Newport Girls' High School



Y13 Learning Overview

Subject: PSHE Lead Teacher: Mrs Cowell-Saunders Year: 13

Curriculum organisation

Students are taught in mixed groups of varying sizes for one hour every 2 weeks.

The PSHE curriculum is organised into three strands and each strand features in every year group.

By the end of Key Stage 5, many young people will leave home for the first time and live independently. There is a balance throughout this programme of study between preparing students to manage their current lives and laying the foundations for managing future experiences. This key stage represents the last opportunity to sure that students have the knowledge and understanding, skills, strategies and attributes they need for independent living and the next stage in their education or career.

	How will your child be learning?				
Term	Unit(s) of Work	Key Enquiry Questions	Key Content/ Terminology	Skills developed	J
Sept – Oct Half Term 1	Health and Wellbeing Living in the Wider World	 First week of university – Freshers flu, making new friends. Registering and accessing doctors' opticians and other health services. How to build and maintain a professional identity and online presence. Drugs and alcohol awareness 	 Freshers week Drink safety Social media Drug awareness 	 Organisation skills Personal safety Health services knowledge 	 Whole class discussion Pair work Problemsolving tasks Worksheets Role play activities Presentations Research activities Sports – drills and games
Nov – Dec Half Term 2	PE – Outside lessons Health and Wellbeing.	 Resilience Team work Communication Listening skills Increase in fitness levels Problem solving skills 	 Tactics Positional play Rules Attacking Defending Sport specific terminology in each sport 	 Team work Communication Attacking Defending Game play Rules Spatial awareness Fitness levels 	
Jan – Feb Half Term 3	Relationships	 Sexual health and unexpected pregnancies To recognise how fertility changes over time – implications of this 	PregnancyContraceptionIVFSTI's	 Understanding of health Their body Contraception STI's 	
Feb – March	PE – Outside lessons	ResilienceTeam work	TacticsPositional playRules	Team workCommunicationAttacking	

Half Term 4	Health and Wellbeing.	 Communication Listening skills Increase in fitness levels Problem solving skills 	 Attacking Defending Sport specific terminology in each sport 	 Defending Game play Rules Spatial awareness Fitness levels
April – May Half Term 5	Living in the Wider World Health and Wellbeing	 Car maintenance Driver safety – Nights out and driving, safe use of taxis. 	 Road tax Car insurance MOT Services Changing a tyre Driver safety Taxi safety 	 Organisation skills How to change a car tyre How to check oil level Car maintenance

Equipment needed for lessons	How will learning and progress be assessed?		
 Standard school stationery PSHE folders and lined paper 	 Ongoing assessment which is based on knowledge, skills and understanding of the content that has been delivered. This is shown in the work produced and the discussions and presentations that will occur at the end of each topic area 		

Extension & Enrichment opportunities

- All lessons show differentiation in order to support, stretch and challenge the students within the class
- Students are able to take on additional roles within school which promote student voice, democracy and health and wellbeing which are all skills gained in PSHE which can be used to have a bigger impact on our school and local community.

What can you do to support your child?

- Ensure that you discuss the PSHE curriculum with your daughter
- Value the importance of this subject and the life skills that it allows our students to develop over time

Inclusion

- Teachers follow student passports to ensure that the needs of all students with SEND are met.
- Work is enlarged to the necessary size for visually impaired students.
- Teachers will ensure that classrooms are quiet learning environments where possible and will dim lights to support students with sensory needs.
- Students have the use of laptop if they have a SEND need whereby use of a laptop supports them.
- Hearing impaired students are supported through use a radio aid and teachers ensure that students can lip read at all times during lessons.
- Dyslexic students are encouraged to use coloured overlays when they are required to read long passages.
- Use of dyslexic friendly fonts and coloured backgrounds used in PowerPoints/resources.
- Students with ADHD are given movement breaks, fidget toys and lessons are 'chunked' to aid concentration.

Inclusion within Year 12 PSHE

- Interactive whiteboards are non-reflective to reduce glare.
- Teachers check that students can hear properly during lessons.
- Discussing learning from errors and misconceptions prevents students becoming inhibited by fear of making mistakes.
- Keywords/ subject specific vocabulary displayed on power points.
- Groupings are designed to support students.
- Resources Differentiated with challenges and support sheets for students.

 Students are seated according to their needs, students work with the SENDCo to decide upon this.

Rosenshines Principles – Individual needs

- Tasks Differentiated support students.
- Groups Mixed groups comfortable and supported.
- Promt cards Conversation starters Get students thinking.
- Questions challenging and very challenging Get students thinking deeper. Open and closed questions.
- Targets Students have a focus to achieve.
- Feedback Throughout.

If you have any questions about this Learning Overview, please contact the named Teacher above.