



Subject:	Personal, Social and Health Education
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Lead Teacher:	Mrs H Birch
Teacher(s) 2021-22	Miss R Crevis

Year:	7
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The PSHE curriculum is organised into the required three strands and each strand features in every year group. The PSHE curriculum is interwoven with our Careers Strategy and invites external providers as necessary.

Curriculum organisation
Students are taught in form groups (NGHS) for one lesson per week.

What topics will your daughter be studying this year?			How will your daughter be learning?
Health & Wellbeing <ul style="list-style-type: none"> • Transition to secondary school • Personal safety in and outside school • First aid • Healthy routines • Influences on health (caffeine, smoking, alcohol) • Physical and emotional changes during puberty • Personal hygiene • Unwanted contact • FGM 	Relationships <ul style="list-style-type: none"> • Diversity • Prejudice • Bullying • Self-worth • Romance and friendships • Online relationships / friendships • Relationship boundaries 	Living in the wider world <ul style="list-style-type: none"> • Saving, borrowing, budgeting and making financial choices • Careers • Teamwork • Enterprise skills • Raising aspirations 	<ul style="list-style-type: none"> • Whole class discussion • Pair work • Problem-solving tasks • Worksheets • Role play activities • Presentations • Research activities

Equipment needed for lessons	What can you do to support your daughter?
<ul style="list-style-type: none"> • Standard school stationery • PSHE folders and lined paper 	<ul style="list-style-type: none"> • Ensure that you discuss the PSHE curriculum with your daughter • Value the importance of this subject and the life skills that it allows our students to develop over time

How will learning be assessed and progress measured?	Extension & Enrichment opportunities
<ul style="list-style-type: none"> • Ongoing assessment which is based on knowledge, skills and understanding of the content that has been delivered. • This is shown in the work produced and the discussions and presentations that will occur at the end of each topic area 	<ul style="list-style-type: none"> • All lessons show differentiation in order to support, stretch and challenge the students within the class • Students are able to take on additional roles within school which promote student voice, democracy and health and wellbeing which are all skills gained in PSHE which can be used to have a bigger impact on our school and local community.

If you have any questions about this Learning Overview, please contact the named Teacher above.