



Subject: Personal, Social and Health Education

Lead Teacher: Miss H Clarke

Year: 7 and 8

Curriculum organisation

Students are taught in class groups (X, Y, Z) of 28 students for one lesson per week.

What topics will your daughter be studying this year? How will your daughter be learning?

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<p>Autumn Term – Year 7</p> <ul style="list-style-type: none"> Settling In Friendships Healthy Eating Mental and Physical Health Relationships and Sex Education <p>Autumn Term – Year 8</p> <ul style="list-style-type: none"> Settling In Building resilience Growth mindset Emotional health and wellbeing Healthy eating Expect Respect Careers Education Options introduction 	<p>Spring Term - Year 7</p> <ul style="list-style-type: none"> Staying safe Building self-esteem and resilience E-Safety The rights and responsibilities of the child Careers Education <p>Spring Term – Year 8</p> <ul style="list-style-type: none"> Keeping safe online Self Defence Relationship Education 	<p>Summer Term - Year 7</p> <ul style="list-style-type: none"> Preparing for Exam Week Mental Health and Wellbeing Relationship Education Growth Mindset Promoting British Values <p>Summer Term – Year 8</p> <ul style="list-style-type: none"> Coping with exam stress UK politics system Relationship and Sex Education 	<ul style="list-style-type: none"> Whole class discussion Pair work Problem-solving tasks Worksheets Role play activities Presentations Research activities

Equipment needed for lessons What can you do to support your daughter?

<ul style="list-style-type: none"> Standard school stationery 	<ul style="list-style-type: none"> Ensure that you discuss the PSHE curriculum with her Value the importance of this subject and the life skills that it allows our students to develop over time
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How will learning be assessed and progress measured? Extension & Enrichment opportunities

<ul style="list-style-type: none"> Ongoing assessment which is based on knowledge, skills and understanding of the content that has been delivered. This is shown in the work produced and the discussions and presentations that will occur at the end of each topic area 	<ul style="list-style-type: none"> All lessons show differentiation in order to support, stretch and challenge the students within the class Students are able to take on additional roles within school which promote student voice, democracy and health and wellbeing which are all skills gained in PSHE which can be used to have a bigger impact on our school and local community.
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If you have any questions about this Learning Overview, please contact the named Teacher above.