



# NEWPORT NEWS

## A weekly update from NGHS

Volume 1 - Issue 15 - Friday 17 May 2018

### Head's Lines



**E**xam week has been our focus this week and every year group has been involved, from Year 13 AS resits in Maths, to Year 11s tackling Computing, French, Chemistry and Biology down to Year 7s tackling their very first examinations at NGHS. I have been extremely impressed by the approach taken by our students and sad that I didn't buy shares in an index card company some years ago. It would be interesting to know just how many post its and index cards have been filled in and brought to school! After my colleagues have marked the papers, our students will hopefully feel happy with their performance in most (or maybe even all) of their subjects, but of equal importance is that the exams help to identify any gaps in their knowledge and that students show resilience to any disappointing results. This is something we will reflect on as part of our PSHE curriculum.

I was delighted to receive notification that NGHS has been selected to take part in an Anna Freud Education for Wellbeing Programme. Only a few schools have been chosen nationally to join their latest programme and this is a great accolade for NGHS. An update on our wellbeing strategy can be found on page 2.



In science, a group of Year 8 students recently took part in the Salters Chemistry competition with Mr Tolley, finishing **SECOND** in our region. A real accolade - see below!

Finally I would like to wish our U15 Handball Team (pictured above) every success as they represent the West Midlands in the regional competition on Monday 21 May in Wolverhampton. We also have Year 8s involved in an Athletics competition and U13 Cricket Tournament next week. Summer sport has really got off to a great start!

Wishing you a pleasant Royal Wedding weekend!

**Mr M J Scott, Headteacher**

### SPOTLIGHT ON

### *Salters Chemistry*



Last Thursday, we attended the Salters' Festival of Chemistry with a team of four year 8 girls: E Watson-Nolan, A Bickerton, H Meechan and E Jackson. They completed two challenges in the labs and in one of them (the Salters' challenge) they gained a second place finish. In this activity they had to carry out some chemical tests and problem solve. They then had to produce a written report of their findings and present it to the judges.

In the afternoon activity they had to work with coins, nails and various fruits and vegetables in order to produce a voltage. The electricity produced had to power a model Tardis with a blue LED light. They were a

**Mr C Tolley, Science Faculty**



were then treated to a lecture showing some spectacular chemical reactions with a Minions theme. They were a credit to the school and we really enjoyed the whole day.

### Newport Girls' High School

Wellington Road  
Newport, TF10 7HL  
Tel: 01952 797 550

**Headteacher:** M J Scott BA(Hons) Exon PGCE NPQH

To contact the School about a general enquiry, please use [schooloffice@nghs.org.uk](mailto:schooloffice@nghs.org.uk)



Miss Clarke has an update about some activities to support **Mental Health Awareness Week**.

Next week the Health and Wellbeing Committee led by Ruby Furniss (Deputy Head Girl for Student Wellbeing) will be organising a series activities focussing on Mental Health Awareness Week. We felt it was important following all of the hard work, revision and exams during our internal exam week to spend time next week promoting good mental health and wellbeing and balance.




Ruby and the Health and Wellbeing Committee have put together a number of activities for all students to complete during form times next week, including a kahoot quiz and some wordsearches and crossword challenges as well as time to reflect and chat about how things are going at the moment. We are also going to be raising awareness of the Mental Health Foundation's initiative of **curry and a chaat** in the hope that our students will have a meal and chat with their friends and family over the next few weekends. Finally, we felt it was important to arrange a practical, fun and exciting event as a way to de-stress following exam week and so our house sports captains (Lucy, Katie and Molly) have arranged an **inter-form rounders competition** to happen over lunchtimes next week. The timetable is shown below.


We hope to see lots of engagement and support of these matches next week. Results for this tournament will follow in next week's newsletter, we are going to celebrate the success of the Houses in each of the age groups, as well as the overall House from across all of the age groups. Good luck to Austen, Roddam and Seacole this week.

Finally, I hope you manage to find time for a curry and a chaat (or maybe just take a bit of time for yourselves) this weekend.

**Miss H Clarke (Head of Y11/PSHE)**



**Anna Freud  
National Centre for  
Children and Families**



**Supporting  
mental health and  
wellbeing in schools**

I am delighted to share that NGHS has been selected to work with the Anna Freud Charity on a project from June 2018 – February 2020.

We have been selected to take part in the **INSPIRE project** which is about developing resilience and emotional literacy. Our school will be a **pilot school** delivering on one of the 3 areas: mindfulness, relaxation or strategies for safety and wellbeing. This will happen during PSHE lessons and form times to our Year 7 and 8 students. Further information will be sent out in due course to explain the finer details of how the project will work.



Day	Match 1 12.35	Match 2 13.00
<b>Monday</b>	S6 vs R6 A6 vs S7	R7 vs A7 A6 vs R6
<b>Wednesday</b>	S6 vs A7 R4 vs A4	S7 vs R7 S4 vs A4
<b>Thursday</b>	R4 vs S4 R3 vs A3	S3 vs R3 S4 vs A3
<b>Friday</b>	S1 vs R1 S2 vs A1 A2 vs R2	R2 vs S2 R1 vs A1 S1 vs A2

# ESSA

## Track & Field Schools Cup

Congratulations to all the participants in our team for the ESSA Shropshire Track & Field Schools Cup. All the girls competed well, but there were some notable performances:

- ☺ **L Bottomley**– FIRST in Intermediate Girls 300m and a new PB of 43.72 seconds
- ☺ **L Patrick**– FIRST in the Junior 800m despite never running that distance race before.
- ☺ **I Nicklin**– FIRST in the Junior Long Jump & SECOND in her first Junior Hurdles race.
- ☺ **R Jones**- TOP 3 in Junior High Jump.
- ☺ **A Williams** - SECOND in Junior Shot Put.
- ☺ **E Jackson** - SECOND in Junior 200m
- ☺ NGHS came SECOND in both the Relays.



## Shropshire County Secondary Schools held at Thomas Telford School

*Lots of PB's were broken at this event by our NGHS swimmers!*

### Junior Backstroke:

- ☺ B Williams – FIRST in heat with a time of 1:16.08, a new PB!
- ☺ E Fearn - a new PB 1:37.22
- ☺ A Birchall– THIRD in heat.

### Intermediate backstroke:

- ☺ K Hughes– SECOND in heat and a new PB of 1:15.90.

### Junior Freestyle:

- ☺ B Williams - BRONZE medal winner and another new PB of 1:06.28
- ☺ E Fearne- another new PB 1:26.76
- ☺ A Birchall– THIRD in heat.

### Intermediate Freestyle:

- ☺ K Hughes– SECOND in heat and a another new PB of 1:09.28



## Money Loan from Finance Office

We have been made aware that some students have borrowed money from the Finance Office and this sometimes requires chasing and occasionally has not been re-paid. This situation cannot continue. If a student doesn't have money for lunch and/or bus fare, we will not let her go without. However, if this is a repeated issue, we will not continue to loan money in school. Please ensure that all students have sufficient money for the day ahead. Thank you for your cooperation.



## Congratulations to...

- ☺ **Isobelle Nicklin** who has been awarded a runners up prize in a national competition run by an online history video production company. The 'My Epic Era' competition asked students to research a historical period of their choice and to present their research in any form. Isobelle produced a wallchart about different aspects of life in Nazi Germany. The judges were wowed by the depth and quality of the research, which is hardly surprising given that the completed wallchart contained so much detail that it is taller than Mrs Seys! Isobelle has won a half day history workshop in school. **Mrs Seys**



## Congratulations to...

- ☺ A number of students who have received outstanding LAMDA examination results in recent weeks. Four NGHS students attend a LAMDA group based at Trinity Church. The members of this group all achieved a **distinction** in their group LAMDA examination. Well done and congratulations to : Ella T. (Y10), Aislinn H. (Y9), Sophie L. (Y7) and Georgia E. (Y7). In Year 12, Rachel N. achieved a distinction in her individual LAMDA! The students would like to thank their LAMDA tutors, Mrs De Quincey and Mr Goodier, for their support.



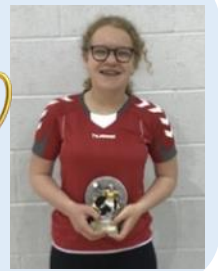
## Congratulations to...

- ☺ **Hannah Lewis-Tighe** finishing in third place at the Camden U15 Girls Sabre Fencing Competition.



## Congratulations to...

- ☺ **Elly (Y8)** who is Female U14 player of the month for Shropshire Handball and is a talented goalie!



### Y8 HISTORY MUSEUM TRIP

Reminder the trip is on Wednesday 6 June. Please ensure that you have paid online. The coach will be leaving at 8.15am and will return around 4.15pm.

### Y9 STAFFORD CASTLE TRIP

As explained in the letter regarding this trip, if you wish to collect your child directly from Stafford Castle after the performance, then we need advanced notification of this in writing. Please ensure that a letter is handed in to Mr Postle no later than **seven days before** the date of the trip. This will need to be a formal letter that is signed and dated and it should explain the arrangements for collection. We are looking forward to what should be an excellent performance of Shakespeare's 'Macbeth'.

### TIBBERTON NETBALL LEAGUE

Please see the Tibberton Summer Netball League information letter that has been sent out. Slips must be returned to Miss Clarke by 25 May.

### Y10 MACBETH— EXTRA PLACE!

A place has become available for this trip, at a cost of £25.70. It is an evening performance, so it may be near to midnight by the time we return to school. Any student who is interested should pass their name on to Mr Postle by the end of school on Tuesday 22 May and we will then draw a name out of a hat. **Mr Postle**

### ALL YEARS RUGBY SESSIONS

These will resume on Tuesday 22 May 4pm-5pm and will continue weekly after half term. The sessions are run by Tim Pickard RFU Community Rugby Coach for Shropshire. This is a great opportunity to try some full contact rugby and participate in a new sport. Why not try it out?

## Forthcoming Dates...



Date	Event	Year(s)
Mon 21st	Mental Health Awareness Week Careers Interviews	All Y10
Tue 22nd	Healthy Drop In Session (Lunch)	All
Wed 23rd	Integrated Forms, all houses (Reg)	All
Fri 25th	HALF TERM BEGINS AT 3.45pm	All