



<b>Subject:</b>	Personal, Social and Health Education
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<b>Lead Teacher:</b>	Mrs H Birch
<b>Teacher(s) 2021-22</b>	Miss A Holmes

<b>Year:</b>	8
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The PSHE curriculum is organised into the required three strands and each strand features in every year group. The PSHE curriculum is interwoven with our Careers Strategy and invites external providers as necessary.

<b>Curriculum organisation</b>
Students are taught in class groups (Austen, Roddam, Seacole) for one lesson per week.

<b>What topics will your daughter be studying this year?</b>			<b>How will your daughter be learning?</b>
<p><b>Health &amp; Wellbeing</b></p> <ul style="list-style-type: none"> <li>• Alcohol and drug misuse</li> <li>• Pressures relating to substance misuse</li> <li>• Mental health</li> <li>• Emotional wellbeing</li> <li>• Unhealthy coping strategies</li> <li>• Healthy coping strategies</li> </ul>	<p><b>Relationships</b></p> <ul style="list-style-type: none"> <li>• Gender identity</li> <li>• Sexual orientation</li> <li>• Consent</li> <li>• Sexting</li> <li>• Introduction to contraception</li> <li>• Discrimination                             <ul style="list-style-type: none"> <li>○ Racism</li> <li>○ Religious discrimination</li> <li>○ Disability discrimination</li> <li>○ Sexism</li> <li>○ Homophobia</li> <li>○ Biphobia</li> <li>○ Transphobia</li> </ul> </li> </ul>	<p><b>Living in the wider world</b></p> <ul style="list-style-type: none"> <li>• Introduction to GCSE options</li> <li>• Careers Education</li> <li>• Equality of opportunity in careers and life choices</li> <li>• Different types and patterns of work</li> <li>• Online safety</li> <li>• Digital literacy</li> <li>• Media reliability</li> <li>• Gambling hooks</li> </ul>	<ul style="list-style-type: none"> <li>• Whole class discussion</li> <li>• Pair work</li> <li>• Problem-solving tasks</li> <li>• Worksheets</li> <li>• Role play activities</li> <li>• Presentations</li> <li>• Research activities</li> </ul>

<b>Equipment needed for lessons</b>	<b>What can you do to support your daughter?</b>
<ul style="list-style-type: none"> <li>• Standard school stationery</li> <li>• PSHE folders and lined paper</li> </ul>	<ul style="list-style-type: none"> <li>• Ensure that you discuss the PSHE curriculum with your daughter</li> <li>• Value the importance of this subject and the life skills that it allows our students to develop over time</li> </ul>

<b>How will learning be assessed and progress measured?</b>	<b>Extension &amp; Enrichment opportunities</b>
<ul style="list-style-type: none"> <li>• Ongoing assessment which is based on knowledge, skills and understanding of the content that has been delivered.</li> <li>• This is shown in the work produced and the discussions and presentations that will occur at the end of each topic area</li> </ul>	<ul style="list-style-type: none"> <li>• All lessons show differentiation in order to support, stretch and challenge the students within the class</li> <li>• Students are able to take on additional roles within school which promote student voice, democracy and health and wellbeing which are all skills gained in PSHE which can be used to have a bigger impact on our school and local community.</li> </ul>

If you have any questions about this Learning Overview, please contact the named Teacher above.