



NEWPORT NEWS

A weekly update from NGHS

Volume 3 - Issue 7 - Friday 8 November 2019



This week has seen our outstanding school status retained through the official publication of the Ofsted report after the inspectorate's visit last month. I trust you have received your copy and it is also available on our website. With very few schools holding onto their outstanding status (I am told we are only the **SECOND** school nationally since September), we are much in demand from others locally and further afield who are keen to ask questions about our inspection under the revised framework. I strongly believe in doing what is right for students and not always what we are being pushed to do and whilst our GCSE curriculum is not in line with the current thinking that students should access a full three year KS3 curriculum before opting, I have seen here (and in other grammar schools before) how the extra time at GCSE not only improves outcomes for the girls but also deepens their learning at GCSE (we often teach above and beyond the specification) and, most importantly, it helps to reduce difficulties with emotional wellbeing and mental health. We will not be changing our stance on this, but, as with all aspects of school leadership, we will continue to review and learn from others to see what works best for our students.

In spite of a reminder in the newsletter before half term, we still have concerns about the wearing of earrings and rings, which are not in line with the school policy. Students can only wear **one pair of stud-like earrings** and **no**

rings may be worn by students in Years 7-11. Students who continue to ignore this long-standing policy can expect to have the jewellery confiscated and receive a sanction in line with our behaviour policy. Sixth Form students may need to remove their rings/earrings for certain practical lessons when asked. Thank you for your cooperation in ensuring your daughter adheres to these requirements, which are also matters of Health & Safety.

Before half term, our pastoral team found a growing number of students asking to move to the front of lessons because of problems seeing the board. If it has been some time since your daughter has visited an optician, it may be worth considering this as they move through their teenage years. As a recent glasses wearer myself, the world has suddenly become clearer after I neglected to do the same!

During half term we enhanced the security of the site still further with fencing/gates around the refurbished sports courts. Whilst not the most aesthetically-pleasing addition to the site, the fencing has enhanced security and safeguarding our students is paramount. The gate will be open for public events so courts parking is still fine.

Next Tuesday is our **SIXTH FORM OPEN EVENING**. We look forward to seeing Year 11 families anytime between 4pm-7pm to find out more about NGHS6. More information on page 2 of this week's Newport News.

Very best wishes for the weekend.

Mr M J Scott

Newport Girls' High School

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Newport, TF10 7HL
Tel: 01952 797550

Headteacher: M J Scott BA(Hons) Exon PGCE NPQH

To contact the School about a general enquiry, please use schooloffice@nghs.org.uk

INVITATION FOR FAMILIES OF YEAR 11 STUDENTS

We look forward to seeing you **next Tuesday** at our **Sixth Form Open Evening**. There are short talks in the Hall at 4.30pm, 5.30pm and 6.30pm. This is **not** just an evening for prospective (new) students to NGHS. Please do come along anytime between 4pm-7pm and find out more about NGHS6. You will be able to talk to subject staff, current sixth form students and discover more about the opportunities that Years 12-13 at NGHS bring. Life in the sixth form is different to Year 11 and there's even more to offer! We look forward to seeing you next Tuesday.

Mrs Griffin, Head of Sixth Form



Excellent Academic Outcomes at GCSE and A-level | SSAT Award for attainment and progress
Full range of A-levels | Fabulous opportunities for travel | Anna Freud school for mental wellbeing
Gold Crest Science Projects | Duke of Edinburgh Award | Beacon School for Holocaust Education
Outstanding pastoral care | Wide range of student opportunities | Leadership positions
Award-Winning Gardening Club | Thriving House system...and much more!
Top Performing School in Shropshire & Telford & Wrekin 2018 & 2019 - come and see why...



Newport Girls' High School REMAINS OUTSTANDING!!

Sixth Form Open Evening Tuesday 12 November 4pm-7pm Visit www.nghs.org.uk for details

“It is clear that, at this school, pupils’ academic and personal achievements are equally valued. As a result, they achieve exceptionally well at GCSE and A level and are happy, safe and fulfilled.” Ofsted (October 2019)

Dealing with Examination Stress: Guidance taken from 'Young Minds'...



Miss Clarke explains....

Year 11 are quickly approaching Mock Examination time and so I felt it was important to do some reminders to try and make this period as stress-free as possible. As a school we want to ensure that all of Year 11 cope with the pressure of this period effectively and know how to seek help if they are finding things challenging. As a reminder we have plenty of sources of support in school:

They can ask for advice from the Head Girl Team or Health & Wellbeing Reps in the Sixth Form

They can come and talk to any member of the pastoral team, this includes form tutors, Head of Year, Mrs Davenport and Mrs Danby.

They can continue to attend subject drop-ins at lunchtime to ask for specific subject support/advice.

Young Minds also share 10 top tips for wellbeing for during exam time, these were written by young people to promote staying well during revision and exams.

- Always take a moment just to breathe, whether in the exam, before or after.
- Remember that school does offer support, just reach out and ask!
- Keep your work balanced. Spend time revising but socialise and relax too.
- Keep a self-care routine so that your revision is the most productive whilst you feel as good as possible.
- Break up revision with food and exercise to make sure you stay energised.
- Remember that results do not define you.
- Find a revision space/style that works for you: silence, background chatter, music with or without lyrics.
- Work to your own pace - everyone is different in how they work.
- If you feel nervous about the time pressure of an exam, practice timing yourself when you revise, or try some test papers.
- Plan in some treats to reward yourself, and celebrate when it's all over!

Random Acts of Kindness for 'New Things November'

Date	Option 1	Option 2
Friday	If someone compliments you, thank them and let them know you're proud of that skill, talent or accomplishment.	Invite a friend over for dinner.
Saturday	Show gratitude to someone publicly on social media.	Rake leaves for an elderly neighbour.
Sunday	Wake up early to appreciate the sunrise.	Write positive messages for others to see.
Monday	Write a note of gratitude to a veteran thanking them for their service.	Make homemade cards for a retirement community.
Tuesday	Send an email to someone you care about telling them how they have helped you.	Donate canned goods to a food bank.
Wednesday	Say thank you to someone who has helped you today.	Fill a jar with compliments to give to a friend or family member.
Thursday	Take a walk to reflect on what you are grateful for	Hang a positive note or news clipping on a bulletin board.

**CHANGE
STARTS
WITH**



#ANTIBULLYINGWEEK

Next week is National Antibullying Week. We are raising awareness with a number of activities for students to get involved in.

MONDAY

Join the Wellbeing Committee in the Hall at 1pm and help us to create an Anti Bullying display board. Fill it with positive affirmations and feel good statements.

TUESDAY

ODD SOCKS DAY! Odd Socks Day is designed to be fun! It's an opportunity to encourage people to express themselves and celebrate their individuality and what makes us all unique!

WEDNESDAY

Join us in the Computer Room at 1pm to research anti bullying websites and create posters to advertise them around school.

THURSDAY

Join the Wellbeing Committee in room 12 for some cake and a chat. Learn about the different types of bullying, what we can do to stop bullying and our Wellbeing officers will be there if you would like to talk to someone about anything you may be going through.

Mrs Martin & Mrs Danby (Wellbeing Officers)



Second-hand Book Sale

In aid of Gardening Club, we are running a second hand book, CD and DVD sale on **Friday 29th November**, to fundraise for our upcoming pond and outdoor learning area projects. Therefore, it'd be great if you could please bring and donate any unwanted books, CDs or DVDs into school Reception.

Many thanks, Gardening Club.



The latest TYF nominations are from the lead up until Half Term. These nominations are given by staff to any student in school who has demonstrated any of the ethos and values statements or gone above and beyond to help and support with events that are happening in school. Winners of these awards receive a Thank You Friday house point as well as receiving a postcard home to say well done.

Awarded to:	Awarded by:
F Jones-Smyth (R6)	Mrs J Barker
S Brown (S7)	Mrs A Seys
C Cui (S3)	Mrs K Wallace Miss T Wells
E Esslemont-Hill (S4)	Miss A-M Davies
X Fujii (S4)	Miss A-M Davies
A Hill (R5)	Mrs K Wallace
S Hose (A3)	Mrs L Payne
K Hossack (A3)	Mrs L Payne
R Howells (S7)	Mrs A Seys
K Hughes (S5)	Mrs K Gill Mrs H Goodall Miss A-M Davies
R Jones (S4)	Miss A-M Davies
K Lemmon (A6)	Mrs K Griffin
J Lonsdale (A7)	Mr D Postle
B McCloy (S3)	Miss T Wells
O McLaughlin (S4)	Miss A-M Davies
E Mickelwright (A7)	Mrs K Wallace
O O'Bryne (A6)	Mrs K Griffin
J Orakwue (A5)	Mrs S Dainty
N Patnaik (S7)	Mrs A Seys
A Reid (S3)	Miss T Wells
E Rowley (R7)	Mrs H Furnival
O Shepherd (R7)	Mrs H Furnival
I Smith (S4)	Miss H Clarke
M Smith (S3)	Miss T Wells
A Srinivasan (S3)	Miss T Wells
B Tibble (A1)	Mrs T Fujii
E Watts (R7)	Mrs K Griffin
A Williams (R3)	Mrs H Furnival
B Williams (S3)	Miss T Wells

ATTENDANCE MATTERS.

ALL DAY, EVERY DAY

2019-2020		
Term 1	Attendance % in the specific week	Attendance % so far this year
Week 1	98.48%	98.48%
Week 2	98.06%	98.21%
Week 3	96.71%	97.63%
Week 4	97.11%	97.49%
Week 5	96.95%	97.37%
Week 6	97.40%	97.37%
Week 7	97.18%	97.36%
Week 8	97.46%	97.39%

Miss Clarke (Assistant Head) is delighted with the overall attendance percentages for the first half term across the school. The DFE target is 95% and we set our own target at 97%. As you can see, the orange shaded cells in the table above show where this has been achieved. Thank you for your support in making sure your daughter attends school regularly. With a clearly proven link between low attendance and lower grades, it is great that our students are doing their best to attend regularly.



Cameron Bepolka
TRUST

Ellie Micklewright, a pupil in Year 12 who last year won the **RHS Young Gardener of the Year competition** has now launched a gardening blog for the Cameron Bepolka Trust, where she is an Ambassador. The Trust aims to inspire people to set up wildlife gardening clubs in their own schools and communities. Ellie spends a lot of her time supporting younger students by being a driving force behind our very successful gardening club. The blog is really interesting and well worth a read. Click on the link below and enjoy!

[Click here to read the blog](#)



QUIZ NIGHT



NGHS PTA QUIZ

FRIDAY 22nd NOVEMBER, 7.30 – 10PM

Now that autumn is well and truly here, what better way to unwind on a Friday night than by pitting your wits against friends, family (and teachers if they dare...) at our seventh PTA quiz!

The PTA Quiz gives you a chance to unwind with friends old and new for a family-oriented evening filled with:

- ✓ **Fun** – 10 rounds of questions on a range of topics to challenge us all!
- ✓ **Family & Friends** – pupils, parents, friends and family members are all very welcome
- ✓ **Food and Drink**– take your pick from either fish & chips, sausage & chips or an alternative delicacy from Jones Fish & Chip shop and treat yourself to a drink (soft drinks, beer and wine are all available to buy)

This event is more about Fun rather than Fundraising - a great opportunity to socialise with other parents and to get to know your daughters’ friends. Teams can be up to 6 people, but don’t worry if you don’t have a ready-made team – there will be group tables which you can join on the night. Tickets will be priced at £6 per person, including food.

To book your place, please complete the reply slip below indicating your food choice, and return with payment to the school office, marked for the attention of the PTA Quiz Organiser. We will acknowledge receipt of your food order and payment by text message (your number will only be used for this purpose). You can pay by cash or cheque (payable to NGHS PTA). If you prefer, you can email your completed form to the PTA email address.

We would also like to hold a raffle on the night. If you are able to donate a prize, please email the PTA to let us know.

Many thanks, the PTA

Email address: pta@nghs.org.uk



PLEASE COMPLETE THIS SECTION:				
Name:		Phone:		
		(for any queries)		
Student’s Name:		Year Group:		
TICKETS	Quantity	Cost		
Tickets @£6 each		£		
FOOD ORDER	Fish & chips	Sausage & chips	Just chips	Greek salad pitta (V)
Please enter quantity				
Please state any special requirements e.g. Jones’s can offer gluten free chips and fish. We will contact you in case of query.				



Who to contact?

Please remember to use the schooloffice@nghs.org.uk to contact school in the first instance.

Routine Query?	Will be answered by our Reception team or your daughter's form tutor
Pastoral matter?	Form tutor or Head of Year (Ms Capaldi, Miss Tomkinson, Miss Clarke, Mrs Griffin)
Wellbeing issue?	Mrs Danby (Y7-11) or Mrs Martin (Sixth Form) or Mrs Davenport (medical)
SEND issue?	Mrs Benoit (our Special Needs & Disabilities Coordinator, SENDCO)
Subject issue?	Class teacher in first instance or Head of Faculty (via schooloffice@nghs.org.uk)
More serious issue?	The Senior Leadership Team (Mr Scott, Rev. Walters, Miss Clarke, Miss Davies) Safeguarding Team: Miss Clarke, Mr Scott, Mrs Davenport, Mrs Danby
Very urgent issue?	Email urgent@nghs.org.uk (outside of school hours) in case of emergency



NGHS will be partaking in the 'Let's Get Telford Active – The School Challenge'. The Challenge will run over the course of this school year. Each term a new challenge will be set for schools across Telford & Wrekin to compete in getting children and staff active and having fun. Throughout the month of November schools will be challenged to complete the Daily Mile. We aim to incorporate this into our games lessons with every year group by making it part of the students warm-up. At the end of the school year, there will be the opportunity for the school to take part in a World Record Breaking attempt for school mass 'active' participation. The type of activity will be announced later into the School Challenge.

Forthcoming Dates...



Date	Event	Year(s)
Mon 11th	Governor Committee Meetings	Govs
Tue 12th	Sixth Form Open Morning & Open Evening (4pm-7pm)	Y11
Wed 13th	Biology Live Trip	Y12-13
Thu 14th	Mock Art Exam	Y11
Fri 15th	INSET DAY: School Closed	All
Mon 18th	PTA meeting at 7pm	Parents
Tue 19th	Chemistry Lecture, evening	Y12-13
Wed 20th	Physics Trip, Jodrell Bank	Y13
Fri 22nd	PTA Family Quiz Night	All

Worth a thought...

Good humour is a tonic for the mind and body. (A3)

For every minute you are angry, you lose 60 seconds of happiness (MJS)