	Newport Girls' High School	Learning Overvi	iew
Subject: Physical Education	Lead Teacher:	Miss H Clarke Miss H Norton	Year: 7 and 8
Curriculum organisation Students are taught in class groups (X, Y	(, Z) of 28 students for two lesson per week.		
 What topics will your daughter be str Autumn Term PE Induction Programme Netball Football Dance 	udying this year? Spring Term • Sports Hall Athletics (Year 7) • Team building (Year 8) • Netball • Oymnastics • Hockey (Year 7) • Handball (Year 8)	Summer Term • Rounders • Athletics • Tennis	 How will your daughter be learning? Practical lessons Individual work Pair work Small group work Whole class work Problem-solving tasks
Equipment needed for lessons Full PE kit Mouthguard / Gum shield Shin pads Trainers 		 What can you do to support your daughter? Ensure that she has full PE kit to be able to participate in indoor and outdoor sports in all weathers (layers for the winter, sun protection for the summer) Make sure that if she is injured that a note is provided to explain the injury, how long she will be unable to participate, a supporting doctors / physio note if a longer term injury and PE kit for her to change into so that she can still take on a role during the lesson Encourage her to participate in the extra-curricular opportunities that exist for PE 	
 How will learning be assessed and progress measured? Baseline assessment in Autumn half-term 1 Students will peer-assess during performance based lessons (dance / gymnastics) Assessment is continuous and is based on: Development of skills practically Their ability to make and apply decisions in changing game / choreographic situations Their development of physical and mental capacity to excel and challenge themselves to improve further Their evaluation skills in order to continue to improve 		 Extension & Enrichment opportunities All lessons are delivered to show differentiation to allow students to build confidence and be able to stretch and challenge their existing performance levels Students are encouraged to push themselves to try the harder options within lessons in order to make more progress Students are welcome to attend clubs and represent school teams in order to further their performance level We also run trip and activities to watch sport at the top level and take teams away on annual tours. 	

If you have any questions about this Learning Overview, please contact the named Teacher above.