

NEWPORT GIRLS' HIGH SCHOOL ACADEMY TRUST



UNIFORM AND PE KIT POLICY

Policy written by:	SLT link with pastoral responsibility
Policy written/reviewed:	Reviewed January 2026
Next review due:	July 2027
Statutory Governor Approval:	11 July 2022 Reviewed January 2026

NEWPORT GIRLS' HIGH SCHOOL UNIFORM AND PE KIT POLICY FOR YEARS 7 - 11

Our uniform policy and dress code have been reviewed in consultation with students, parents, staff and members of the local community. Feedback from students and parents regarding the current school uniform and PE kit has directly informed this updated policy. In line with statutory guidance, consultation on school uniform takes place at least every 5 years.

Aims

A high standard of personal appearance is expected of all students. Through our uniform and dress codes we aim to:

- Encourage pride in the school
- Support teaching and learning
- Enable students to be comfortable, safe and secure
- Ensure that students of different social, religious and ethnic backgrounds feel welcome
- Promote equality, inclusion and cohesion
- Protect students from social pressure to dress in a particular way

The uniform and dress code support the overall aims and ethos of the school. What constitutes as 'appropriate' dress remains at the discretion of the Headteacher or in their absence, the Deputy Headteacher or nominated member of SLT.

Principles of Affordability and Accessibility

In line with government guidance, the school is committed to ensuring that uniform:

- Is affordable and widely available
- Includes only a small number of compulsory branded items
- Allows families flexibility in where non-branded items are purchased
- Supports sustainability through a pre-loved uniform provision

No student will be disadvantaged due to inability to afford uniform.

Compulsory Uniform

Branded Items (Purchased from the School Stockist – Horton's, Baker and Sons, Newport Sports)

Only the following items are compulsory branded items:

1. **NGHS grey blazer with school crest** - All students must wear their blazer at all times around school. Students may ask to remove their blazer in lessons. Blazer sleeves are not to be rolled up.



2. **NGHS plain grey skirt (two styles of skirt available: straight and pleated)** - The skirt should be worn close to the knee. Skirts should not be rolled up. No other skirt is accepted



- OR **NGHS plain grey trousers** - These are tailored school trousers from our recommended supplier. No other trousers are accepted. Trousers worn beneath school skirts are permitted for religious reasons.



Optional Uniform (Purchased from the School Stockist – Horton's or Baker and Sons)

- **NGHS grey jumper**

- This is an optional item of school uniform and is to be worn in addition to the blazer not instead of it. Hooded sweatshirts should not be worn either as a jumper or coat.
- This needs to be the plain grey, v neck, knitted jumper from Banner



Non-Branded Uniform (Available from any retailer)

The following items do not require school branding and may be purchased from any retailer, provided they meet the colour and style guidance:

- **Blue reverse style fitted blouse**

- The blouse can be short or ¾ sleeved blouses which are available to purchase from a range of suppliers. This style of blouse does not need to be tucked into trousers or skirts.
- For the academic year 2026-27 the checked blouse can continue to be worn.



- **Socks or tights**

- Plain black or white socks. Sports socks, fluffy socks, and coloured socks are not permitted.
- Black, grey or flesh-coloured tights. No other colours of tights or patterned tights/leggings are permitted.

SOCKS OR TIGHTS – WHAT IS / ISN'T ACCEPTABLE																				
SOCKS ACCEPTABLE					NOT ACCEPTABLE NOT ACCEPTABLE															
Plain black or white socks.				Sports socks are not permitted.		Fluffy socks are not permitted.		Coloured socks are not permitted.		Coloured socks are not permitted.										
TIGHTS ACCEPTABLE					NOT ACCEPTABLE NOT ACCEPTABLE															
Black, grey or flesh-coloured tights.									No other colours of tights or patterned tights/leggings are permitted.											

- **Black flat / low heeled shoes**

- No footwear styles including trainers and / or canvas footwear, slingbacks, sandals, mules or boots

BLACK FLAT / LOW HEELED SHOES – WHAT IS / ISN'T ACCEPTABLE

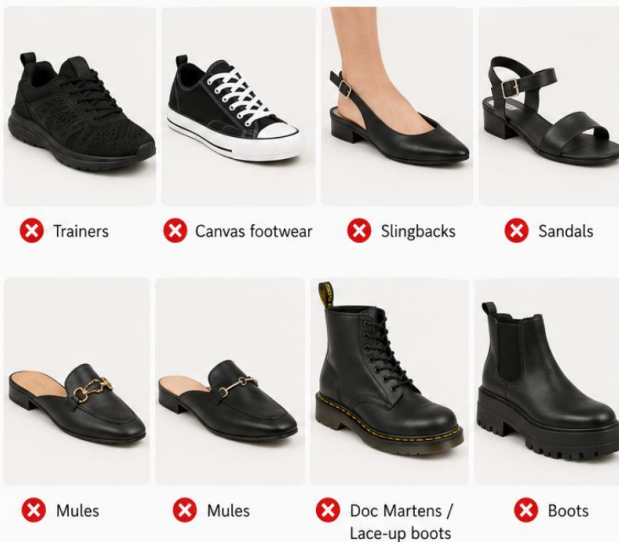
✓ ACCEPTABLE

Black flat / low heeled shoes.



✗ NOT ACCEPTABLE

No footwear styles including trainers and / or canvas footwear, slingbacks, sandals, mules or boots.

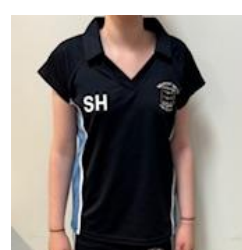


All shoes must be completely black, flat or low heeled, enclosed at the front and back, and in a smart, formal style.

PE Kit

Branded Items (Purchased from the School Stockist – Newport Sports)

1. NGHS PE top or hoodie – this will include the school logo



Non-Branded Uniform (Available from any retailer)

The following items do not require school branding and may be purchased from any retailer, provided they meet the colour and style guidance

- Plain navy blue sports shorts (these need to be football short style rather than hotpants) or
- Plain navy blue skort or
- Plain navy blue sports leggings or
- Plain navy blue tracksuit bottoms

All items must be sportswear, unbranded and contain no logos or additional colours

ACCEPTABLE NON-BRANDED UNIFORM

AVAILABLE FROM ANY RETAILER



The following items do not require school branding and may be purchased from any retailer, provided they meet the colour and style guidance.

ACCEPTABLE ITEMS

Plain navy blue sports shorts (these need to be football short style rather than hotpants)



Plain navy blue skort



Plain navy blue sports leggings



Plain navy blue tracksuit bottoms



NOT ACCEPTABLE



Hotpants / short shorts



Items with logos or branding



Items with logos or branding



Additional colours



Additional colours



Different colours



ALL ITEMS MUST BE SPORTSWEAR, UNBRANDED AND CONTAIN NO LOGOS OR ADDITIONAL COLOURS.

- Plain trainers suitable for physical activity both indoor and outdoor
- Plain white socks or navy blue football socks

Outerwear :

- Plain coats suitable for cold or wet weather may be worn to and from school
- Coats must be worn over uniform and removed on arrival

Hair, Jewellery and Appearance

Hair and accessories

- Hair accessories should be plain and neutral in colour
- Hair must be tied back for practical activities.
- No coloured hair bands, bobbles or large flowers or bandanas can be worn

• Hair Styles

- Beading is permitted in school colours (Black, grey, white)
- Unnatural hair colouring is not permitted, the interpretation of 'unnatural' is as follows:
 - A colour that is not found within the natural hair colour spectrum (i.e. bright, extreme or vivid colour (e.g. pink, blue or purple))

• Jewellery

• Permitted

- A watch
- One small stud in each lower ear lobe is permitted

- A small religious chain or bangle
- Medical alert jewellery
- All permitted jewellery must be removed for practical subjects and PE without question.
- Not permitted:
 - Hoops, dangly earrings or ear cuffs
 - Facial or body piercings Rings or bracelets (except as above)

Students will be expected to remove any items of jewellery which are not permitted

- **Tattoos**
 - No tattoos are permitted in school.
- **Make up and Nails**
 - No make up in Key Stage 3 (Year 7 and 8)
 - Subtle, natural make up permitted in Key Stage 4 (Years 9, 10 and 11).
 - No false eyelashes, false nails, gel or shellac
 - No nail varnish is permitted, and nails should be kept short
- **Headwear**
 - Religious headwear may be worn provided it is plain, lightweight and dark blue, grey or black.
- **Badges**
 - Only school-issued blazer lapel badges may be worn.
- **Smart Watches**
 - Smart watches, fitbits and other similar items may be worn if notifications are disabled and the device is not connected to the internet.

HAIR, JEWELLERY AND APPEARANCE

Our standards keep us safe, practical and ready to learn.



HAIR AND ACCESSORIES

- Hair accessories should be plain and neutral in colour.
- Hair must be tied back for practical activities.
- No coloured hair bands, bobbles or large flowers or bandanas can be worn.



ACCEPTABLE



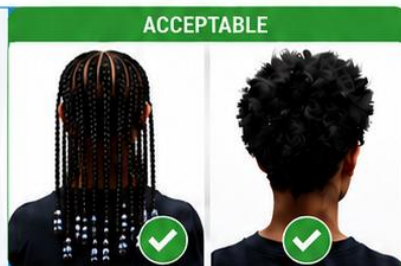
NOT ACCEPTABLE

Coloured bands, bobbles, large flowers or bandanas



HAIR STYLES

- Beading is permitted in school colours (Black, grey, white).
- Unnatural hair colouring is not permitted.
- Unnatural colours such as pink, blue, purple etc. are not allowed.



ACCEPTABLE



NOT ACCEPTABLE



JEWELLERY

- A watch
- One small stud in each lower ear lobe
- A small religious chain or bangle
- Medical alert jewellery

All permitted jewellery must be removed for practical subjects and PE without question.



PERMITTED



NOT PERMITTED

Hoops, dangly earrings, ear cuffs, facial or body piercings, rings or bracelets

Students will be expected to remove any items of jewellery which are not permitted.



TATTOOS

No tattoos are permitted in school.



MAKE UP AND NAILS – NOT PERMITTED

False eyelashes

False / gel / shellac nails

Excessive make-up

Students must not wear false eyelashes, false nails, gel or shellac nails, coloured nail varnish, or excessive make-up.

Non-Uniform Days

Expectations remain consistent with school values and safeguarding principles:

- No clothing exposing midriffs, shoulders or excessive skin
- No ripped or holed clothing
- No short skirts or shorts
- Jewellery rules remain as per uniform days

For school trips, students should adhere to the guidance provided by the trip leader.

Extreme Weather Adjustments

In periods of extreme weather, temporary adjustments to uniform expectations may be made to support pupil comfort, safety and wellbeing. Any changes will be clearly communicated, time-limited and reviewed regularly.

Cold Weather Adjustments

To further support pupils during periods of cold weather, particularly where temperatures drop significantly or icy conditions are present, the school will allow temporary flexibility with uniform expectations.

- A plain base layer worn underneath the school blouse
- An extra pair of tights worn beneath the usual tights
- Plain black, unbranded leggings worn over tights or under trousers (leggings must not replace skirts or trousers)
- Plain black boots suitable for cold or icy conditions (boots must be sensible, flat and unbranded)

Any additional items must be plain, black or neutral in colour and free from logos or branding. This temporary adjustment is intended to support pupil comfort and will be reviewed as weather conditions improve.

Warm Weather Adjustments

During periods of extreme warm weather, temporary adjustments may be made to ensure pupil comfort and wellbeing while maintaining appropriate standards of dress.

- Temporary relaxation of blazer requirements
- Permission to wear lighter-weight fabrics where colour and style expectations are met
- Adjustments to PE kit expectations on hot days
- Additional allowances for hydration and sun protection where appropriate

Any warm weather adjustments will be communicated clearly to pupils and parents and will be reviewed regularly in line with weather conditions.

Cost of Uniform

The school is committed to ensuring uniform costs do not deter applications or cause hardship. Financial support is available, and a pre-loved uniform scheme operates throughout the year. Families requiring assistance are encouraged to contact the school confidentially.

<mailto:schooloffice@nghs.org.uk>

Enforcement

Parents are responsible for ensuring students attend school in the correct uniform. Staff will monitor and enforce the policy consistently and sensitively. Sanctions will be applied in line with the behaviour policy where necessary.

Policy Review

This policy will be reviewed regularly, with consultation involving parents, pupils and staff, including consideration of cost, supply, value for money and equality implications.