing to a 3-0 lead by halftime. Conditions were dreadful, with heavy rain and strong winds making play difficult, but our team refused to give up. The second half was a different story—full of determination and spirit.

We fought back brilliantly, scoring three well-earned goals and pushing HLC to the limit. Despite the final score ending 4-3 in HLC's favour, the comeback effort was outstanding and showcased the team's character. As a team I have to say that I was extremely impressed with the team's battling performance and commitment in terrible conditions. This match was a testament to perseverance and teamwork, leaving everyone proud of the effort displayed! Mrs Cowell-Saunders, Head of PE

CHRISTMAS CROSS STITCH!



We have had a lovely end of the term with a cross stitch 'crafternoon' happening at lunchtimes this week. Students opted into this and have been working on a Christmas themed cross stitch which they have been completing each day. They have taken these home to complete over the holidays and I look for-

ward to seeing the finished pieces.

'Crafternoons' are an initiative launched by Mind and they are about more

than just fun, they support wellbeing, learning and connection. As a result of this we try to offer these at the end of each half term to support our students, but we would encourage students to find a craft activity that they enjoy to take up as a hobby and build into their lives. Mrs H Birch, Assistant Headteacher



A FOND FAREWELL TO MRS MARTIN



This term, our school community says a heartfelt goodbye to Mrs Martin, our much admired Deputy Head. Since joining us in 2021, she has been an integral part of the school's journey, helping to steer us through the largest expansion in our history and one of our most successful and proudly celebrated periods. Her leadership and tireless dedication have shaped our school in ways that will leave a lasting legacy.

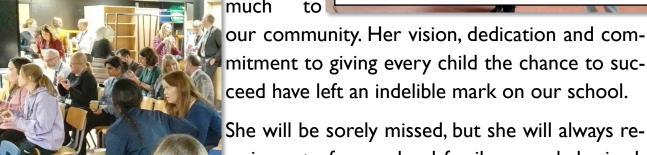
On Wednesday, staff gathered for an emotional farewell that perfectly reflected the impact Mrs Martin has had on those around her. Colleagues shared stories, sincere thanks, plenty of smiles and there was no shortage of admiration for the support she has offered to both staff and pupils.

Mrs Martin is now taking an exciting step forward in her career, moving on

to a headship at a large high school in East Staffordshire. While we are immensely proud of her well-deserved achievement, it is impossible not to feel the loss of someone who has

Mince pies and coffee were the order of the day as the staff wish Mrs Martin goodbye! contributed so much to





main part of our school family — and she is always welcome back. We wish her every success in the exciting chapter ahead.



YOUNG WOMEN INTO FINANCE

With our extremely strong reputation in Young Enterprise and Business and Economics, we are also thrilled to see that a number of our Y12 students are looking to take this further with the 'Young Women into Finance' program. Economics Ambassador, Florence B (Y12), gives you all the details below:

The Economics Ambassadors are excited to share that a group of our Year 12 students have recently applied to take part in the YWIF (Young Women Into Finance) programme, an exciting opportunity designed to inspire and support young women who are interested in careers in finance, economics, and business-related fields.

The YWIF programme aims to increase awareness of the wide range of roles available within the finance sector whilst building confidence, skills, and industry knowledge. Participants will subsequently take CISI modules, attend networking opportunities, and get real-world advice and assistance from mentors. The programme focuses on developing key skills such as commercial awareness, communication, and professionalism. With just over 5 years of working with girls from different schools and backgrounds, the YWIF has managed to open doors into the industry for over 100 young minds, with several coming back with prizes from CISI for their outstanding performance.

Our Year 12 applicants have recently completed the application process, which involved reflecting their interests, motivations, and aspirations for the future. Having been accepted to the programme, Amara U, Quynh D, Megan R and myself are now waiting to receive further updates and their own CISI workbooks in order to begin the programme in the new year!

Students from younger years interested in finance, economics, business and related fields are encouraged to research these areas and look into programmes like the YWIF that strive to support and empower young women to chase these dreams!

Read more about YWIF: www.ywif.org/

Florence B (Y12), Economics Ambassador



INTRODUCING OUR NEWEST MEMBER OF STAFF

Mrs Fleming Joins Our Team

We are delighted to welcome Mrs Fleming as our new Health and Welfare Coordinator at NGHS. Mrs Fleming's first impressions of the school have been overwhelmingly positive—she describes NGHS as a lovely school with great staff and students and says she has received a very warm welcome.



She joins us from King Charles I School in Worcestershire, where she previously worked in a similar capacity. When asked why she made the move, Mrs Fleming explained that she was ready for a fresh challenge, eager to meet new faces, and passionate about making a difference in a new environment.

In her role at NGHS, Mrs Fleming will be responsible for supporting students with medical conditions, organising vaccinations, administering first aid, and managing a host of health and welfare needs across the school. Her goal is to ensure that every student feels safe and cared for.

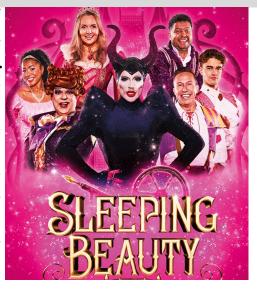
Looking ahead, she plans to streamline processes and make sure all staff are well-informed about students' health requirements. Her proactive approach will help strengthen communication and enhance the overall wellbeing of our school community.

We're thrilled to have Mrs Fleming on board and look forward to the positive impact she will bring to NGHS

YEAR 7 HAVE A BLAST AT SLEEPING BEAUTY

On Tuesday 2nd December, the majority of Year 7 travelled to the Wolverhampton Theatre to see the well-performed pantomime 'Sleeping Beauty'. The actors were exceptional, Year 7 loved it. One of the main characters was Carabosse, performed by Danny Beard; the students commented: "He was really funny when we saw him and his laugh was a fan favourite! An exciting addition to the evening was Craig Collingswood and his wife appearing in the VIP box! Whilst some students enjoyed Danny Beard, others declared: "I loved Mickey he was the best!" A great time was had by all!

Report by Willow W (Year 7)





YOUNG ENTERPRISE UPDATE!



On Tuesday 9th December, our Young Enterprise team organised a variety show, with a range of acts, including a dance battle, a singing duo, chubby bunny, drawing challenges and perhaps the main event tortilla slapping. With the help of the other teams, we sold a range of



sweets, snacks and drinks, to help our fundraising journey.



The event was a definite success and brought in a great amount of money for our young enterprise teams, thank you to everyone who came to watch and a massive thank you to everyone who got involved.

Rhea K & Sarah F (YE Team 3)

TEACHERS THRILL WITH BEST EVER PANTO!

On the last day of term, in a now annual tradition, the students were 'treated' to the staff performing the pantomime classic, Beauty and the Beast. Featuring an all star cast and some of the most over the top French accents you have ever heard it truly was a performance to remember!



















MATHS CHALLENGE SUCCESS!

Earlier this term, many of our Year 12 and 13 students sat the UKMT (United Kingdom Maths Trust) Senior Maths Challenge. As a school we achieved 15 silver awards and 31 bronze awards. Participating in this challenge allowed students to gain valuable skills such as being able to problem solve and time management.



UK Maths Trust A huge congratulations to the following students that achieved a silver certificate: Maidah A, Erin B, Kanyinsola O, Ellie B, Marin H, Keisha O, Calen-Mai P, Helena T, Ashvini S, Winsome C (Yr 12), Krystiana C, Madeleine G, Oak D, Venus M, Athena P (Yr I 3).

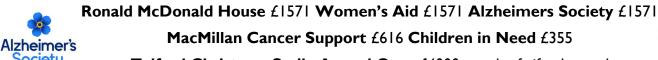
We also had 14 of our students that participated in a very challenging Maths Olympiad for Girls competition. A special congratulations to the following students for achieving either a merit or distinction award: Kiere I, Alsa L, Saanvi R, Amie S (Yr 9), Abigail M (Yr 10), Manushri K, Skyla M, Madeleine N, Ozzy P (Yr II), Ellie B, Marin H, Alanah M (Yr I2), Krystiana C, Athena P (Yr I3).

A huge well done to all for achieving so many awards in these prestigious challenges! Mrs R. Patel, teacher of maths

NGHS CONTRIBUTES OVER £12,000 TO CHARITY IN 2025!

The last 12 months has seen NGHS engaged in a multitude of events to raise money for a variety of charities in the UK and abroad. In total, we have raised the astonishing amount of £12,006! A huge and heartfelt thank you to every single person who donated, organised, participated and supported these events. We are humbled by everyone's generosity and efforts in the last 12 months and the fantastic amount raised! Mr O.Pointon, Assistant Headteacher

Here is a breakdown of how much was contributed to each of the 10 charities that we have supported this year: BBC Children



Telford Christmas Smile Appeal Over £4000 worth of gifts donated

Freddie's Wish £485 Team Kenya £485 St. Nicholas Church £470 Newport Food Bank £882



Society













in Need

YEAR 14 REUNION WELCOMES STUDENTS BACK TO NGHS



Our recent Year 14 Reunion was a truly memorable occasion, bringing together more than 40 former students for an afternoon of celebration, reflection, and reconnection. Travelling from far and wide (including Aberdeen, Southampton, and



Exeter!) alumnae returned to NGHS to revisit old friendships and share their journeys since leaving Sixth Form.

The event began with the collection of A-level certificates, followed by refreshments served in the Sixth Form Centre. Laughter filled the room as past students caught up with old friends, swapped stories from university life, and



reminisced about their time at school. Many took the opportunity to reconnect with their former teachers, creating a warm and lively atmosphere that staff found genuinely uplifting.

Sixth Form staff were delighted to hear how well everyone is progressing, whether at university, on gap-year adventures, or

beginning new careers. Several alumni commented on how effectively their A-levels and their time at NGHS had prepared them for the rigours of uni-

versity study, noting that the independence, resilience, and study habits developed here had given them a strong foundation for success.

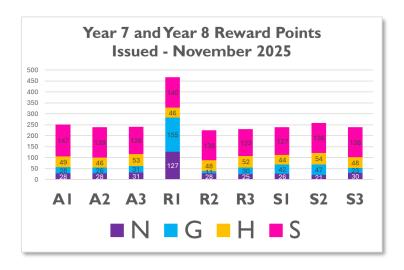
The reunion was a wonderful reminder of the lasting connections formed at NGHS and the supportive community that continues long after students move on. It was, without doubt, a great afternoon for all involved, and we look forward to welcoming more familiar faces at future alumnae events! Mrs V Glew and Miss E Heyes

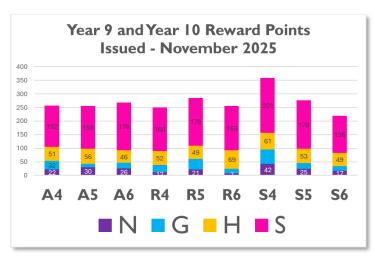


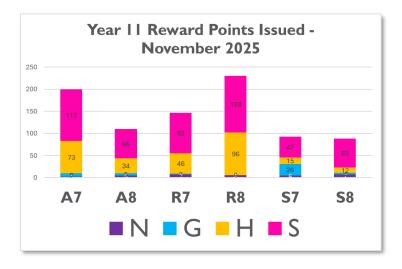
N-G-H-S REWARDS NOV 2025

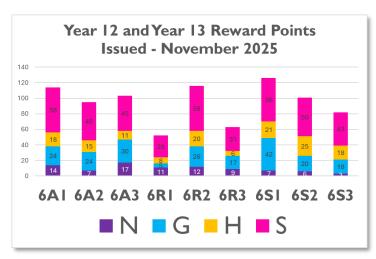
We have had another positive month with NGHS points.

The graphs below show the total numbers of NGHS points that have been awarded by form group through the month of November – it is lovely to see a change to some of the winning form groups this month. A special well done to the students in RI who have topped Year 7 and 8 forms for the third time since September with a total of receiving 468 NGHS points! Mrs Birch, Assistant Headteacher













LUNCH MENU WEEK ONE

	MEAT MAIN	VEGGIE MAIN	SPECIALS	STARCHY	VEG
MONDAY	Butchers Sausages	Quorn Sausage	Daily Special	Mashed Potatoes	Choice of Vegetables
TUESDAY	Authentic Beef Bolognaise	Vegetable Bolognaise	Daily Special	Pasta	Garlic Bread
WEDNESDAY	Classic Roast Chicken	Macaroni Cheese	Daily Special	Roast Potatoes	Vegetable & Gravy
THURSDAY	Traditional Cottage Pie	Vegetable Pie	Daily Special	Choice of Vegetables	Gravy
FRIDAY	Take Away Day	Vegetarian Burger	Battered Fish	Chips	Beans

w.c - 5th January w.c –26th January



LUNCH MENU WEEK THREE

	MEAT MAIN	VEGGIE MAIN	SPECIALS	STARCHY	VEG
MONDAY	Chilli	Vegetable Chilli	Daily Special	Rice	Choice of Vegetables
TUESDAY	Creamy Chicken Carbonara	Vegetable Pasta Bake	Daily Special	Garlic Bread	Choice of Vegetables
WEDNESDAY	Roast Beef with Yorkshire Pudding	Vegetable Crumble	Daily Special	Roast Potatoes	Vegetables & Gravy
THURSDAY	Chicken Curry Day	Vegetarian Curry	Daily Special	Flatbread	Poppadom
FRIDAY	Take Away Day	Vegetarian	Battered Fish	Chips	Beans

w.c - 19th January w.c – 9th February



LUNCH MENU WEEK TWO

	MEAT MAIN	VEGGIE MAIN	SPECIALS	STARCHY	VEG
MONDAY	Sweet & Sour Chicken	Quorn Chilli	Daily Special	Rice	Choice of Vegetables
TUESDAY	Southern Fried Chicken Wraps	Vegetarian Wrap	Daily Special	Potato Wedges	Beans
WEDNESDAY	Roast Pork & Stuffing with Apple Sauce	Vegetable Pasty	Daily Special	Herby New Potatoes	Vegetables & Gravy
THURSDAY	Pasta Bake Day	Vegetarian Pasta Bake	Daily Special	Garlic Bread	Choice of Vegetables
FRIDAY	Take Away Day	Pizza	Battered Fish	Chips	Beans

w.c – 12th January w.c – 2nd February











JANUARY







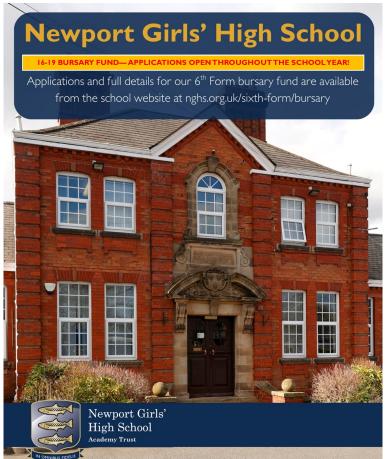




APRIL



APRIL





NGHS SOCIAL MEDIA

Why not keep in touch with the goings on at school via our social media pages? We're on Facebook and Instagram. Make sure you follow, like and comment to keep up to date with everything that is going on.



facebook.com/NewportGirls (whole school) facebook.com/nghs6 (sixth form)



instagram.com/nghsinsta (whole school) instagram.com/nghs6form (sixth form)







DON'T ACCEPT FRIEND REQUESTS FROM STRANGERS





BLOCK ONLINE BULLIES

Sometimes people might say nasty things to you online or post offensive comments on your pictures or videos. If this happens, always tell a trusted adult who will help you block them from your profile and support you in taking

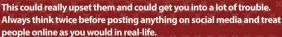
don't know sends you a message or a friend request. REPORT INAPPROPRIATE CONTENT **NEVER SHARE YOUR PERSONAL INFORMATION** WITH PEOPLE YOU DON'T KNOW

 $Keep\ your\ personal\ information\ personal.\ Sometime\ people\ online\ aren't$ always who they say they are and might ask you to share things that you don't feel comfortable sharing.

Make sure that you set your profile to private so that people you don't know

can't find you online. Always tell a trusted adult if a stranger or somebody you

DON'T SHARE EMBARRASSING PHOTOS OR VIDEOS OF OTHERS ONLINE



NEVER SEND NAKED PICTURES OF YOURSELF TO OTHERS

> This is illegal if you are under 18 and you could get into trouble with the Police. If you are being pressured by someone, always say no and tell a trusted adult. Even if you think it is innocent fun, the photo could be shared with other people and you won't be able to control who else sees it.

CREATE A POSITIVE ONLINE REPUTATION



LIMIT YOUR SCREEN TIME Social media can be addictive, and it is easy to keep checking newsfeeds or your notifications every 5 minutes which can affect your behaviour and stop you from doing other things. Remember to only use your phone at certain times of the day, turn notifications off at bedtime and go out and have as fun as

much as possible. This will keep you fit and healthy and make you appreciate there's more to life than just what's on social media.

further action.

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If you see something on social media that you don't like, offends you or upsets you, you should always report it to a trusted adult. You should also report it to the social media app who will be able to remove the content if it is against their user policy and can block the person who posted it.

ONLY USE APPS WHICH YOU ARE OLD ENOUGH TO USE

> Before downloading any new social media app, always check the age-rating. If you need help, ask your parent or carer to make sure that the app is safe for you to use and never download anything which you are too young for as it may

contain content that isn't safe for you to see. 10 ALWAYS SECURE ALL YOUR SOCIAL

This will help to keep your private information safe and won't allow others to access your profiles without your permission. Make sure your passwords are memorable and personal to you but something which other people can't

guess, and always share them with your parents just in case you forget them. ASK PARENTS TO SET-UP 'PARENTAL

MEDIA PROFILES WITH A PASSWORD

CONTROLS' FOR SOCIAL MEDIA

When you download a social media app, you should always ask a trusted adult to help you set it up for the first time. This will help you control who sees what you post, who can contact you and make sure you are able to enjoy using the app safely and securely.

ALWAYS TALK TO YOUR TRUSTED ADULT IF SOCIAL MEDIA IS MAKING YOU UNHAPPY

Sometimes, social media can make us feel bad about ourselves or sad that we aren't the same as someone else or doing the same things as someone else. Remember, if you ever feel this way, it's really important to talk to your trusted adult(s) like your parents, carers, other adult family members or a teacher, all of whom will be able to support you and discuss your feelings with you to help make you feel better.



HOW TO GET IN TOUCH!

COMMUNICATION WITH SCHOOL

Over the course of the year, we will communicate with you in a variety of ways:

- Every two weeks, we publish **Newport News** on the school website. This document includes news from school, highlights upcoming events, and recent achievements. A link to each edition is sent home by email.
- An annual **Parents' Evening** to update you on your daughter's progress.
- **Grade sheets** and/or **written reports** to update you on your daughter's progress.
- An annual **parent information evening** to outline the key information relevant to each year group. This is in person for Year 7 and remote for other year groups.
- Relevant letters to your daughter are sent home via email.
- If teaching or pastoral staff have any concerns relating to your daughter, they will contact you **by phone** or **email.**

Occasions may arise when you need to contact the school to share information or raise concerns. There are several ways in which you can do this, including:

- By telephone **01952 797550** If possible, your call will be put through to an appropriate member of staff. Where this is not possible (member of staff is teaching/not in school/unavailable), a message will be taken and passed to an appropriate member of staff. You should expect a response to your call within 24 hours.
- By email schooloffice@nghs.org.uk You will receive an acknowledgement email once this has been received and be notified that the email has been passed to the appropriate member of staff (this may not always be to whom the email was addressed). You should then expect a response within 24-48 hours of this acknowledgement.
- By **letter** to the school.
- By **recording a note** in the communication section of your daughter's **planner** to be shared with a member of staff.

During school holidays, reception is closed and phone calls/emails cannot be responded to until we return to school. During the school holidays, **urgent@nghs.org.uk** is available to communicate key urgent information; it should not be used to send routine enquiries that can be responded to when school is open again. This account will be checked once every 24 hours by a senior member of staff. They will then make an appropriate response to any email that has been received.



schooloffice@nghs.org.uk



01952 797550



NEWPORT NEWS

Out fortnightly during term time



Letter to school



Note in Student Planner



NGHS PASTORAL TEAM WHO'S WHO?

At NGHS, the safety of students, staff and visitors is our top priority. Students can speak to **ANY** member of staff about any concerns, but there are certain colleagues with additional training to support you in pastoral and safeguarding matters.

Heads of Year



Mrs D Martin Head of Year 7



Mr O Green Head of Year 8



Ms K Houston Head of Year 9



Mrs A Chapman &Mrs H Goodall Head of Year 10 (Joint)



Ms J Capaldi Head of Year 11



Mrs K Griffin
Head of Sixth Form

Wellbeing Team



Mrs Aver-Howdle Years 7 - 10 Wellbeing Officer



Miss E Heyes Wellbeing Officer (Y11/Sixth Form)



Mrs V Glew Administrator (Sixth Form)

Safeguarding Team



Mrs H Birch: Assistant Head, DSL



Mr A Jones: Headteacher & DDSL



Mrs S Martin: Deputy Headteacher & DDSL



Miss A M Davies: Assistant Headteacher & DDSL



Ms K Houston: DDSL and CSE Lead

Abbreviations

DSL: Designated Safeguarding Lead

DDSL: Deputy Designated Safeguarding Lead

CSE: Child Sexual Exploitation