NEWPORT NEWS

BEING KIND | WORKING HARD | HAVING FUN!



Newport Girls' High School
Academy Trust

IN OMNIBUS FIDELIS

In All Things Faithful

HEAD'S LINES



It is hard to believe that we have already reached the end of the first half term. As ever, the weeks seem to have passed incredibly quickly, but looking back over the past fortnight alone gives a good sense of just how much has been happening across school.

We managed to squeeze a first look at our newly refurbished science laboratories into the last edition of Newport News, but it has been particularly pleasing over the past couple of weeks to see them fully functioning and being used by students every day. They represent a significant investment in our facilities and, ultimately, that investment is about providing the best possible learning environment for our students. After all the planning and work that has gone into the refurbishment, it is lovely to see the rooms busy with lessons and students benefiting from the improved facilities.

There has also been plenty of creativity around the rest of school. Our Form Noticeboard Competition has resulted in some brilliant displays, with forms clearly putting a great deal of thought and imagination into their entries. Walking around school, it has been lovely to see the different ideas that students have come up with and the sense of identity and pride that the boards bring to form rooms.

Another highlight was our Autumn Concert. It was a great evening and a wonderful opportunity to enjoy performances from students across different year groups. We were treated to some fantastic music and, once again, it was a lovely showcase of the breadth of talent we have within the school. Thank you to all the parents and families who were able to join us and support the students performing. My thanks also go to Mrs Chapman for organising the concert, and to Mrs Saysell and Mrs Rose for their support on the evening.

This week has brought another change of pace, as we have welcomed families into school for two Open Mornings for current Year 6 students and parents, as well as welcoming our current Year 7 parents back for their Information Evening. Our Year 7 students have settled remarkably well into life at NGHS and already seem very much at home. The Information Evening was nevertheless a useful opportunity for parents to come into school, hear a little more about the year ahead and find out more about their daughters' experience as they continue their first year with us.

I hope all our students and staff enjoy the opportunity to slow down a little after a very busy first half term. It has been a positive start to the school year and there has already been so much going on both inside and outside the classroom.

I hope everyone has an enjoyable and restful half-term break, with the chance to recharge the batteries before we return for what I am sure will be an equally busy second half of term.

Best wishes,

Mr A Jones
Headteacher

FROM THE HGT



Firstly, this year, NGHS celebrated our 10th anniversary of Hello Yellow Day! To commemorate this special milestone, we held a Hello Yellow Disco during lunchtime which involved sweet treats, glow in the dark bracelets and a DIY Hello Yellow Day themed photo booth and 'Mood-Board' where students gave positive words of wisdom and a chance to express how they were feeling which was ran by two members of the LSHGT, Evie P and Paige M; Additionally, a mindfulness session was held as an alternative for students where we played calm music and students got involved in a range of colouring activities which they thoroughly enjoyed. Students were also welcomed to come in full-mufti; It was incredible to see so many shades of yellow during the school day.

Stacey K-A
Deputy Head Girl for Wellbeing

On behalf of myself and the Head Girl Team, we want to say a massive well done to everyone for making it through the first half term of the academic year! It's certainly been a busy few weeks, with lots of hard work, exciting opportunities and plenty going on across the school. We hope that, alongside all the studying and commitments, you've had the chance to make the most of everything NGHS has to offer and create some lovely memories along the way.

As we head into the half term break, we hope you all get the chance to have a well deserved rest, spend time doing the things you enjoy and recharge ready for the term ahead. We have lots more exciting things planned for next half term, and we can't wait to share them with you!

Have a wonderful half term break, everyone, and we look forward to seeing you all back at school soon!

Darcey G
Head Girl

National Biology Week

October 8th - 18th was National Biology Week and as part of the Royal Society of Biology's competition, we set our students the task of designing a piece of 3-dimensional artwork inspired by any area of biology. With approximately 130 entries covering topics from anatomy to environmental issues, cells to favourite animals, we have been blown away with the imagination and effort that has gone into this competition. We will be judging the winners later today (which will not be an easy task) and will update you after half term as to which entries have been awarded prizes. For now, we would like to thank all of our students who entered and congratulate them on their amazing work. A few examples of the work produced are included below.

Mr Stevens
Head of Biology



Year 9 Students Inspired by Engineering Workshop

On Tuesday 13 October, we were delighted to welcome Leanne Mee from In-Comm Training to work with our Year 9 students as part of our ongoing commitment to broadening careers awareness and raising aspirations.

During the session, Leanne introduced students to the exciting world of engineering, exploring the wide range of career pathways available within the sector. Students learned about opportunities in areas such as design engineering, manufacturing, mechanical engineering, project management, quality assurance, maintenance, and product development, helping them to appreciate the variety of roles that exist beyond traditional perceptions of the industry.

Students were also challenged to put their teamwork, communication and problem-solving skills to the test through a competitive activity which involved designing and building a model conveyor belt. The challenge encouraged creativity, resilience and collaboration, with every team showing fantastic enthusiasm and determination.

Leanne was hugely impressed by the students' engagement, ingenuity and ability to work together under pressure, commenting that there could well be some future engineers among this year's cohort!
The competition produced an outstanding result, with our winning team breaking the previous conveyor belt construction record held by another Shropshire school.

The workshop provided a valuable insight into one of the UK's most innovative and fast-moving industries. We are proud to be able to offer experiences such as these which play such an important role in helping students explore their futures and ensure they are aware of the full range of pathways and opportunities available to them.

Miss Smith
Assistant Headteacher

PARKING NEWS

We kindly ask all parents, carers and visitors to park responsibly when dropping students off, collecting students and when visiting the school.

Please be mindful of local parking restrictions and avoid stopping on zigzag lines, blocking driveways, parking on pavements, or obstructing junctions and crossings. These actions can reduce visibility for children and other road users, creating unnecessary safety risks.

Additionally, please note that the lay-by on Wellington Road cannot be used for parking at school times and can only be used for drop off/collection. Parking in this lay-by for any length of time risks a parking ticket.

Where possible, consider parking in designated parking areas and asking your child to walk the final part of their journey. This helps reduce traffic congestion around the school gates and promotes a safer, calmer environment for everyone.

We appreciate your cooperation and consideration for our neighbours, residents, and school community. By parking responsibly, we can all play a part in keeping our students safe and ensuring a positive relationship with the local community.

Thank you for your support.

SAFEGUARDING SPOTLIGHT

Keeping Young People Safe in School and Beyond

At NGHS, we want every student to feel safe, supported and confident, both in school and beyond. As young people grow and become more independent, their friendships, relationships and experiences can have an increasing influence on their wellbeing.
Healthy friendships and relationships.

Friendships are an important part of growing up, but young people can sometimes experience challenges within their peer groups. Bullying, unkind comments, peer pressure, harassment and inappropriate behaviour can all have an impact on their confidence and wellbeing.

It is important that young people understand what healthy, respectful relationships look like, recognise when behaviour is unacceptable and feel confident speaking to a trusted adult if something doesn't feel right.
Keeping safe beyond school

Young people are increasingly connected to the world around them, whether through friendships, social media, online gaming or spending time in their local communities. Whilst these experiences offer opportunities for independence and personal development, they can also expose young people to negative influences, peer pressure and potentially unsafe situations.
Encouraging open conversations about who they spend time with, what they experience online and how they are feeling can help young people recognise concerns and know when to seek support.

How can parents help?
Taking an interest in your child's friendships, encouraging open and honest conversations and reassuring them that they can always ask for help can make a real difference. Sometimes, small changes in behaviour, friendships or confidence can be an indication that something is worrying them.

If you have any concerns about your child's safety, friendships or wellbeing, please contact their Head of Year or a member of our safeguarding team. We are always here to listen and support.
By working together, we can help every student feel safe, respected and supported, both in school and beyond.

Safeguarding Team

New and Improved...

As we head into half term we have a few projects beginning across school.



During half term, we will be remodelling the reception area to create separate student and visitor zones. As part of these changes, all Sixth Form students will enter the building through the same set of double doors. This will provide a clearer separation between student and visitor access and further strengthen our arrangements for keeping students safe.

OUTSIDE THE CLASSROOM







Every Tuesday, ***Curiosity Club*** provides a space for students to explore ideas beyond the curriculum, delving into fascinating topics that are not always covered in the classroom.

This half term, we have been exploring art history, using artworks and artists as starting points for wider discussions. From Raphael's The School of Athens, which opens up conversations about knowledge, humanism and innovation, to Caravaggio, whose turbulent life accompanied his revolutionary approach to realism, we have been examining the stories and ideas behind some of art's most intriguing figures. We have also explored Ophelia, considering its connections to feminism and the ways in which cultural representations can be reimagined.

With students from Years 9 to 13, ***Curiosity Club*** brings together a diverse range of perspectives and encourages lively discussion across year groups. We are always keen to welcome new members and look forward to seeing even more curious minds join us next half term!

Eleanor L, Evelyn D

A41 Roadworks

Please Allow Extra Time for Your Journey

We would like to make you aware of upcoming roadworks and the associated closure on the A41, which may cause delays and increased congestion in the surrounding areas.

The roadworks are expected to affect journeys between Monday 2nd November and Friday 20th November. We would therefore encourage all parents and carers to allow extra time for their journeys to and from school during this period.

Please bear this in mind when planning your daughter's journey, particularly if she travels to school by car or uses public transport, as journey times may be longer than usual.

As a reminder, school opens at 8.00am, so students are welcome inside from this time should they reach school earlier than usual.

Thank you for your understanding and cooperation. We appreciate your support in helping students arrive at school on time throughout this period.

NGHS6 OPEN EVENING



WEDNESDAY 4TH NOVEMBER 4:30-7:00PM

On **4th November** we will be holding an Open Evening for our Sixth Form. This will be a great opportunity to see if our brilliant, top-performing school could be the right fit for you!

Please follow the link to book your place.
nghs.org.uk/sixth-form

PLEASE NOTE:
Do pre-book your visit, whether you are a new visitor to our school or a **current Year 11 student.**

THE COM

COUNTER TERRORISM POLICING
WEST MIDLANDS CTU

ROCU
WEST MIDLANDS REGION

ANYONE CAN JOIN THE CHAT...

WHAT IT IS

Community 'Com' Networks are online groups involved in child sexual abuse, cybercrime and offline violence. However, not all cases involve all three.

The majority of those involved are children under the age of 18.

Perpetrators may target children who are discussing topics online such as mental health disorders, neurodiversity or self-harm but they are active on virtually all social media and online gaming platforms. Discord and Telegram are particularly popular.

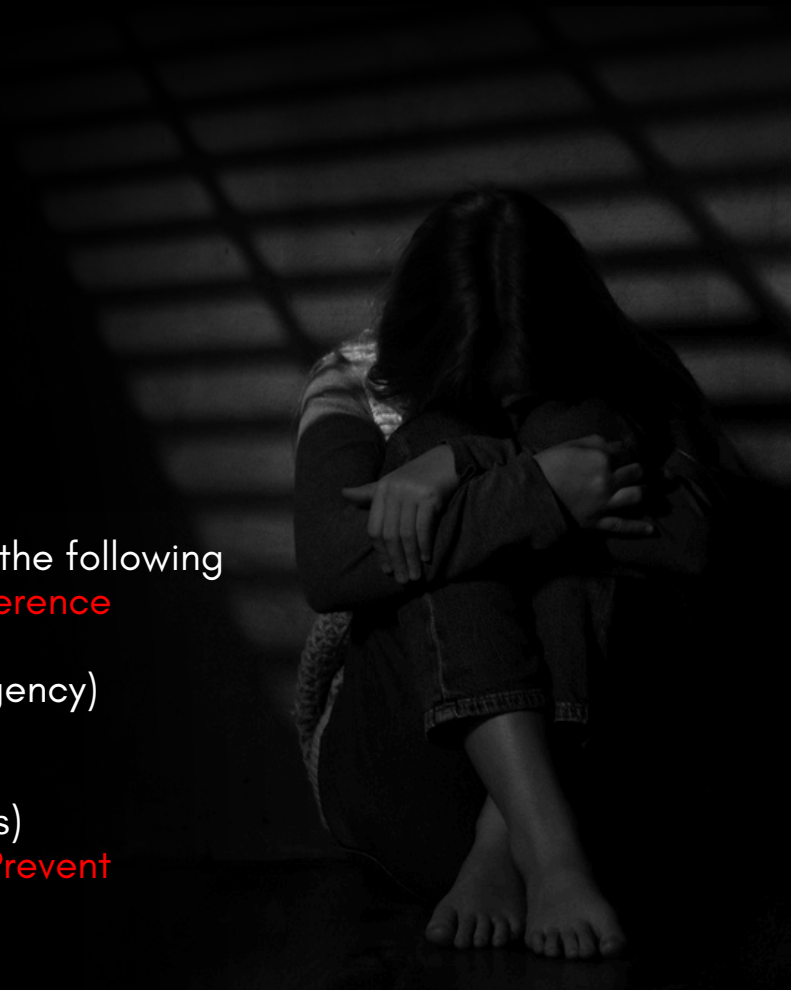
The communities share extreme material which may include:

- Child sexual abuse
- Violence and gore
- Animal abuse or torture
- Misogynistic and 'incel' beliefs
- Extreme/violent pornography
- Racist and occultist materials
- Hacking tools and exploits

INDICATIONS OF CONCERN

The following behaviours are indicators that a young person may be involved in an abusive relationship with a Com group:

- Self-harm (cutting letters/symbols is of particular note)
- Numbers, letters, sysmbols written in blood on walls
- Interest in extreme themes
- Disengaging in education
- Obsession with new online friends
- Unexplained injuries to pets or sibilings
- Unexplained money or gifts



HOW TO GET SUPPORT

Any concerns should be reported to one of the following for safeguarding and diversion support; reference "Operation Driftglen":

- Local police forces call '101' (non-emergency)
- School safeguarding lead (DSL)
- Local social services
- Crimestoppers 0800 555 111 (anonymous)
- Cyber Prevent/NCA/NCSC and or CT Prevent

Telford Schools Cross Country Series
A Fantastic Achievement!





We have now reached the end of the four-race Telford Schools Cross Country Series, and we have been absolutely blown away by the incredible number of students who have represented NGHS this year. Across the series, over 40 students have taken part, which is fantastic!

A huge thank you and well done to every student who has participated. Cross country is a tough physical challenge, and it has been wonderful to see so many students rise to that challenge, show determination and represent the school so positively throughout the series.

A special mention must go to those students who competed in all four races, completing the entire series. This is a brilliant achievement and demonstrates real commitment and resilience.

We would also like to congratulate our individual athletes who finished in the top three overall in their age categories across the series:

Annabel W- 3rd place overall in Year 8 Girls
Ivy B - 1st place overall in Year 10 and 11 Girls

Finally, an extra-special congratulations must go to Ivy, who was recognised by the Cross Country League as the most successful runner of the series, receiving the prestigious Golden Boot Award.

The Golden Boot is a historic award dating back to the 1970s, presented to the senior athlete with the best overall performance across the race series. To my knowledge, this is the first time NGHS has received this award making Ivy's achievement particularly special.

This is an outstanding accomplishment, and we are incredibly proud of her!
Well done to everyone involved in what has been a fantastic cross country season for NGHS!

Mrs Birch
Assistant Headteacher

WE WILL ROCK YOU!

Rehearsals are well and truly underway for this years school production of ‘We Will Rock You!’. The production is one of the highlights of the academic year and the students are extremely excited to perform in March so look out for more info soon!







UNIFORM DONATIONS NEEDED

DONATIONS WANTED!!

Our Pre-Loved Uniform Shop continues to be really well used, and we are very grateful for all the donations we receive. To help us keep up our stock, we would particularly welcome donations of **PE tops, PE jumpers and blazers** at the moment. However, donations of any NGHS uniform or PE kit that is still in good condition are always very welcome.





ATTENDANCE SPOTLIGHT

Every School Day Matters

At NGHS, we know that regular attendance is about much more than just being in the classroom. Every school day provides opportunities for students to learn, develop friendships, build confidence and feel part of our school community.

Learning: Being in school every day helps students build on their knowledge, develop new skills and keep up with their learning. Even missing a single day can mean missing important explanations, discussions or activities that are difficult to recreate afterwards.

Friendships and belonging: School is also an important place for students to develop friendships, strengthen relationships and feel connected to those around them. Regular attendance helps students feel settled, confident and part of school life.

Opportunities: There is so much more to school than lessons. From clubs and sports fixtures to assemblies, enrichment activities and special events, every day offers something different. Being in school means students can make the most of these experiences and opportunities.

Every day adds up: Missing just one day of school means missing five lessons, as well as the conversations, experiences and opportunities that happen throughout the day. Over time, these missed days can add up and make it harder for students to keep up with their learning and feel connected to school.

We recognise that there are times when absence is unavoidable and that some students face genuine challenges with attending school regularly. Our priority is always to work alongside students and families to understand these difficulties and provide support where needed.
Thank you for your continued support in helping students attend school regularly, arrive on time and make the most of everything NGHS has to offer.

Mrs Birch
Assistant Headteacher



Elevate presents '*Evolution*'

Some of our students are performing in 'Elevate presents Evolution' at the Theatre Severn on **Thursday 29th October**. This is a celebration of classical, commercial and street style dance.

Tickets can be purchased at:

https://www.theatresevern.co.uk/whats-on/elevate-presents-evolution/

Allergy Awareness

At NGHS, the safety and wellbeing of all our students is incredibly important to us. As part of our ongoing commitment to creating a safe and inclusive school environment, we will be sharing a monthly Allergy Awareness update to help students and families better understand allergies and the small steps we can all take to keep each other safe.

For some students, living with an allergy is something they need to think about every day. Allergic reactions can range from mild symptoms to severe, potentially life-threatening reactions known as anaphylaxis. It is therefore important that we all understand the risks and take allergies seriously.

Small actions can make a big difference:

Be mindful of food: Some students have serious food allergies, so it is important that students do not share or swap food with others.

Respect individual allergies: Never assume that a small amount of an allergen is safe. Even tiny amounts can cause a serious reaction for some individuals.

Take allergies seriously: Allergies are medical conditions, not personal preferences. Students should always be considerate of others and never make jokes about or deliberately expose someone to an allergen.

Speak up: If a student feels unwell or is concerned that someone may be experiencing an allergic reaction, they should tell a member of staff immediately.

We want every student to feel safe, supported and confident in school, including those managing allergies.
Thank you for your continued support in helping us create an allergy-aware school community where everyone looks out for one another.

Mrs Birch
Assistant Headteacher

Breast Cancer Awareness

In Year 10 PSHE this half term we have been looking at the topic of Breast Cancer. Throughout the lessons we have been learning about the symptoms, risks and how to check your breasts, with the help of the non-profit charity dedicated to breast cancer awareness, Coppafeel!

Coppafeel has encouraged us to check our breasts monthly, with resources such as free monthly reminders when you text 'CHECK' to 82228, to look AND feel, and to get checked out if in doubt by a GP.

Breast cancer can affect people of any age or gender. It is important to know that although some risk factors cannot be changed, 1 in 4 breast cancers are thought to be preventable throuh lifestyle choices such as maintaining a healthy weight, being physically active and not overdrinking alcohol.

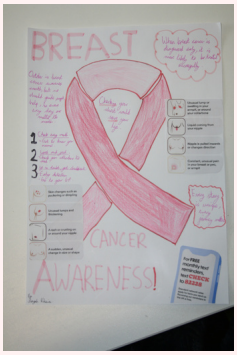
For more information on how to check your chest, visit:

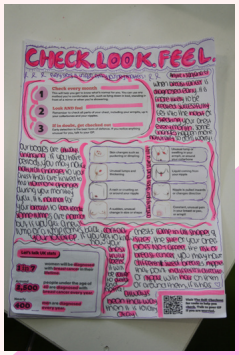
coppafeel.org OR **nhs.uk/conditions/breast-cancer-in-women/**

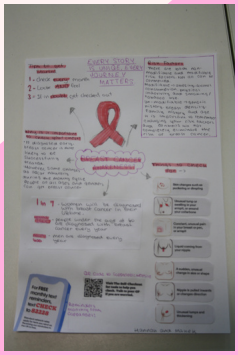
EVERY STORY IS UNIQUE, EVERY JOURNEY MATTERS

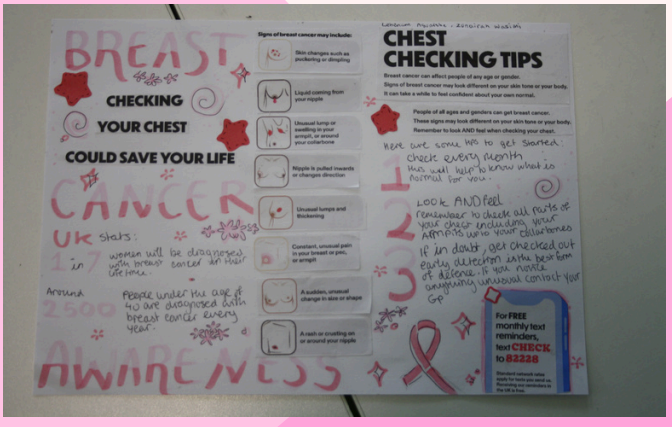
Azra I and Megan K (Y10)

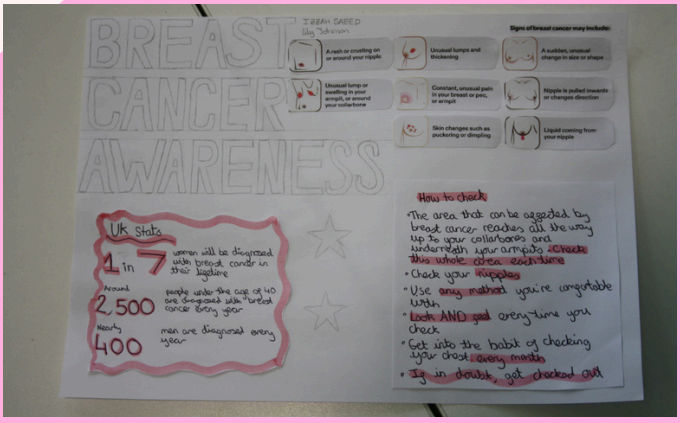


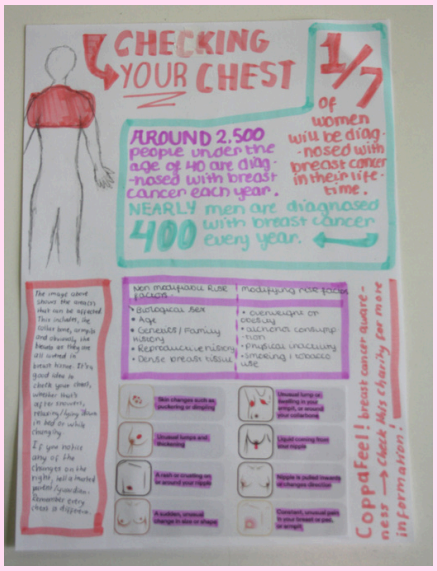


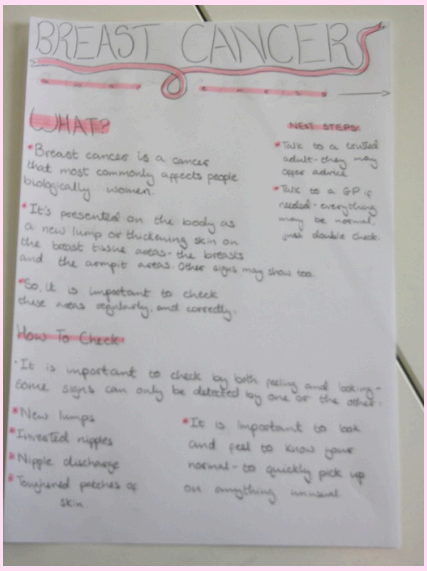


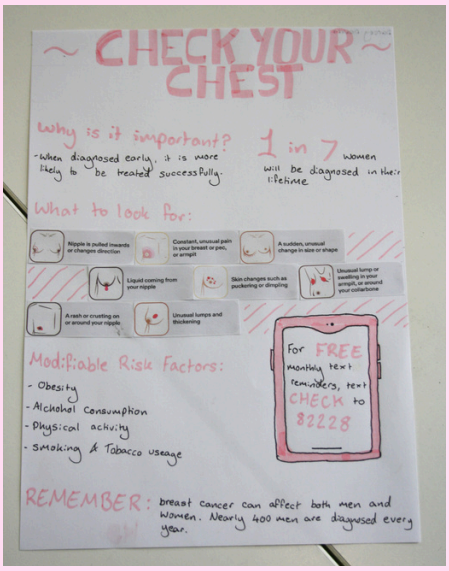


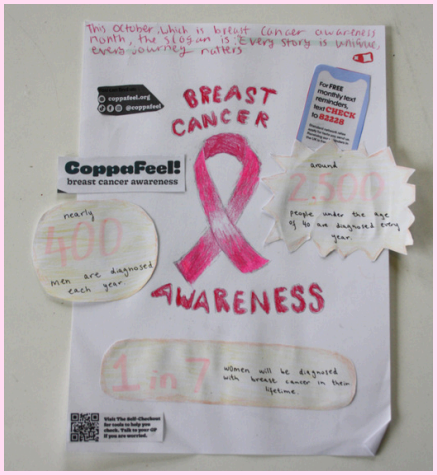




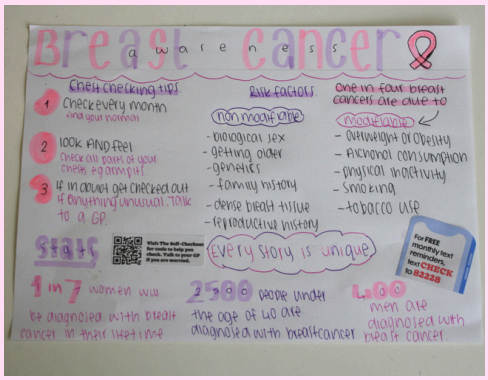

CHECKING YOUR CHEST
1/7
of women will be diagnosed with breast cancer in their lifetime.
AROUND 2,500 people under the age of 40 are diagnosed with breast cancer each year.
NEARLY 400 men are diagnosed with breast cancer every year.
Non-modifiable Risk Factors
Modifiable Risk Factors
CoppaFeel! breast cancer awareness → check this charity for more information!

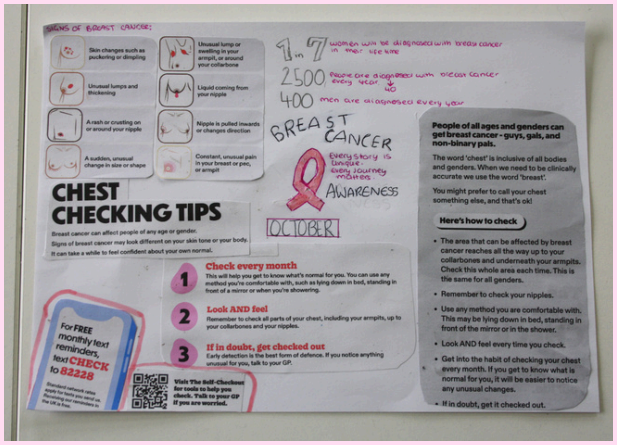

BREAST CANCERS
WHAT?
NEXT STEPS:
*Breast cancer is a cancer that most commonly affects people biologically women.
*It's presented on the body as a new lump or thickening skin on the breast tissue areas- the breasts and the armpit areas. Other signs may show too.
*So, it is important to check these areas regularly and correctly.
How To Check
*It is important to check by both feeling and looking- some signs can only be detected by one or the other.
*New lumps
*Inverted nipples
*Nipple discharge
*Ringed patches of skin
*It is important to look and feel to know your normal- to quickly pick up on anything unusual.

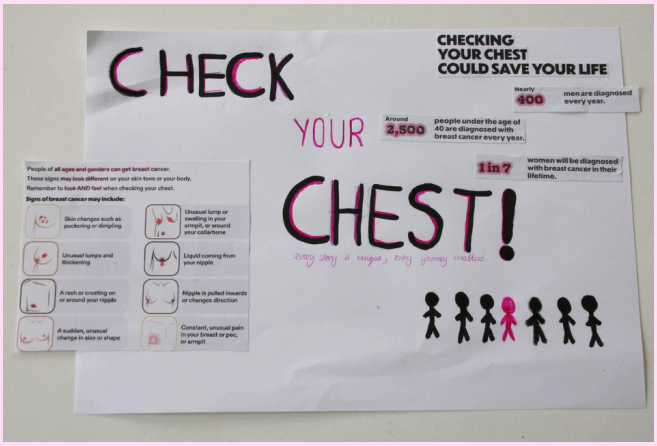

~ CHECK YOUR CHEST ~
Why is it important?
1 in 7 women will be diagnosed in their lifetime
-when diagnosed early, it is more likely to be treated successfully.
What to look for:
Modifiable Risk Factors:
- Obesity
- Alcohol consumption
- Physical activity
- Smoking & Tobacco useage
for FREE monthly text reminders, text CHECK to 82228
REMEMBER: breast cancer can affect both men and women. Nearly 400 men are diagnosed every year.

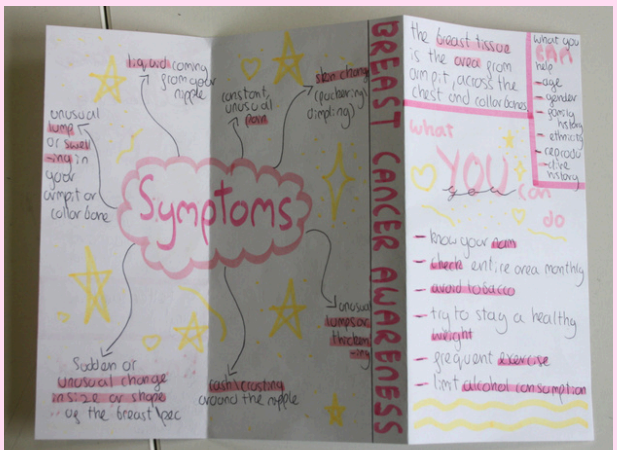

This October, which is breast cancer awareness month, the slogan is 'Every story is unique, every journey matters'
BREAST CANCER
CoppaFeel! breast cancer awareness
AWARENESS
nearly 400 men are diagnosed each year
around 2,500 people under the age of 40 are diagnosed every year
1 in 7 women will be diagnosed with breast cancer in their lifetime
For FREE monthly text reminders, text CHECK to 82228
Visit The Self-Checkout for tools to help you check. Talk to your GP if you are worried.

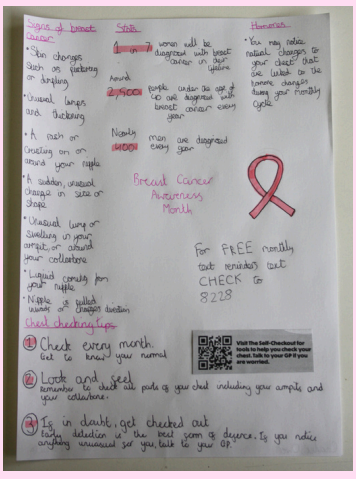

1 in 7 women will be diagnosed with breast cancer in their lifetime
around 2500 people under the age of 40 are diagnosed every year
around 400 men are diagnosed every year
all bodies, all ages, all genders
can be affected by breast cancer
OCTOBER
breast cancer awareness month
check your chest!!!!!
1 Check every month
2 Look AND feel
3 If in doubt, get checked out
Signs of breast cancer
Unusual lump or swelling in your armpit, or around your collarbone
Liquid coming from your nipple
Nipple is pulled inwards or changes direction
Constant, unusual pain in your breast or pec, or armpit
Skin changes such as puckering or dimpling
Unusual lumps and thickening
A rash or crusting on or around your nipple
A sudden, unusual change in size or shape
every story is unique, every journey matters
learn your normal!
check every month!!

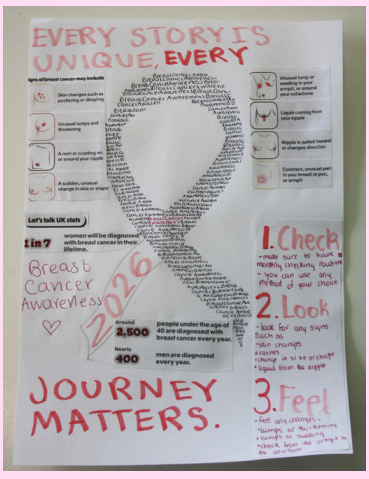

Breast cancer awareness
Check checking tips
1 Check every month and your normal
2 Look AND feel check all parts of your chest, including your armpit
3 If in doubt get checked out if anything unusual. Talk to a GP
Risk factors
non modifiable
- biological sex
- getting older
- genetics
- family history
- dense breast tissue
- reproductive history
modifiable
- overweight or obesity
- alcohol consumption
- physical inactivity
- smoking
- tobacco use
Stats
1 in 7 women will be diagnosed with breast cancer in their lifetime
2500 people under the age of 40 are diagnosed with breast cancer
400 men are diagnosed with breast cancer
Every story is unique
One in four breast cancers are due to modifiable
For FREE monthly text reminders, text CHECK to 82228
Visit The Self-Checkout for tools to help you check. Talk to your GP if you are worried.


SIGNS OF BREAST CANCER:
1 in 7 women will be diagnosed with breast cancer in their lifetime
2,500 people are diagnosed with breast cancer every year
400 men are diagnosed every year
BREAST CANCER AWARENESS
Every story is unique, every journey matters
[OCTOBER]
CHEST CHECKING TIPS
Breast cancer can affect people of any age or gender.
Signs of breast cancer may look different on your skin tone or your body.
It can take a while to feel confident about your own normal.
1 Check every month
This will help you get to know what's normal for you. You can use any method you're comfortable with, such as lying down in bed, standing in front of a mirror or when you're showering.
2 Look AND feel
Remember to check all parts of your chest, including your armpits, up to your collarbones and your nipples.
3 If in doubt, get checked out
Early detection is the best form of defence. If you notice anything unusual for you, talk to your GP.
For FREE monthly text reminders, text CHECK to 82228
Visit The Self-Checkout for tools to help you check. Talk to your GP if you are worried.
People of all ages and genders can get breast cancer - guys, gals, and non-binary pals.
The word 'chest' is inclusive of all bodies and genders. When we need to be clinically accurate we use the word 'breast'.
You might prefer to call your chest something else, and that's ok!
Here's how to check
- The area that can be affected by breast cancer reaches all the way up to your collarbones and underneath your armpits. Check this whole area each time. This is the same for all genders.
- Remember to check your nipples.
- Use any method you are comfortable with. This may be lying down in bed, standing in front of the mirror or in the shower.
- Look AND feel every time you check.
- Get into the habit of checking your chest every month. If you get to know what is normal for you, it will be easier to notice any unusual changes.
- If in doubt, get it checked out.

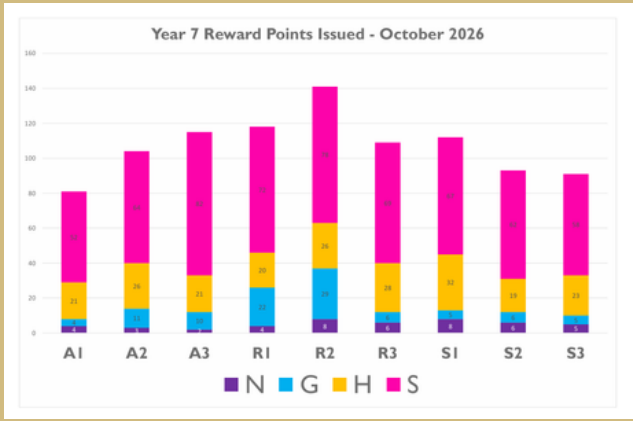

CHECK YOUR CHEST!
CHECKING YOUR CHEST COULD SAVE YOUR LIFE
Nearly 400 men are diagnosed every year.
Around 2,500 people under the age of 40 are diagnosed with breast cancer every year.
1 in 7 women will be diagnosed with breast cancer in their lifetime.
every story is unique, every journey matters.
People of all ages and genders can get breast cancer.
These signs may look different on your skin tone or your body.
Remember to look AND feel when checking your chest.
Signs of breast cancer may include:
Skin changes such as puckering or dimpling
Unusual lump or swelling in your armpit, or around your collarbone
Unusual lumps and thickening
Liquid coming from your nipple
A rash or crusting on or around your nipple
Nipple is pulled inwards or changes direction
A sudden, unusual change in size or shape
Constant, unusual pain in your breast or pec, or armpit

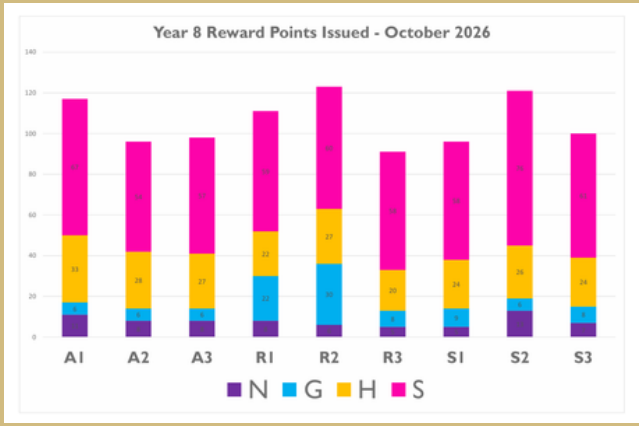

BREAST CANCER AWARENESS
Symptoms
unusual lump or swelling in your armpit or collar bone
nipple discharge coming from your nipple
skin changing (puckering/dimpling)
constant unusual pain
rash/crusting around the nipple
Sudden or unusual change in size or shape of the breast
unusual lumps/thickening
the breast tissue is the area from armpit, across the chest and collarbones
What you can do
- know your norm
- check entire area monthly
- avoid tobacco
- try to stay a healthy weight
- frequent exercise
- limit alcohol consumption
What you can help
- age
- gender
- family history
- ethnicity
- periods
- pregnancy

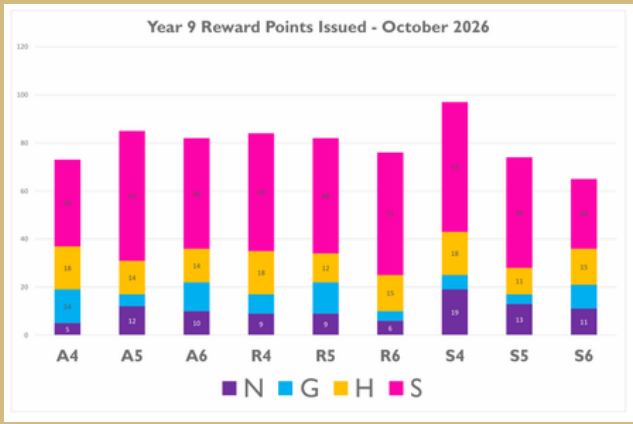

Signs of breast cancer
Stats
Hormones
*Skin changes such as puckering or dimpling
*Unusual lumps and thickening
*A rash or crusting on or around your nipple
*A sudden, unusual change in size or shape
*Unusual lump or swelling in your armpit, or around your collarbone
*Liquid coming from your nipple
*Nipple is pulled inwards or changes direction
1 in 7 women will be diagnosed with breast cancer in their lifetime
around 2,500 people under the age of 40 are diagnosed with breast cancer every year
Nearly 400 men are diagnosed every year
Breast Cancer Awareness Month
You may notice natural changes to your chest that be linked to hormone changes during your monthly cycle
For FREE monthly text reminders text CHECK to 8228
Check checking tips
1 Check every month Get to know your normal
2 Look and feel remember to check all parts of your chest including your armpits and your collarbones
3 If in doubt, get checked out Early detection is the best form of defence. If you notice anything unusual see you talk to your GP
Visit the Self-Checkout for tools to help you check your chest. Talk to your GP if you are worried.

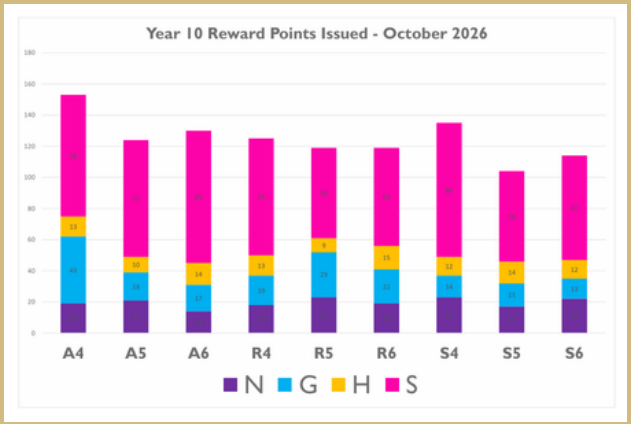

EVERY STORY IS UNIQUE, EVERY
Let's talk UK stats
1 in 7 women will be diagnosed with breast cancer in their lifetime.
Around 2,500 people under the age of 40 are diagnosed with breast cancer every year.
Nearly 400 men are diagnosed every year.
Breast Cancer Awareness
2026
1. Check
- make sure to have a monthly checking routine
- you can use any method of your choice
2. Look
- look for any signs such as
- skin changes
- rashes
- change in or an armpit
- liquid from the nipple
3. Feel
- feel any changes
- lumps or thickening
- changes to nipple
- check how the armpit is the structure
JOURNEY MATTERS.

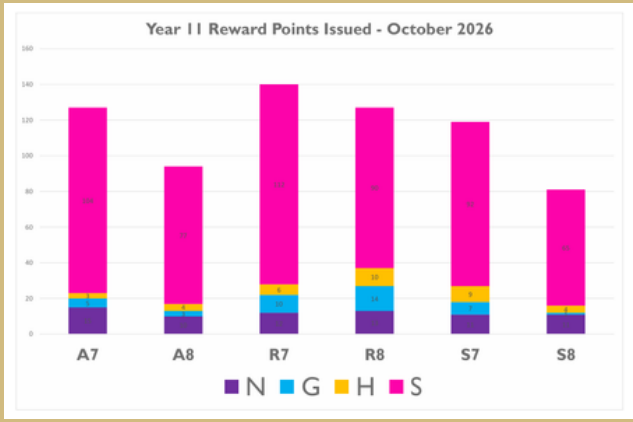
CELEBRATING OUR STUDENTS

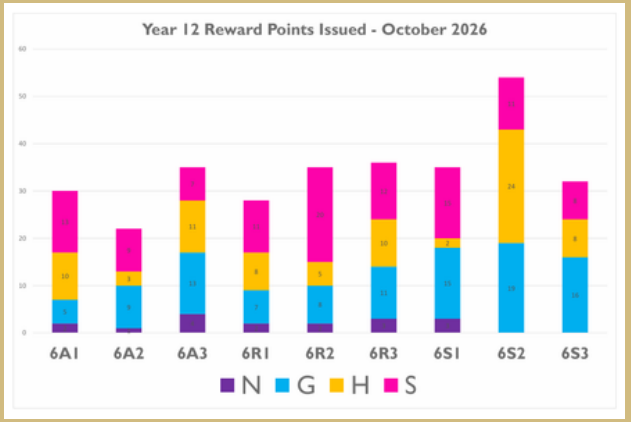


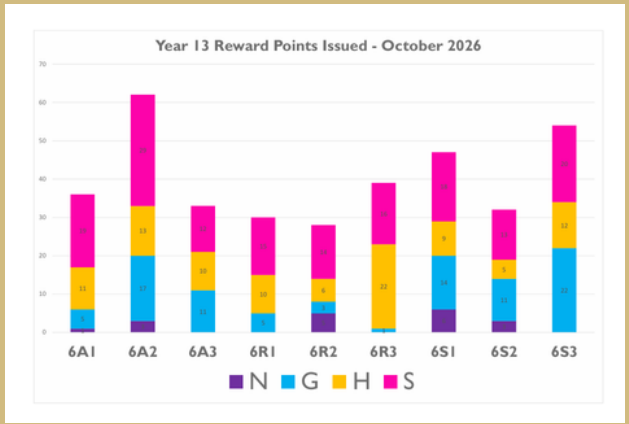












HOW TO GET IN TOUCH!

COMMUNICATION WITH SCHOOL

Over the course of the year, we will communicate with you in a variety of ways:

- Every two weeks, we publish **Newport News** on the school website. This document includes news from school, highlights upcoming events, and recent achievements. A link to each edition is sent home by email.
- An annual **Parents' Evening** to update you on your daughter's progress.
- **Grade sheets** and/or **written reports** to update you on your daughter's progress.
- An annual **parent information evening** to outline the key information relevant to each year group. This is in person for Year 7 and remote for other year groups.
- Relevant **letters** to your daughter are sent home via email.
- If teaching or pastoral staff have any concerns relating to your daughter, they will contact you **by phone** or **email.**

Occasions may arise when you need to contact the school to share information or raise concerns. There are several ways in which you can do this, including:

- By telephone – **01952 797550** – If possible, your call will be put through to an appropriate member of staff. Where this is not possible (member of staff is teaching/not in school/unavailable), a message will be taken and passed to an appropriate member of staff. You should expect a response to your call within 24 hours.
- By email – **schooloffice@nghs.org.uk** – You will receive an acknowledgement email once this has been received and be notified that the email has been passed to the appropriate member of staff (this may not always be to whom the email was addressed). You should then expect a response within 24-48 hours of this acknowledgement.
- By **letter** to the school.
- By **recording a note** in the communication section of your daughter's **planner** to be shared with a member of staff.

During school holidays, reception is closed and phone calls/emails cannot be responded to until we return to school. During the school holidays, **urgent@nghs.org.uk** is available to communicate key urgent information; it should not be used to send routine enquiries that can be responded to when school is open again. This account will be checked once every 24 hours by a senior member of staff. They will then make an appropriate response to any email that has been received.



schooloffice@nghs.org.uk



01952 797550



NEWPORT NEWS

Out fortnightly during term time



Letter to school



Note in Student Planner

NGHS PASTORAL TEAM

WHO'S WHO?

At NGHS, the safety of students, staff and visitors is our top priority. Students can speak to **ANY** member of staff about any concerns, but there are certain colleagues with additional training to support you in pastoral and safeguarding matters.

Heads of Year



Mrs D Martin
Head of Year 7



Miss N Cavendar
Head of Year 8



Mr O Green
Head of Year 9



Ms K Houston
Head of Year 10





Mrs A Chapman
&Mrs H Goodall
Head of Year 11 (Joint)



Mrs K Griffin
Head of Sixth Form

Wellbeing Team



Mrs Aver-Howdle
Years 7 - 10
Wellbeing Officer



Miss E Heyes
Wellbeing Officer
(Y11/Sixth Form)



Mrs V Glew
Administrator
(Sixth Form)

Safeguarding Team



Mrs H Birch: Assistant Headteacher and DSL



Mr A Jones: Headteacher and DDSL



Mr D Postle: Deputy Headteacher and DDSL



Mrs K Griffin Head of Sixth Form and DDSL



Miss A M Davies: Assistant Headteacher and DDSL



Ms K Houston: Head of Year 10, DDSL and CSE Lead

Abbreviations DSL: Designated Safeguarding Lead, DDSL: Deputy Designated Safeguarding Lead, CSE: Child Sexual Exploitation