Online Safety

Mind: How to stay safe online

https://www.mind.org.uk/information-support/tips-for-everyday-living/looking-after-your-mental-health-online/about-your-mental-health-online/#.W312JsuGOUk
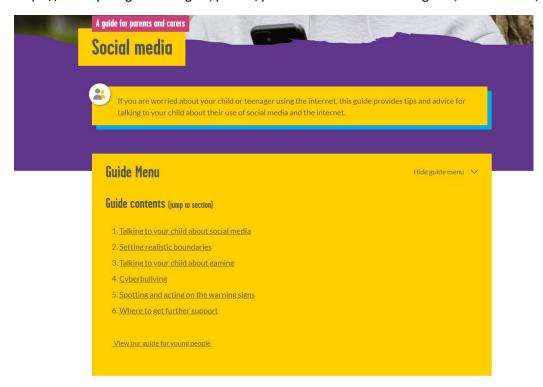

Think U Know: Online Advice

https://www.thinkuknow.co.uk/

Young Minds: Talking to your child about the internet and social media

https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/social-media/

A guide for parents and carers
Social media

If you are worried about your child or teenager using the internet, this guide provides tips and advice for talking to your child about their use of social media and the internet.

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1. Talking to your child about social media
2. Setting realistic boundaries
3. Talking to your child about gaming
4. Cyberbullying
5. Spotting and acting on the warning signs
6. Where to get further support

View our guide for young people

Child Safety Online: A practical guide for parents and carers whose children are using social media

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/490001/Social_Media_Guidance_UKCCIS_Final_18122015.pdf.pdf

Child Safety Online:
A practical guide for parents and carers whose children are using social media

Social networking is hugely popular. Many young people are sophisticated in the way they use social media apps and websites, tailoring their communication for different audiences, and accessing them from a range of devices including smartphones, tablets, and games consoles.

But social media, like all forms of public communication, comes with some risks.

Why children use social media

Self-esteem   Expression

Confidence   Popularity