



# NEWPORT NEWS

## A weekly update from NGHS

Volume 2 - Issue 11 - Friday 23 November 2018



### Head's Lines

The rapidly swirling leaves around the netball courts by my office and the frantic hand-rubbing of students returning from their outdoor PE lessons are clear indications that the first batch of wintery weather has arrived. Please can I ask two things this week. Firstly, please ensure that all students have a **suitable winter coat** to travel to and from school each day. There have been a lot of hoodies worn under blazers this week. This is not part of our uniform policy and is not acceptable. Secondly, please ensure that school has the **right contact details** for you by logging onto the SIMS Parent App/Website and checking these. In the event of a school closure for bad weather, it is important that we (and/or your daughter) can reach you quickly. Please also consider (with your daughter) a plan in the event that we have to close the school during the day. This is a last resort and we would never leave students stranded, but a clear plan involving someone who lives locally would be appreciated, I'm sure. In the event of a school closure one morning, news will always be posted on our website by 7.30am at the latest.

Our Year 11s have had their **mock GCSEs** this week and I must say that they have conducted themselves impeccably. They have remained pretty calm and used their revision time effectively in school. I am very proud of their efforts. Thank you to all the Y11 parents whom I am sure have supported their revision with tea and snacks...just one final Maths exam remains now!

Unfortunately we have had a couple of instances of **name-calling and unpleasant behaviour online** this week and some occurrences outside of NGHS have been brought into school. Sadly, some students are prepared to post derogatory information online about others and many of these posts are often made between midnight and 2am. I would respectfully ask you to consider the arrangements you have at home for the use of Wi-Fi and mobile phones/tablets after bedtime. We will do our best to support students and will apply our behaviour policy consistently, but some incidents are outside of our remit and a lot of staff time can be taken up in dealing with 'night-time' incidents, which we hope could have been prevented. Your support is much appreciated.

Next Thursday we have our **Autumn Concert**. It promises to be an excellent evening and Mrs Chapman is gearing up for the busiest time of year in any Music Department. Please do support her and our talented musicians. Tickets are at Reception now!

On Sunday, Mrs Seys and I have been invited to attend the **opening of Bosnia House** in Birmingham. You are aware that we have been working with the charity *Remembering Srebrenica* and our work has been attracting far-flung attention. We look forward to this ceremony.

Finally, I've been asked to remind parents to please not park/drop-off/pick-up in the bus bays on Wellington Road. Thank you for your cooperation.

Wishing you a pleasant weekend,

**Mr M J Scott**

## New York, New York!



NGHS  
New York 2019  
Music Tour

We are delighted to again grace the front of the Newport Advertiser this week with another feature photograph! Thanks to Anton Gunter at Global Freight Distribution we are now the proud wearers of performance polo shirts for our New York Music Tour. The choir and jazz band are visiting the Big Apple in April 2019 and each member will now look very smart. The shirts have been well received and we are grateful for this very generous gesture from Global Freight Distribution, as well as the support of Be Bold Media, Newport.



**Newport Girls' High School**

Wellington Road  
Newport, TF10 7HL  
Tel: 01952 797550

**Headteacher:** M J Scott BA(Hons) Exon PGCE NPQH

To contact the School about a general enquiry, please use [schooloffice@nghs.org.uk](mailto:schooloffice@nghs.org.uk)



## SPOTLIGHT ON *Physics Live!*



“  
*The talks we heard  
came from many  
amazing scientists...*”

To begin our day at Physics Live 2018 we travelled to Birmingham University's Great Hall where our day of fascinating talks would take place. The talks we heard came from many amazing scientists including Dr. Helen Czerski speaking on her recent expedition to the arctic circle, Professor Jim Al-Khalili talking us through the question of 'does life need quantum mechanics?' and even a talk from Professor Trevor Cox on how acoustical engineering is changing singing, and this is just to name a few. As well as having the opportunity to listen to these lectures we also had a talk from an

examiner giving us her best tips and advice on how to achieve our best in our A level Physics exams, such as her top revision techniques, what to check once you have finished your paper, how to tackle different types of questions and much more. Overall, our day at A level Physics live was extremely enjoyable, interesting and helpful in broadening our understandings of Physics, even in topics and concepts that we maybe hadn't come across before, the opportunity was fantastic. Thank you to Dr. Catalan for organising this for us.

**L McCarthy, Year 12**

### **Please kindly support two school events this term...**

 **NEWPORT GIRLS' HIGH SCHOOL**

# MUSIC CONCERT

Thursday 29th November 2018  
7pm

Adults £3  
Concessions £1

**Tickets available from Reception**

 *Newport Girls' High School*

# Christmas Carol Service

Tuesday 18th December 2018  
7pm

*Tickets available from Reception*

# Christmas smile



## GIFT DONATIONS NEEDED

Please try to support our Christmas Smile donations this year by buying an additional toy, smellies set, pair of warm gloves/scarf etc. and dropping them off at Reception before next Friday.

We would love to make a difference to our local community and are supporting the Christmas Smile Charity to make this happen.

THANK YOU

Mr Scott

# THANK YOU FRIDAY



Well done to our Thank You Friday winners. This week they were awarded to students for a wide variety of reasons; some have shown initiative and started extra-curricular clubs, others have been helpful and kind to others. It really is lovely to hear about so many positive things that students are doing to earn these nominations.

FORM	STUDENT NAME(S)
A1	H Harrison
A2	V Cass
A3	G Farge
A4	M Young
R1	L Lo
R2	A Ward
R3	S Garcha
R4	C Thomas
R5	D Kynaston
R6	I Holt, E Turner, L Dover, N Coleman
S1	C Hurst
S2	Q O'Howell
S3	I Blackburn
S4	C Gemmill
S5	K Cox
S6	R Clayton
S7	R Howells
HOY 7-8	E Postlethwaite
HOY 9-10	M Bellamy
HOY 11	E Waston-Nolan, P Bolton,
HOY 12-13	E Heins, L Bagnall
Headteacher	J O'Neill

## Year 7 & 8 Rewards Assembly

Form	HP Total	Rank
A1	469	4
A2	394	6
R1	494	1
R2	460	5
S1	485	2
S2	476	3

This week Mrs Capaldi has led the Year 7 and 8 Rewards Assembly to celebrate and reward the house points that were achieved during Autumn Term 1. House points have been awarded to students over the first half term by subject teachers and form tutors for their work, effort and participation in lessons and form time. They are also awarded for participation in extra curricular activities, as well as for attendance monthly. The first award was presented to the form who had collected the most house points, please see the results table. Congratulations to **R1** on their winning total number of house points, which is a fantastic achievement by all members of the form. The winning form have been presented with a form house point cup which they will keep in their form room for this half term.

The second award was to celebrate the individual students in each year group who have received the highest number of house points during Term 1, these winners received a certificate and a sweet treat. Congratulations to our winners this term.

Year 7 Students	Award
A Mangham	GOLD
E Gregory	SILVER
L Male	BRONZE

Year 8 Students	Award
S Li	GOLD
J Mooney	SILVER
S Thakur	BRONZE

Finally, we wanted to recognise every students successes over term 1 and so we finished the rewards assembly with a lucky dip. For every 10 house points that students had received they had one ticket placed into a lucky dip, 3 winners were then drawn at random and they received a prize from the lucky dip box. The winners of these awards were:

**E Jenkins    E Howe    M Hamdy**

# THE VALUE OF *Resilience*

On Tuesday evening, some Sixth Form students had the privilege of hearing an AGS talk on Resilience from the war veteran John Peters, a pilot who was captured and tortured in the Gulf war. He ended the evening by summarising his inspiring but life-worn message into one phrase: Learning abcd.

**Learning:** You can learn faster than they can create obstacles for you to fall on, whether this obstacle is fear under duress or working towards your exams.

**A:** Everyone is held under the absolute expectation of Achievement. You either achieve this, or you learn to forgive yourself completely and move forward. John never had PTSD, but his one regret until he forgave himself was not achieving the mission he was given by his squadron.

**B:** Think Beyond your walls - if you only focus on the immediacy of life, you will never be able to go forwards. John got through his ordeal by dreaming up holidays for his wife, businesses and even his future house. Thinking about the future knocked down his cell walls.

**C:** Confidence and Calm. Be confident in all you do. Life is too short to be fearful in front of a crowd, to

complete an exam. If you approach tasks with a confidence and calm, finding coping mechanisms to relax you in stressful situations or taking time out of your day to reflect on your life. John had the confidence and dignity to refuse to give up even his military rank as a prisoner of war to his captors.

**D:** Discipline. You'll always have goals in life which you have set for yourself or have been set for you. You are to achieve these and work to always improve and better yourself. Whilst in imprisonment John set continuous daily tasks. Though he lived for 7 weeks with a bag over his head, not knowing when he would next face torture, he set tasks for himself. Handcuffed press ups, flexing muscles. He spent three days' thinking on love; his interpretation of the word...

John Peters survived a horrific ordeal, this being the reason he was made a national hero upon his return and still asked 28 years later to speak about his experience. His messages, are of resilience and self-development. Not allowing others to best you, retaining dignity and living your life to see your children grow. These are powerful messages for today's society.

**Emily J and Ebelina A**

## MUSICAL THEATRE

Massive congratulations to a number of NGHS students who have completed and passed Musical Theatre examinations.

- ♪ L Skidmore
- ♪ L Patrick
- ♪ P Evans
- ♪ D Thomas
- ♪ K Tichford
- ♪ E Bower
- ♪ M Smith
- ♪ I Smith
- ♪ S Sulake

Mrs A Chapman



### National Youth Orchestra Beckons

Year 12 student Ruby Howells has been successful in gaining a place in the National Youth Orchestra of Great Britain. This tremendous achievement is much deserved and we are delighted to share her success.

Ruby will be performing in the NYO concert **tonight** in Birmingham and tickets tonight are only £5 for Under 25s. For more information, please [click here](#).



## Double Award Success!

Erin Bower (Year 10) has recently completed two new challenges; a Musical Theatre Examination last weekend, as reported on the previous page, and, prior to this, the Baden Powell Challenge Weekend, which is the last requirement to achieve the Baden Powell Award (the highest achievement in the Guiding section of Girl Guiding).

The weekend was themed on helping others. Erin completed activities concerning period poverty, working behind the scenes at the Food Bank and made a tippy tap to promote world water hygiene. Erin was the only girl from her Guide unit to attend the weekend. It was a pretty scary thought spending the weekend with girls and leaders that she did not know but she came back with a smile on her face and stories of the amazing time she had.

Erin has had to work over the last year on ten clauses set by Guides, which a lot she had to do independently outside of Guides to achieve her Baden Powell Award. We are all very proud of her achievement in gaining the top award for Guides. Well done, Erin!

## Congratulations

**Becky Chilcott (year 13)** who has been ranked #1 Junior in the Country for the Barebow Division by Archery GB. What an achievement!!



## Forthcoming Dates...

Date	Event	Year(s)
Thu 29 Nov	School Concert, 7pm	All
Mon 3 Dec	Bletchley Park Trip (Maths)	Y11-13
Mon 10 Dec	Full Governors Meeting	Govs
Thu 13 Dec	Parents Evening	Y12
Fri 14 Dec	Winter Jumper Day Christmas Lunch in school	All All
Tue 18 Dec	Carol Service, 7pm, St Nicholas Church	All
Wed 19 Dec	Pantomime Visit (am)	Y7
Fri 21 Dec	End of term at 12.35pm	All



### NGHS GERMAN EXCHANGE BEGINS!

I am thrilled to announce our German exchange partnership with Schloss Hagerhof (near Bonn in Germany) has begun and we are taking a group of 14 students and 2 staff to Bonn in March 2019 before welcoming a group of German students in June 2019. There has been a really strong response from Year 10 students for the exchange and letters will be sent out today via SchoolComms to those who can participate and those on the waiting list.

Mr M J Scott



## HEALTH & WELLBEING TOP TIP! **Ask For Help!**

Don't be afraid to ask teachers for help.  
There's nothing wrong with that!  
Form S5